

5th World
Wellness
Weekend

18-19
SEPT
2021

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PRESS BOOK 2021

January 1st - September 12

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Mexico

January 2021

Diario de Quintana Roo

<https://dqr.com.mx/entre-muros/80071-fortaleza-2.html>



DIARIO DE QUINTANA ROO

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FORTALEZA

La de Quintana Roo y su gente es la que poco se resquebraja al Gobernador Carlos Joaquín González al señalar que, a pesar de los retos que le ha traído la pandemia provocada por el coronavirus (COVID-19), la entidad continúa cosechando éxitos turísticos y, sobre todo, otro éxito: El reconocimiento Guinness Champion 2020.

Y es que tal y como damos cuenta de la edición que tiene editado en sus manos, el jefe del Ejecutivo, al referirse a dicho galardón, el cual le fue otorgado por el embajador del World Guinness Weekend México, Alejandro Leo, señala que el turismo wellness, además de ser un mercado que tiene como objetivo encontrar al bienestar físico y mental en el destino al que se visita, también es una actividad económica que ha crecido exponencialmente a nivel internacional, generando la reutilización de miles de personas para convertirse a tratamientos médicos y de prevención.

En este sentido, el mandatario sostuvo que Quintana Roo, desde siempre ha reconocido a este segmento como uno de los más importantes, por lo que es lógico de esperar que nuestras bellezas naturales otorguen la atención y la admiración de este tipo de turismo, el cual genera una demanda económica que, ante los tiempos que estamos viviendo, resulta fundamental para la recuperación de las actividades económicas de la entidad y, particularmente, de todos esos empleos que lamentablemente se perdieron a causa de la pandemia.

Al respecto, Joaquín González precisó que en el más reciente evento de la ciudad organizada, celebrado en septiembre de 2020, el Estado se posicionó como la segunda región más activa a nivel mundial con 112 establecimientos, 543 ciudades y 109 países, destacando que, durante el presente año, de acuerdo con las estimaciones de Alejandro Leo, la industria del wellness crecerá mucho más, lo cual permitirá lanzar y promover el gran potencial que tienen los destinos de la Zona Sur como Bacalar, el cual resulta ideal para el retiro de yoga y de bienestar.

Con todo en la entidad, no queda más que subrayar lo afirmado por el Gobernador en cuanto a la importancia de continuar trabajando para afianzar el liderazgo turístico de Quintana Roo, anteponiendo ante todo eso egafido entre el cuidado de la salud y la reactivación económica, el cual, definitivamente, resulta fundamental.

¿No lo cree así, amable lector?

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9-0-0

El huracán y las tormentas tropicales en el COVID-19
El huracán y las tormentas tropicales en el COVID-19
El huracán y las tormentas tropicales en el COVID-19

United Kingdom

6 January 2021

Punta TV Cana

<https://fb.watch/5VE5c0hT1T/>



The image is a Facebook Live event poster with a light blue background and a decorative blue geometric border. In the top left corner is the Facebook 'f' logo next to a red 'LIVE' button. In the top right corner is the 'World Wellness Weekend' logo, which features a stylized human figure with arms raised. The text 'WEDNESDAY 6 JANUARY, 4 PM PARIS TIME' is centered below the logos. A horizontal line separates this from the main title, 'Let's make Wellness ESSENTIAL in 2021 & introduce new standards for Touch', which is also centered. Below the title are two circular headshots: on the left, a woman with blonde hair (Sue Harmsworth) in a black top; on the right, a man with dark hair (Jean-Guy De Gabriac) in a blue shirt. Another horizontal line is below the photos. At the bottom, the names and titles of the speakers are listed: 'Sue HARMSWORTH - Founder ESPA, Board Advisor Member GWI & Forbes' and 'Jean-Guy DE GABRIAC - Founder World Wellness Weekend & TIP TOUCH International'.

f LIVE

World Wellness Weekend

WEDNESDAY 6 JANUARY, 4 PM PARIS TIME

Let's make Wellness **ESSENTIAL** in 2021
& introduce new standards for Touch



Sue HARMSWORTH - Founder ESPA, Board Advisor Member GWI & Forbes
Jean-Guy DE GABRIAC - Founder World Wellness Weekend & TIP TOUCH International

United Kingdom

12 January 2021

**World Spa & Wellness
Online Conference**

[https://www.facebook.com/WorldWellnessWeekend/
photos/a.324475907676441/2381709205286424/](https://www.facebook.com/WorldWellnessWeekend/photos/a.324475907676441/2381709205286424/)



**FREE MENTORSHIP AND
ONLINE CONFERENCE**

BY WORLD SPA & WELLNESS



28 FEBRUARY - 2 MARCH 2021

APPLY BEFORE MONDAY 18 JANUARY 2021

Mexico

23 January 2021

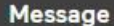
<https://anchor.fm/angel-mazariego/episodes/10-consejos-para-mejorar-el-bienestar-de-nuestra-vida-epavl7>

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Ángel Mazariego
By Angel Mazariego

Este podcast es la inquietud por transmitir experiencias, anécdotas y pensamientos que sirvan de guía para desarrollarnos como personas.

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WHERE TO LISTEN



10 consejos para mejorar el bienestar de nuestra vida
Ángel Mazariego • Jan 23

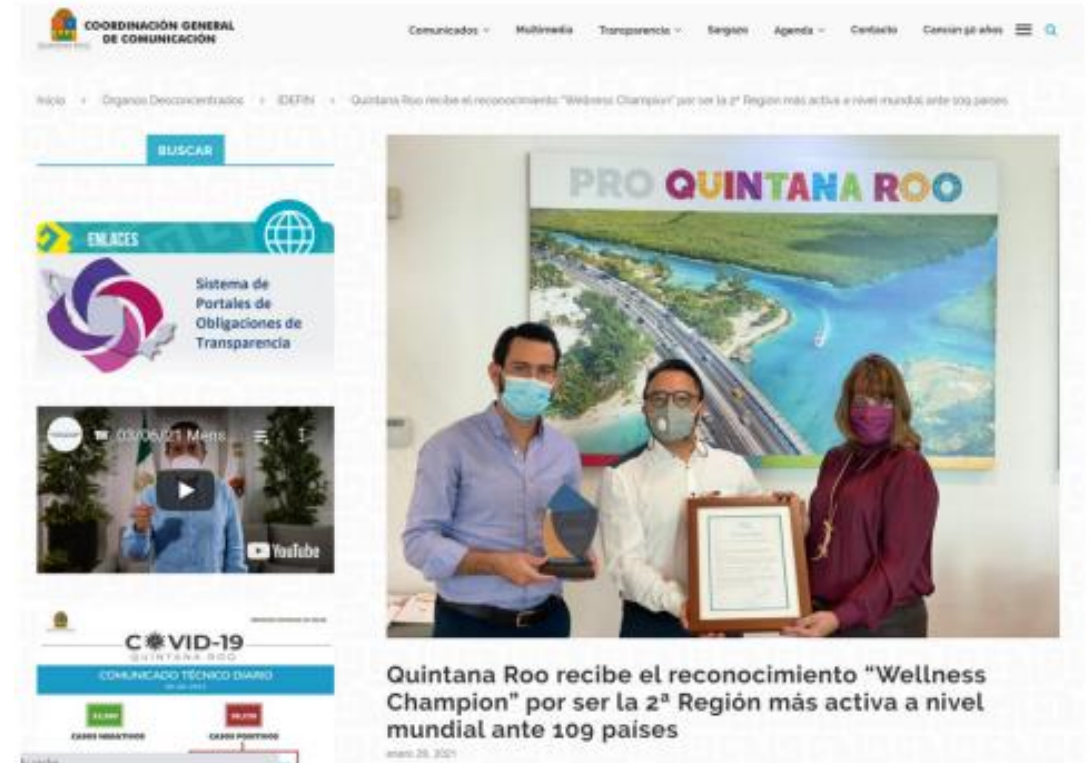
 00:00 48:39  Share

Mexico

29 January 2021

Coordinacion General de comunicacion

<http://cgc.qroo.gob.mx/quintana-roo-recibe-el-reconocimiento-wellnesschampion-por-ser-la-2a-region-mas-activa-a-nivel-mundial-ante-109-paises/>



Mexico

30 January 2021

SQCS TV



Mexico

30 Janvier 2021

Turquesa News

<https://turquesanews.mx/quintana-roo/a-pesar-de-los-retos-seguimos cosechando-exitos-carlos-joaquin/>



Quintana Roo ~ México ~ Deportes ~ Entretenimiento

QUINTANA ROO

A pesar de los retos, seguimos cosechando éxitos: Carlos Joaquín

By Elizabeth Jiménez
Published enero 30, 2021



Mexico

30 January 2021

Canal 10

<https://noticias.canal10.tv/nota/internacional/quintana-roo-continua-cosechando-exitos-2021-01-30>



Mexico

30 January 2021

Coordinacion General
de comunicacion

<http://cgc.qroo.gob.mx/a-pesar-de-losretos-seguimos-cosechando-exitos-carlos-joaquin/>



Mexico



30 January 2021

Nuestra Gente

<https://revistagenteqroo.com/2021/01/30/quintana-roo-recibe-elreconocimiento-wellness-champion/>

Quintana Roo recibe el reconocimiento "Wellness Champion"

Por Revista Gente / enero 30, 2021



La Riviera Maya se ha consolidado como el destino turístico Wellness con más crecimiento y presencia en nuestro país

Mexico

31 January 2021

Radio Formula

<https://www.radioformula.com.mx/noticias/20210131/quintana-roosigue-cosechando-exitos-carlos-joaquin-tras-recibir-wellness-champion-2020/>

Home / Noticias / México / Quintana Roo sigue cosechando éxitos: Carlos Joaquín tras recibir Wellness Champion 2020

México Noticias

Quintana Roo sigue cosechando éxitos: Carlos Joaquín tras recibir Wellness Champion 2020

Quintana Roo se posicionó como la segunda región más activa de turismo a nivel mundial.

Blanca Cortés Martínez - 31 enero, 2021

2 minutos leída

Compartir

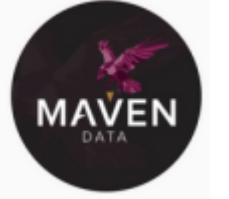


Australia

2 February 2021

Maven Data

<https://fb.watch/5VH6mCQk19/>

A Facebook Live event poster with a blue geometric pattern border. It features the Facebook Live logo in the top left and the World Wellness Weekend logo in the top right. The text in the center reads "THURSDAY 4 FEBRUARY 10 AM SYDNEY TIME" followed by "Global Wellness Predictions for 2021 in Travel, Health & Beauty". Below this are two circular headshots: a woman on the left and a man on the right. At the bottom, their names and titles are listed: "Elisa CHOY - Founder MD MAVEN DATA, AI Data Translator Strategist" and "Jean-Guy DE GABRIAC - Founder World Wellness Weekend & TIP TOUCH International".

 **LIVE**



THURSDAY 4 FEBRUARY
10 AM SYDNEY TIME

**Global Wellness Predictions for 2021
in Travel, Health & Beauty**

Elisa CHOY - Founder MD MAVEN DATA, AI Data Translator Strategist

Jean-Guy DE GABRIAC - Founder World Wellness Weekend & TIP TOUCH International

United Kingdom

22 February 2021

Professional Beauty

https://professionalbeauty.co.uk/site/ws-wmentorship/?fbclid=IwAR3MzCRIMf_0q5Lh-xWO-Kd-ZTS6DLQj1raWb9UNQZrYW4XwpikBGNVz7jA





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World Spa and Wellness Mentorship and Online Conference



MENTORSHIP AND ONLINE CONFERENCE

28 FEB – 2 MAR 2021

In association with:



As part of [Professional Beauty World](#), the online event for hair, beauty, spa and aesthetics, Professional Beauty are hosting the online World Spa & Wellness Conference.

Be inspired at the World Spa and Wellness Mentorship and Online Conference at [Professional Beauty World](#) on 28 February to 2 March. Over the course of three days, the industry will unite to share knowledge and best practices to take your spa to the next level led by our carefully selected task forces.

This conference will host 3 key themes to help you run a successful spa business through coronavirus and beyond.

Caring for care-givers

Getting guest back safely and gladly

Driving engagement from online to onsite

France

24 February 2021

Actualité française

<https://www.actualitefrancaise.net/webinar-le-bien-etre-fonde-sur-lascience-dans-les-hotels-et-les-centres-de-villegiature-de-luxe-le-25-fevrier2021/>

Webinar « Le bien-être fondé sur la science dans les hôtels et les centres de villégiature de luxe » le 25 février 2021

by — février 24, 2021 in Science

11 1 0



12 22
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K-Organisation et Vladi Kovanic ont créé un événement incontournable qui se tiendra pour la 14^{ème} fois consécutive à l'hôtel Four Seasons George V à Paris, le 27 mai 2021

Argentina

27 February 2021

https://www.instagram.com/p/CLzJ_znJgDX/



USA

March 2021

Spa Industry Association

<https://dayspaassociation.com/5th-annual-world-wellness-weekend/>



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5th Annual World Wellness Weekend



WORLD PRESS RELEASE
18th March 2021

World Wellness Weekend
5th annual World Wellness Weekend
Together,

Recent Posts

- The Incredible Benefits of Visiting the Spa
- The Dry Oil - De-Stress from Nature Bliss
- Tips for Opening Your Own Spa or Salon
- 10 "Healthy" Foods That Are Actually Bad For You
- Hair Care Tips When Using Hair Straightening Tools

Archives

Select Month

Write for our blog!

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Switzerland

16 March 2021

Ecole Hôtelière de Lausanne

<https://fb.watch/5VlxUuB5yU/>



**LIVING WELL FROM WITHIN:
TRANSFORMING CHALLENGE
INTO HEALING, GROWTH AND
FLOURISHING WELLNESS**

From "Wellness Conversations"



DR. DANIEL FRIEDLAND
Author of *Leading Well from Within*, CEO of SuperSmarterHealth, & President of The American Board of Integrative Holistic Medicine.

JEAN-GUY DE GABRIAC
Founder of World Wellness Weekend

JEAN-GUY DE GABRIAC
Industry Relations & Alumni Associate Director at École hôtelière de Lausanne

United Kingdom

22 March 2021

Belle Vive

<http://blog.beautifuljobs.ie/anita-murray-invited-to-become-the-irish-ambassador-for-world-wellness-weekend/>



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UNITA MURRAY IRISH AMBASSADOR WORLD WELLNESS WEEKEND

Anita Murray invited to
become the Irish Ambassador
for World Wellness Weekend

USA

29 March 2021

Day Spa Magazine

<https://www.dayspamagazine.com/news/eventcoverage/news/21343087/everything-you-need-to-know-about-the-5th-annualworld-wellness-weekend>



United Kingdom

30 March 2021

Leisure diary

<https://www.leisurediary.com/details.cfm?CFID=5ccb64b-1c28-40e1-a345-d13de3b2ae2e&CFTOKEN=0&codeID=42270&sitecode=LD>

leisurediary.com

Worldwide events listings for leisure professionals

Monday 07 June 2021

Diary Search

Select month Select year Select market sector Select event type

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5th World Wellness Weekend

18-19 Sep 2021

120 countries and 500+ cities

Avenue Louise 136, Brussels, Belgium, 1050, Belgium

5th World Wellness Weekend will be celebrated (18-19 Sept 2021) in 120 countries, aligned with UNITED NATIONS' 3rd SDG (Health & Well-being for All). "In person" activities will connect Wellness enthusiasts with free, fun & meaningful activities & workshops (following local safety regulations); and ONLINE tutorials on World Wellness WebTV.

NEW: 360° virtual reality videos will feature immersive Wellness experiences around the world in partnership with AWTY.TRAVEL

NEW website (13 languages) enables spas, salons, hotels, resorts, fitness clubs to SIGN UP (NO charge) and promote their Spring and Summer activities: daycations, getaways, mother-daughter packages, re-opening classes, special offers...

Contact the organiser:

Company: World Wellness Weekend

Contact name: Jean-Guy de Gabriac

Tel: +33 610077777

Email: jean-guy@weekend-wellness.com

Website: www.wellmap.org

Diary dates

26-29 Oct 2019

Aquanale

Koelnmesse

Cologne

Germany

06-08 Jun 2021

SPATEC North America

Ritz-Carlton

Miami

United States

07-09 Jun 2021

Renewable Plastics

connect 2021

Virtual summit

09 Jun 2021

IAAPA Expo Asia 2021

The Venetian Macao

Macao

China

10-12 Jun 2021

Canada

April 2021

Boomers & Cie

<https://boomersetcie.ca/lisette-l-sur-une-nouvelle-lance/#1>

BIEN-ÊTRE

ARTICLE COMMANDÉ

Ensemble, rendons le bien-être accessible à toutes et tous

PAR KATJA PRPIC, FONDATRICE DU RÉSEAU BIEN-ÊTRE DE LA FRANCOPHONIE MASSOIE

La crise sanitaire actuelle est une catastrophe pour les secteurs du spa, de la beauté, du conditionnement physique, de l'hôtellerie et du tourisme, forçant de nombreuses entreprises à fermer pendant des mois et/ou à repenser leurs façons de faire. La pandémie mondiale a néanmoins montré que la résilience et la persévérance font partie de l'ADN des professionnels de ces secteurs.

MassoCie, le réseau bien-être de la Francophonie, et Boomers & Cie sont heureux d'annoncer que le 5^e week-end mondial du bien-être (World Wellness Weekend ou WWW) se déroulera les 18 et 19 septembre 2021 dans 120 pays, en présentiel et en ligne. Cet événement sans but lucratif a été mis en place par Jean-Guy de Gabriac, connu sur la scène internationale comme « Mr. Wellness » et est propulsé au Québec par Phiane Duquet, ambassadrice provinciale, soutenue par les ambassadrices régionales Julie Eyelom, Marie-France Lalancette, Lisa McLellan, Anick Laporte et par la coordinatrice de l'événement Katja Prpic.

Des activités toute l'année

Le WWW est un mouvement encourageant les amateurs de bien-être à découvrir près de chez eux et à pratiquer de nouvelles activités de bien-être, aussi souvent que possible, en particulier le week-end.

En dehors de l'événement qui aura lieu les 18 et 19 septembre 2021, le WWW propose sur son site des activités et des bons plans pour 52 fois de semaine par an !

Un développement de monde amical

mouvoir une culture du bien-être pour leurs salariés et leurs clients et les villes à s'aligner davantage sur les objectifs de développement durable des Nations Unies. #WellnessPourTous #WellnessParTous #WorldWellnessWeekend Le WWW encourage chacun à ne pas attendre « l'après-COVID », mais plutôt à vivre dès maintenant une vie plus responsable et plus équilibrée en famille et avec ses « complices de bien-être » (Wellness

Buddies). Les cinq piliers du WWW sont : sommeil et créativité, nutrition et immunité, mouvement et vitalité, présence et sérénité, sens de la vie et solidarité.

Le WWW a reçu l'appui du ministre délégué à la Santé et aux Affaires sociales, l'honorable Lionel Carmant, et de la ministre du Tourisme, l'honorable Caroline Proulx. La dynamique actrice, chanteuse et animatrice France Castel est la porte-parole au Québec de cette merveilleuse initiative qui fait du bien ! ■



Quebec

5 April 2021

World Wellness Weekend Quebec

<https://fb.watch/5VIQu4RZfd/>



USA

7 April 2021

Organic Spa Media

<https://www.linkedin.com/feed/update/urn:li:activity:6780874895153795072/>

organic spa



The Transformational Travel Council

1,929 followers

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We'd like to invite you to join discussion panel about "Spring Into Well-Being" The Wellness Experience Virtual Summit created by [Organic Spa Media, LTD.](#), April 13th and 14th, 2021.

Panel: Transformative Travel

Date: Tuesday, April 13th

Time: 10 - 10:50am EST

Register: <https://lnkd.in/gw-aFgY>

Moderator: [Kristin Meekhof](#), LMSW, MSW and best-selling author

Panelists:

- 1) [Martine Bury](#), Content Strategist & Journalist
- 2) [Jake Haupert](#), CEO of [The Transformational Travel Council](#) Travel Council
- 3) [Jason Paluch](#), Director of Spa and Wellness at [Mandarin Oriental Hotel Group](#)
- 4) [Mark Hennebry](#) Chairman of [Ensana Health Spa Hotels](#)
- 5) [Jean-Guy de Gabriac](#), CEO of [TIP TOUCH INTERNATIONAL](#)

We hope to see you there!

More details: <https://lnkd.in/e864Ea8>



13 • 5 comments

Switzerland

6 April 2021

Ecole Hôtelière de Lausanne

<https://fb.watch/5VSmhjGvov/>



EHL
Alumni Network

World Wellness Weekend

MIA KYRICOS
President of Kyricos & Associates LLC

JEAN-GUY DE GABRIAC
Founder of World Wellness Weekend

ZEINA ABDO
Industry Relations & Alumni Associate Director
at École hôtelière de Lausanne

**THE RISE OF WELLNESS COMMUNITIES &
ALL THINGS WELL IN THE AGE OF COVID**

From "Wellness Conversations"

Quebec

7 April 2021

World Wellness Weekend Quebec

<https://fb.watch/5VSqgFw200/>

**World Wellness Weekend**
Published by Katja Prpic Tremblay · April 7 ·

www.world-wellness-weekend.org
#worldwellnessweekend #wellnessforall World Wellness Weekend inspires & empowers millions of people in Quebec and around the world with thousands of FUN, free & meaningful wellness activities organized in 120 countries !!! #worldwellnessweekend #welfie #wellnessbuddies #wellnessathome #beactiveathome

Le Week-end Mondial du Bien-être Québec / world wellness weekend Quebec vous invite à vivre et faire vivre des moments qui font du bien le 18 e... [See More](#)



2:41 / 3:06

2,044
People Reached

183
Engagements

[Boost Post](#)

USA

7 April 2021

https://www.linkedin.com/feed/update/urn%3Ali%3Aactivity%3A6783083720384622592/?midToken=AQGOMREfT0m6BA&midSig=16WL_Qdj9whVI1&trk=emlemail_notification_single_mentioned_you_in_this_01-notifications-1-hero%7Ecard%7Efeed&trkEmail=emlemail_notification_single_mentioned_you_in_this_01-notifications-1-hero%7Ecard%7Efeed-null-3k28i%7Ekmxrisoo%7E2n-nullvoyagerOffline



Jake Haupt he / him • 3rd+
CoFounder & CVO of The Transformational Travel Council | Tra...
2mo • 

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Is it 'transformative' or 'transformational' travel? These terms are often confused and used interchangeably. To offer some clarification, in the context of travel, 'transformative' would imply that that an experience, a journey, a destination, would hold the potential or power to transform. While 'transformational' is all about the outcome, the change, the transformation.

We are [The Transformational Travel Council](#) because we're committed to the actual impact, the outcome, the transformation of self and society.

We believe that change happens from the inside out, and our sole focus is promoting personal reflection, understanding, and mindful action while traveling. This benefits us all.

It is an active rather than passive approach to travel, travel design, and orchestration. This is reflected in our globally recognized definition, "transformational travel is intentionally traveling to stretch, learn, and grow into new ways of being and engaging with the world."

I'm honored to offer my thoughts on this subject and more at the upcoming Wellness Experience Virtual Summit hosted by [Organic Spa Media, LTD.](#)

Excited to engage, [Martine Bury](#), [Jason Paluch](#), [Mark Hennebry](#), [Jean-Guy de Gabriac](#), and [Kristin Meekhof, LMSW!](#)

[#wellbeing](#) [#transformationaltravel](#) [#travelawakened](#)



The Transformational Travel Council
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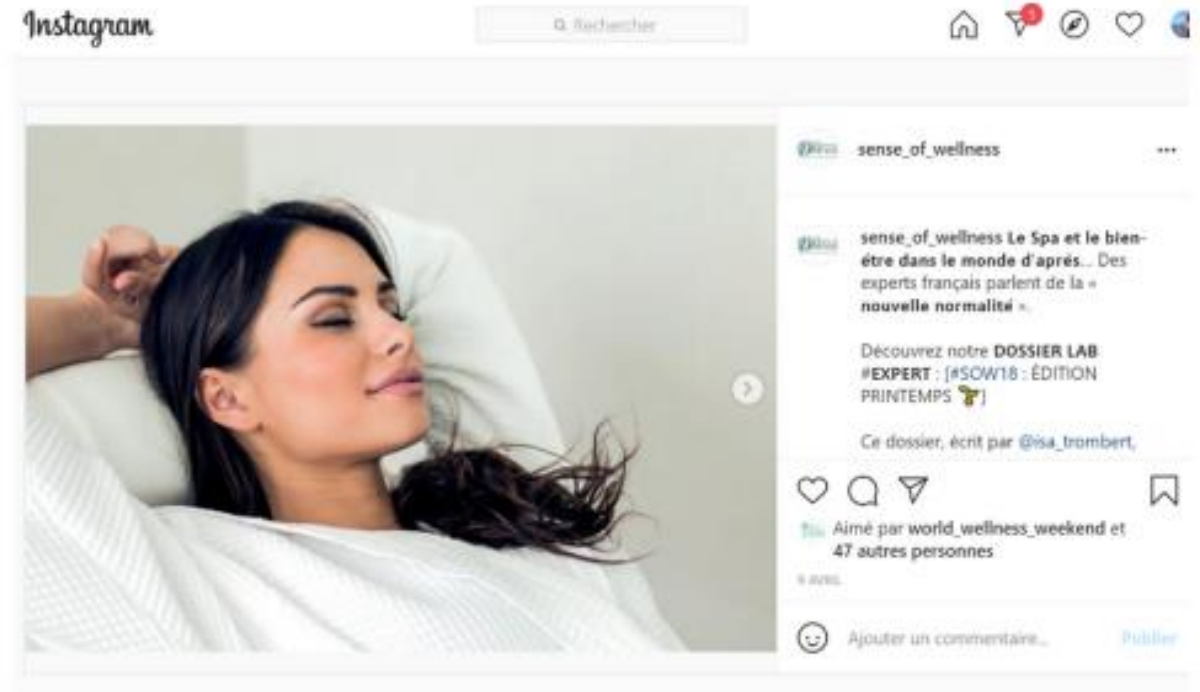
We'd like to invite you to join discussion panel about "Spring Into Well-Being" The Wellness Experience Virtual Summit created by [Organic Spa Media, LTD.](#), April 13th and 14th, 2021.

France

9 April 2021

Sense of Wellness

<https://www.instagram.com/p/CNcVCTDIC5w/>



France

13 April 2021

Sense of Wellness

https://www.senseofwellness-mag.com/toute-les-actualitesspa-et-wellness/actus/salons-evenements/item/2740-5eme-weekend-mondial-du-bien-etre-18-19-sept-2021-dans-120-pays?utm_source=newsletter_7309&utm_medium=email&utm_campaign=zoom-surle-top-10-des-articles-les-lus-en-avril-2021



Belgium

15 April 2021

Pro Esthetic

<https://fb.watch/5VUdNW5zB4/>

PROesthetic



France

15 April 2021

Ecole Internationale d'Esthétique et Spa Catherine Sertin

<https://www.facebook.com/135696629834789/po sts/5373035126100887/?d=n>



Ecole Internationale d'Esthétique et Spa Catherine Sertin ...
April 15 · 🌐

Premier rassemblement Zoom pour la présentation par Jean-Guy de Gabriac de la 5ème édition du [World Wellness Weekend](#) qui se déroulera les 18 et 19 Septembre 2021. Ce fut un moment d'échange très enrichissant avec 50 élèves de l'école accompagnés de leurs professeurs Ketty Virassamy et Bastien Hugonnet ainsi que Laurence Letrou Directrice Pédagogique. Un grand Merci à notre partenaire [Christine Salaun Chevalier](#) du [FONDS De Dotation EREEL](#) à [Caroline Schwarfeld](#) de [Beauty Place](#)... [See More](#)



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- 💻 **Être cité dans les médias**
(TV, Radio, Presse, Web)
- 📅 **Augmenter vos réservations & les ventes additionnelles**
(produits & offres spéciales)
- 👤 **Attirer de nouveaux clients**
- 🏆 **Insérer & fédérer votre équipe**
Créer des valeurs, signature et insuffler une culture de bien-être

[REJOIGNEZ-NOUS!](#)



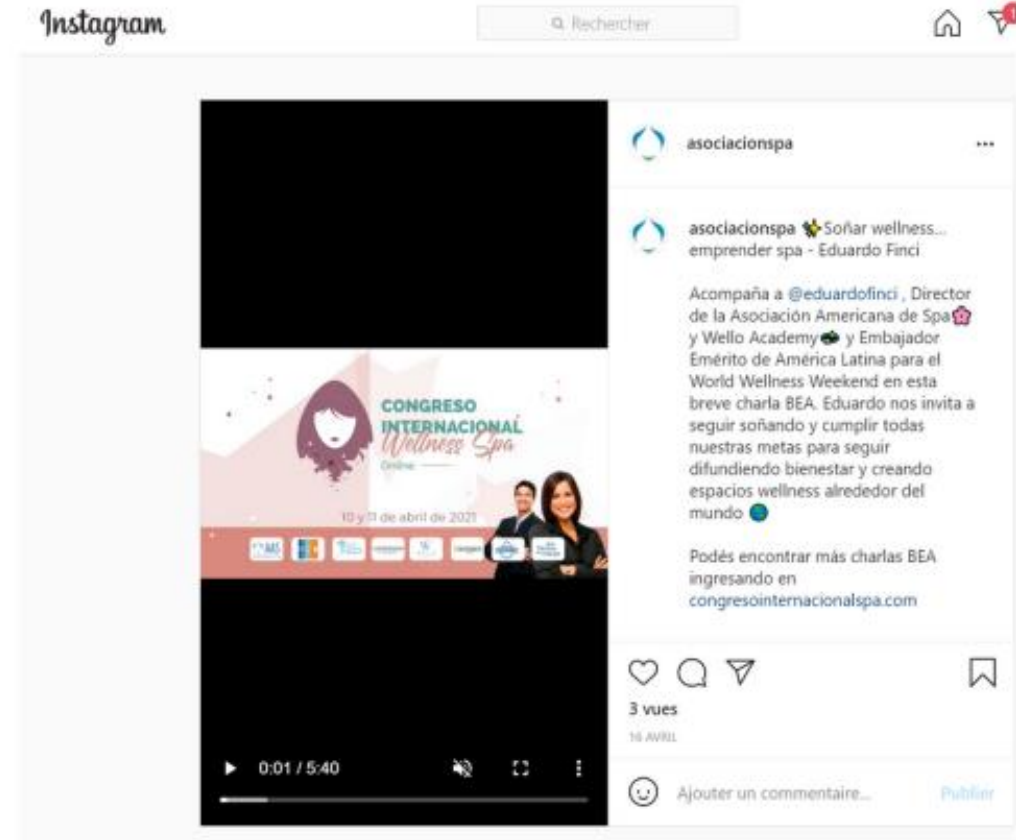
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Argentina

16 April 2021

Asociación Americana de Spa

<https://www.instagram.com/asociacionspa/>

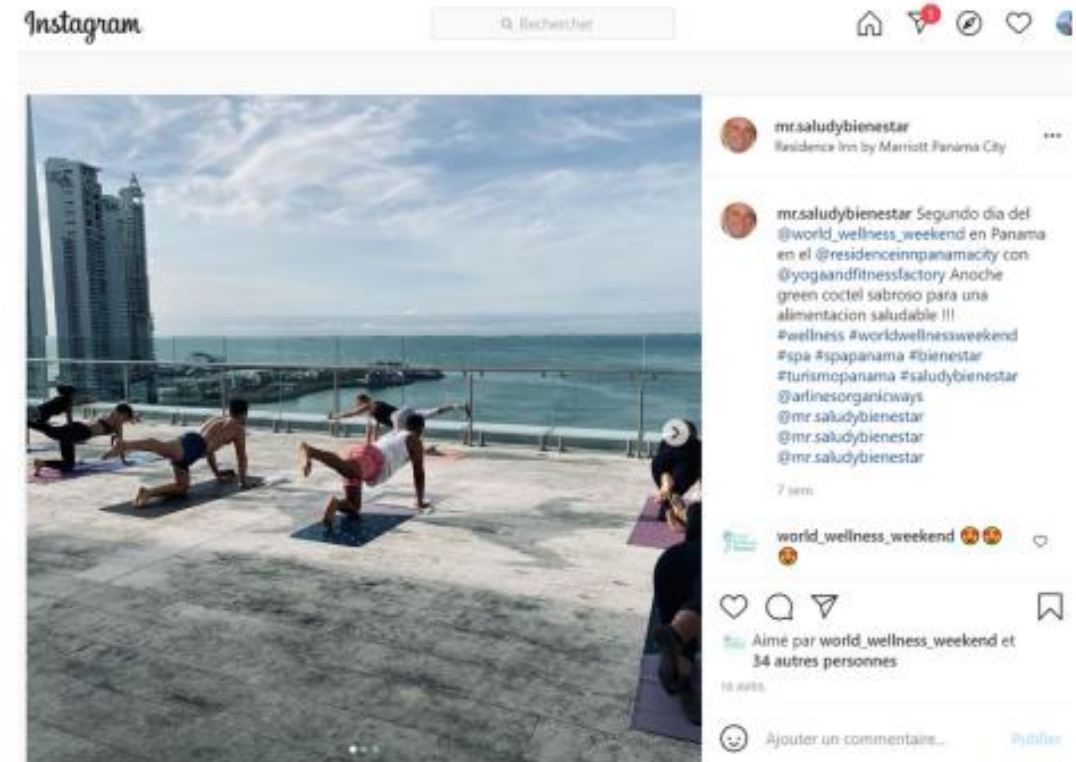


Panama

18 April 2021

Pre-launch of WWW Panama at Panama City by Marriott

<https://www.instagram.com/p/CNztqbABUuw/>



Panama

18 April 2021

Pre-launch of WWW Panama at Panama City by Marriott

<https://www.facebook.com/100014029170917/posts/1109441379533491/?d=n>

 Laurent Dupont is with Arline Francis at Residence Inn by Marriott Panama City. ...
April 18 · Panama City, Panama · 🌐

Hoy por primera vez en Panama llego el [World Wellness Weekend](#) !!! En directo del hotel Residence Inn Panama City by Marriott varios cursos de meditacion, aquatonic, masajes junto a los profesionales panameños del wellness todo un exito. Emisora en vivo por radio en "Mujeres Exitosas" para comunicar sobre el evento. Acompañados por Impilo spa, Salvora para el primer WWW en el Istmo. En calidad de embajador para el World Wellness Weekend y con el gran aporte de Arline os esperamos en Panama para descubrir el pais y todos sus tesoros de salud y bienestar

[See Translation](#)



  57

5 Comments · 3 Shares

USA

21 April 2021

Well Defined

<https://welldefined.com/world-wellness-weekend-to-take-place-inseptember/?fbclid=IwAR0cQWonSbCrMLYbahuy4u0epksLSdc6aOVxui9Gp5JXdkBQhRvHDiv9Xlc>

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FINANCE

TRAVEL & SPA

GENERATIONAL

WORKPLACE

TRAVEL & SPA, NEWS

World Wellness Weekend To Take Place in September

Julie Keller Callaghan



April 21, 2021



Canada

3 May 2021

Travel to Wellness

<https://twitter.com/WellnessTravel/status/1389277843788554246>

Travel^{to}
Wellness



Travel to Wellness
@WellnessTravel

...

For the May edition of [#whotoknow](#) we feature Jean-Guy de Gabriac, Founder of World Wellness Weekend! Check out our Q&A below! [@WorldWellnessWe](#)
[@Tip_Touch](#) [#wellness](#)



Who to Know: Jean-Guy de Gabriac, Founder of World Well...
Jean-Guy de Gabriac, CEO TIP TOUCH International since 2004 is an award-winning advisor & educator in Guest ...
traveltowellness.com

7:57 PM · 3 mai 2021 · Twitter Web App

1 Retweet 1 Citer le Tweet 1 J'aime

Canada

3 May 2021

Travel to Wellness

https://www.traveltowellness.com/jean-guyde-gabriac-founder-of-world-wellness-weekend/?fbclid=IwAR3MtdLc83JKBHEMf-Vf1E7R7NnRfccnmdRMAUIk_j6l-_5V-_VkJFCBo28

Travel to Wellness

The screenshot shows the Travel to Wellness website. At the top, there is a navigation bar with links for 'About Us' and 'Contact Us'. Below this is a large banner for the '2021 Wellness Travel Survey' with a call to action 'Enter NOW to win!' and a prize of '\$1,000 U.S.'. The banner also features the 'Travel to Wellness' logo and a 'Find & Book Your Perfect Wellness Retreat' section with a 'we travel' logo and a 'VISIT MARKETPLACE' button. Below the banner, there is a featured article titled 'Jean-Guy de Gabriac, Founder of World Wellness Weekend' with a 'Who to Know' sub-header. The article text describes Jean-Guy de Gabriac's role as CEO of TIP TOUCH International and his involvement in the World Wellness Weekend. To the right of the article is a sidebar with a link to 'Looking for a Wellness Retreat? Check out our Wellness Retreat Guide' and a 'Travel to Wellness Retreats Guide' link. At the bottom, there is a section titled 'When we are all able to travel again, our amazing travel advisor partners will be here to help you. Until then, think about where you might like to travel for your 2021 Wellness Vacation. Here's a list of our'.

Travel to Wellness

Help the Wellness Tourism Association with its 2021 Wellness Travel Survey and you will be automatically entered to win \$1,000 U.S. Enter NOW to win!

HOME NEW & NOTeworthy RETREATS & VACATIONS SPAS EXPERIENCES WELLNESS EVERYDAY GOOD FOR THE ROAD

Find & Book Your Perfect Wellness Retreat we travel VISIT MARKETPLACE

Home > Who to Know > Jean-Guy de Gabriac, Founder of World Wellness Weekend

Who to Know

Jean-Guy de Gabriac, Founder of World Wellness Weekend

Share on Facebook Tweet on Twitter G+ P

Jean-Guy de Gabriac has been CEO of TIP TOUCH International since 2004 and is an award-winning advisor & educator in Guest Experience. de Gabriac is also the founder of **World Wellness Weekend**, which was celebrated in 109 countries in 2020 with 60 supporting organizations. He's the Judge of the World Spa & Wellness Awards, conference producer of the World Spa & Wellness Conference, judged the World Championship Massage 2019, and is a member of the Wellness Tourism Association. The next World Wellness Weekend will be celebrated September 18 & 19, 2021.

Looking for a Wellness Retreat? Check out our Wellness Retreat Guide

Travel to Wellness Retreats Guide

When we are all able to travel again, our amazing travel advisor partners will be here to help you. Until then, think about where you might like to travel for your 2021 Wellness Vacation. Here's a list of our

France

4 May 2021

Beauty Forum France

<https://www.facebook.com/152172810245091/posts/152123586916680>

BEAUTY
FORUM

FRANCE

... F



Beauty Forum France

May 4 · 🌐

LE LIVE by BEAUTY FORUM

Lundi 10 mai à 11 heures en direct – Faire le plein d'idées avec le World Wellness Weekend

Le [World Wellness Weekend](#), organisé chaque année en septembre, a pour objectif de sensibiliser le grand public aux bienfaits liés à la pratique d'activités de bien-être.

A cette occasion, des milliers de professionnels de la forme, de la beauté et bien-être du monde entier proposent des activités pour donner envie à chacun de bouger et développer son capital sérénité.

Son fondateur, Jean-Guy de Gabriac, et les ambassadeurs pour la France - Catherine Sertin, fondatrice de l'école [Ecole Internationale d'Esthétique et Spa Catherine Sertin](#), Romain Dupont, président du [@Label Spas de France](#), Alexis Forêt, directeur de [Aginum Thermae SPA](#) et Isabelle Trombert, fondatrice de [@Ahimsa Le Spa](#) - donneront des pistes pour créer des activités wellness ludiques à mettre en place le weekend du 18 et 19 septembre mais aussi tout au long de l'année.



Jean-Guy de Gabriac and 4 others

2 Comments 24 Shares

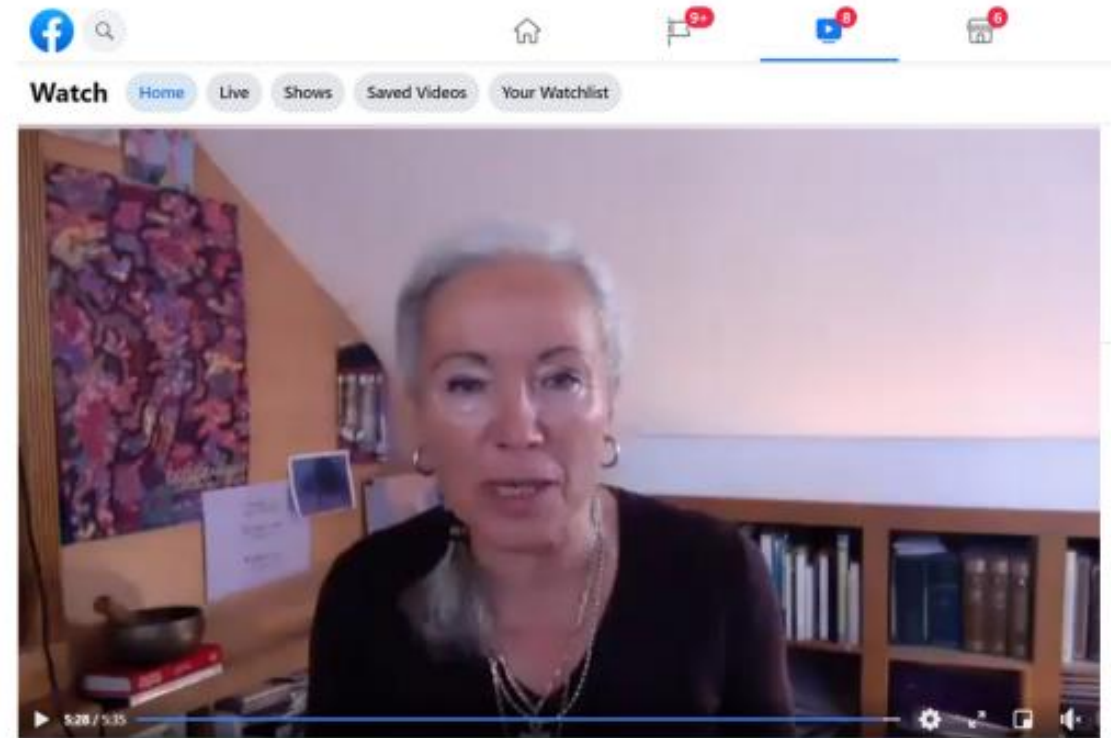
Belgium

5 May 2021

Pro Esthetic

<https://www.facebook.com/watch/?v=1840121769482287>

PROesthetic

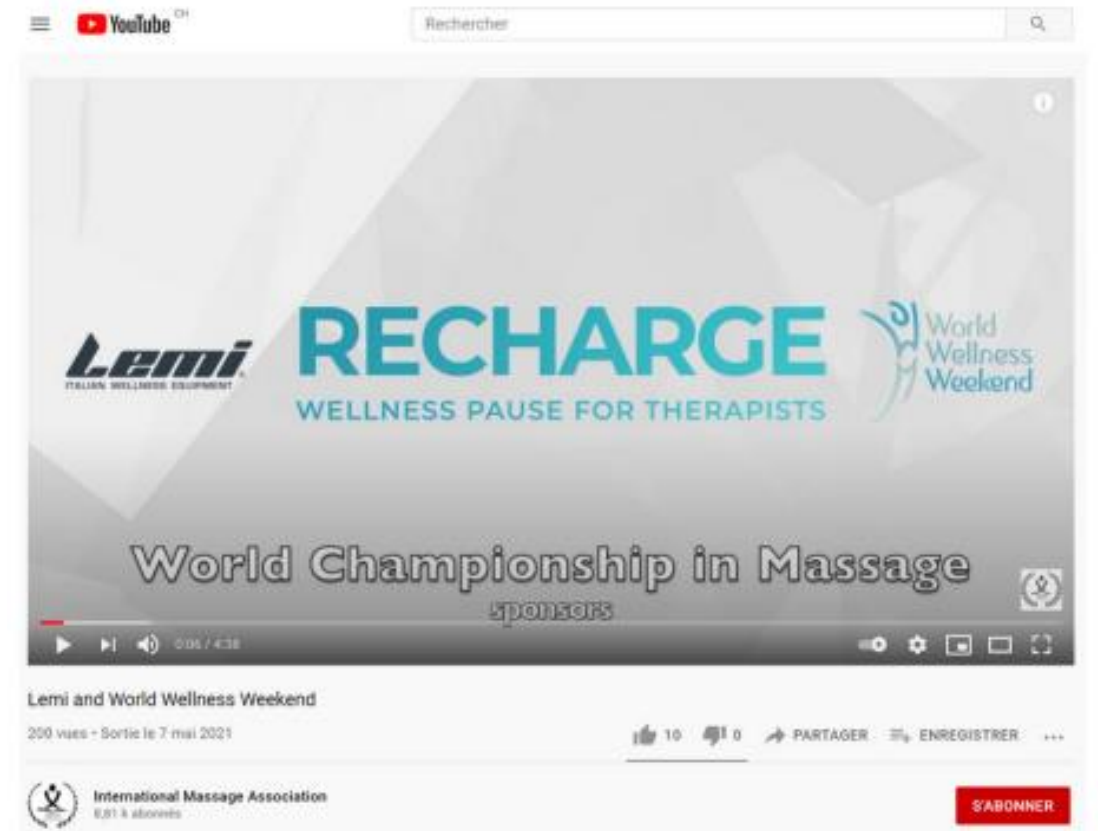


Denmark

7 May 2021

International Massage
Association

<https://www.youtube.com/watch?v=GEqCGT05Qjo>

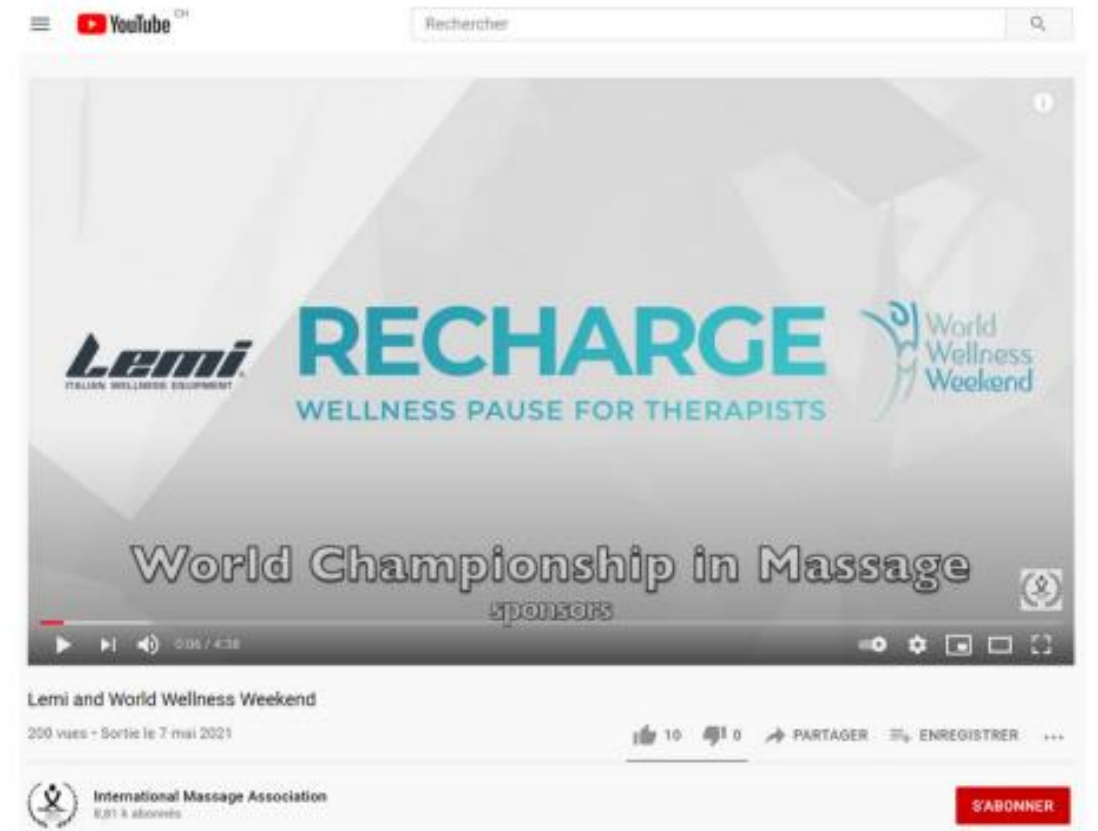


Denmark

7 May 2021

International Massage
Association

<https://www.youtube.com/watch?v=GEqCGT05Qjo>



Romania

10 May 2021

World Wellness Weekend Romania

<https://www.facebook.com/1333637215/videos/10219588288721156/>



Peru

11 May 2021

<https://www.instagram.com/p/COvb9gqrNCX/>



Netherlands

12 May 2021

<https://twitter.com/SoeReiMas/status/1392261744656007172>



SoeReiMas
@SoeReiMas

...

Welcome all to WWW as enthousiast, sponsors, participants to join and be part of WWWorld Wellness Weekend.

Make it a better place, starting here in The Netherlands. Let's be active together and expand the WWW-map, so sign in and share how to be WWWell,



Our Wellness Ambassadors - How to Join us - World Wellne...
Understand the role of a Wellness Ambassador at WWW.
How to apply to be an ambassador of World Wellness ...
world-wellness-weekend.org

1:34 AM · 12 mai 2021 · Twitter for iPhone

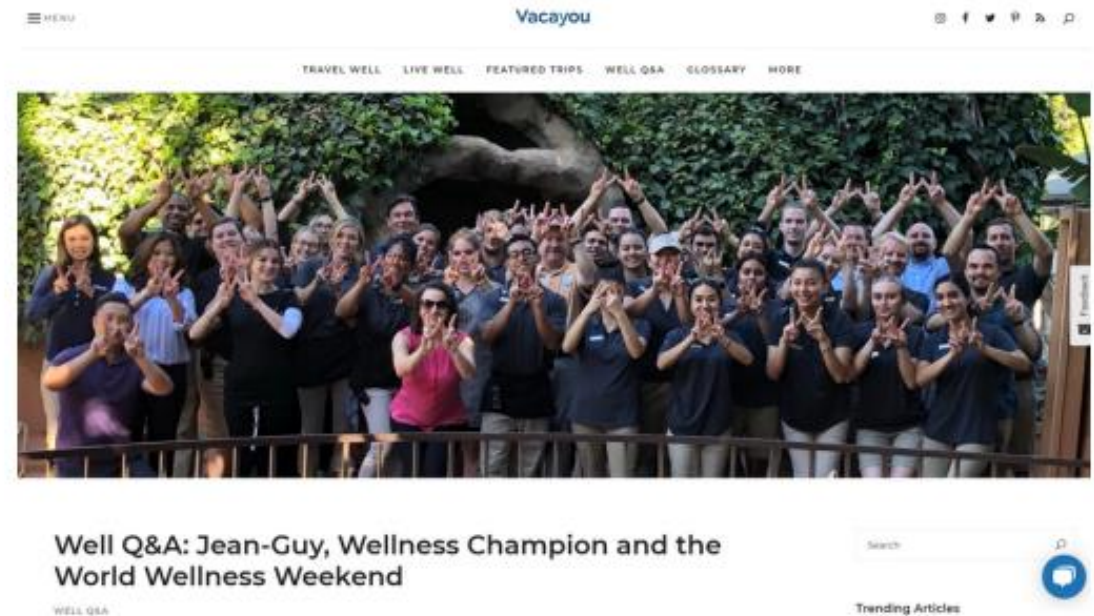
USA

12 May 2021

Vacayou

<https://vacayou.com/magazine/world-wellness-weekend/?fbclid=IwAR0BRgKQVEQxgfUAaCHkbfhZTCevm6DOtTgmKqHGNH6tnOmvQowNCm6fr5w>

Vacayou



Italy

15 May 2021

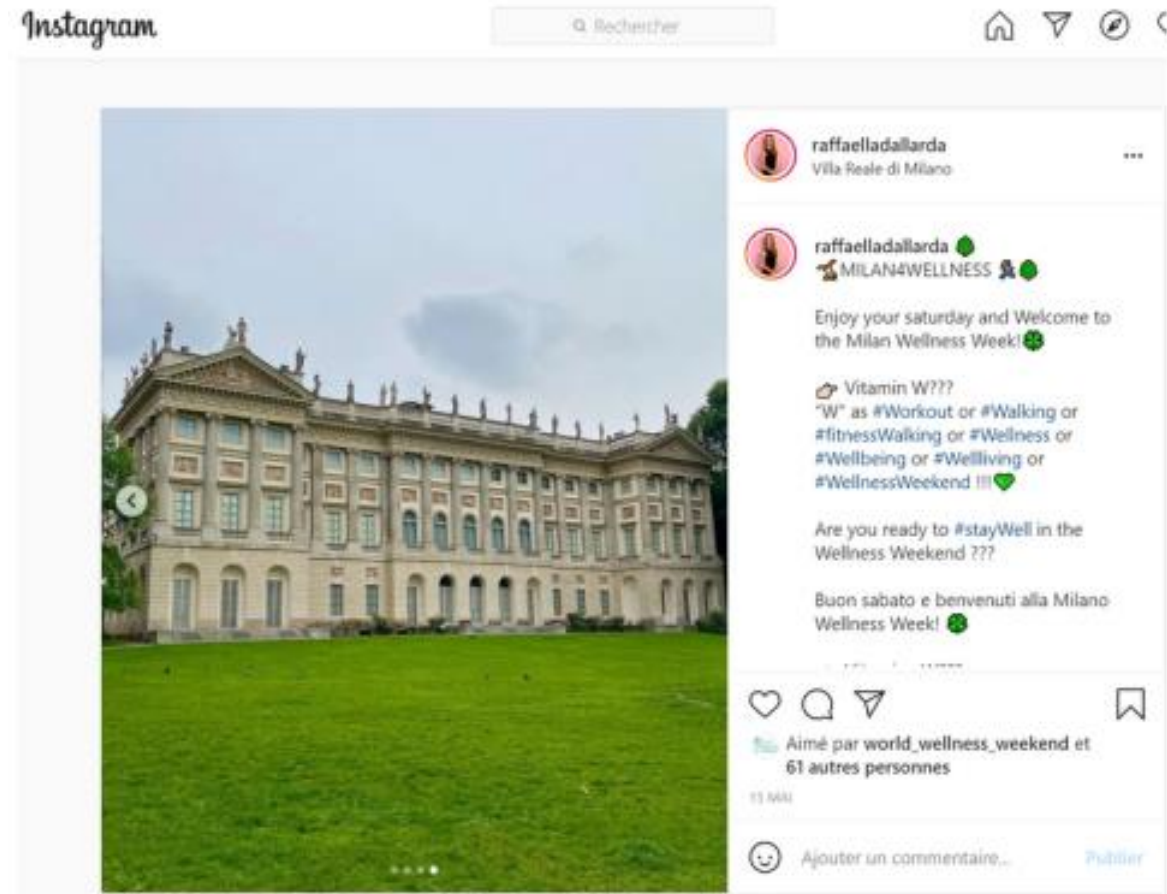
<https://www.instagram.com/p/CO4soX3h3ME/>



Italy

15 May 2021

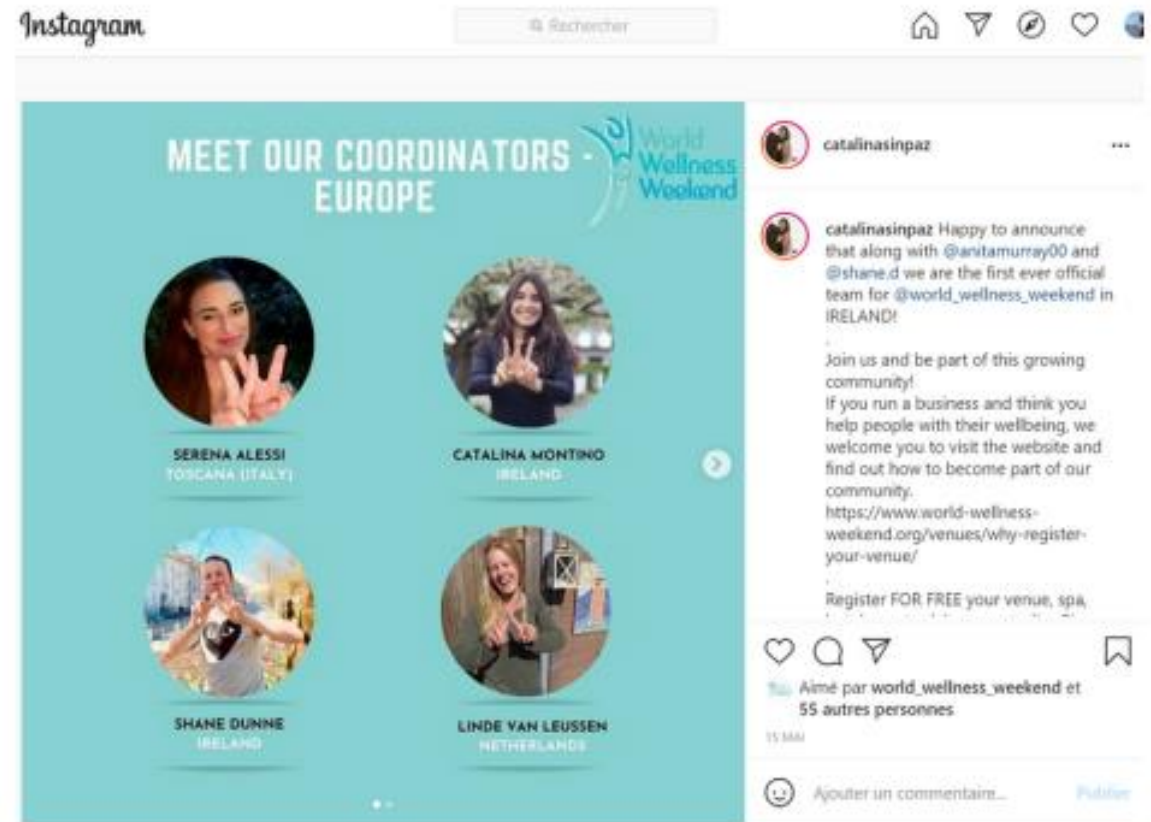
<https://www.instagram.com/p/CO4s0wqBWyU/>



Ireland

15 May 2021

<https://www.instagram.com/p/CO6DMa3JVR0/>

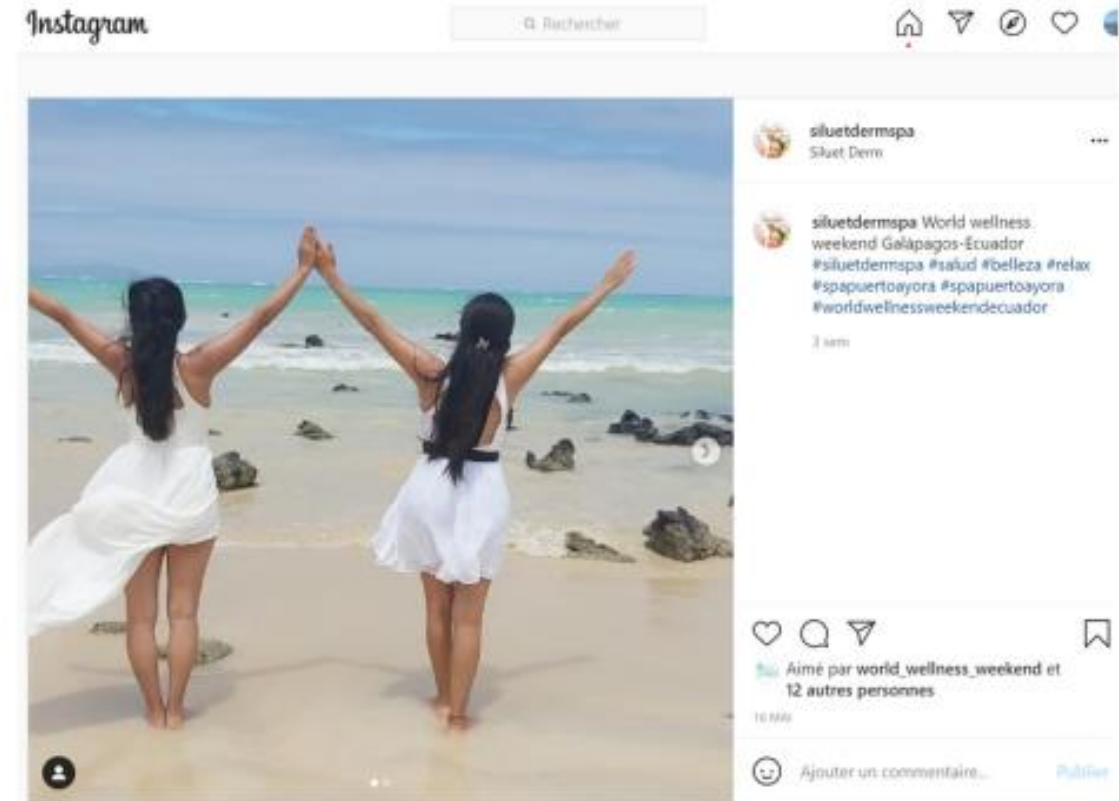


Ecuador

16 May 2021

Siluet Derm Spa

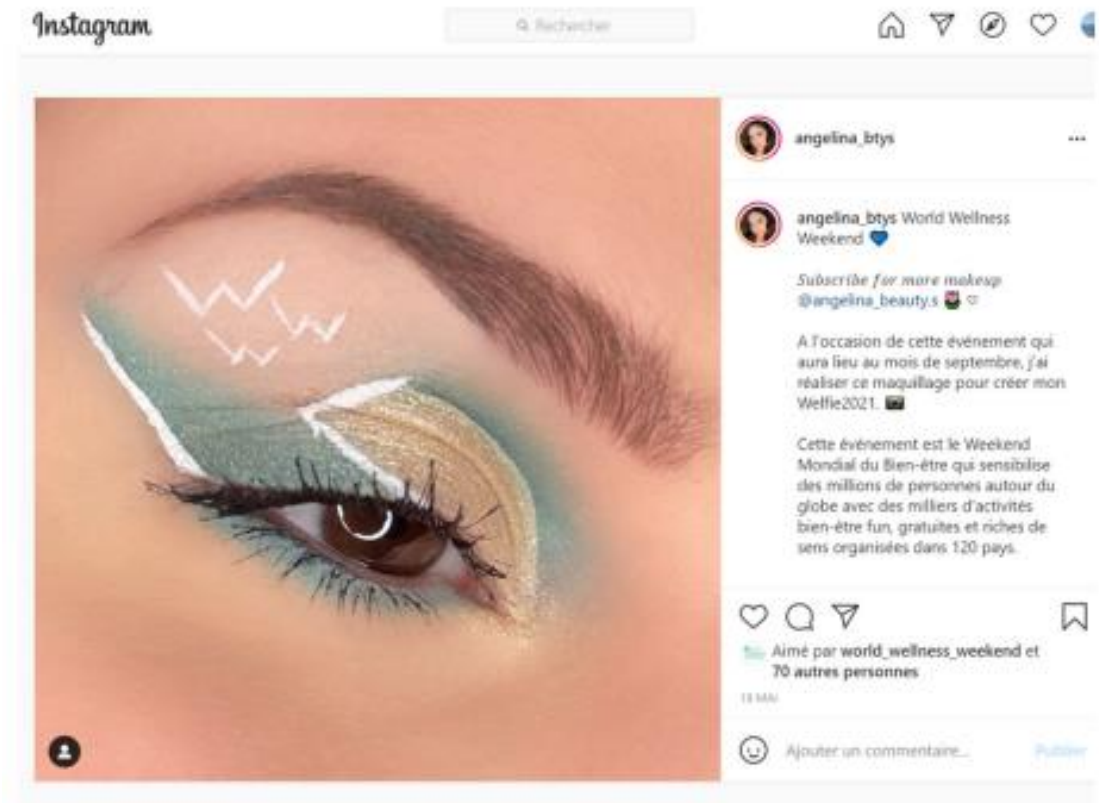
<https://www.instagram.com/p/CO8WBw2hHON/>



France

18 May 2021

<https://www.instagram.com/p/CPAqKROBdnv/>



United Kingdom

19 May 2021

Professional Beauty

<https://professionalbeauty.co.uk/site/newsdetails/white-paper-the-future-of-spa-and-wellness>



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White Paper: The Future of Spa and Wellness launches to help spa businesses thrive

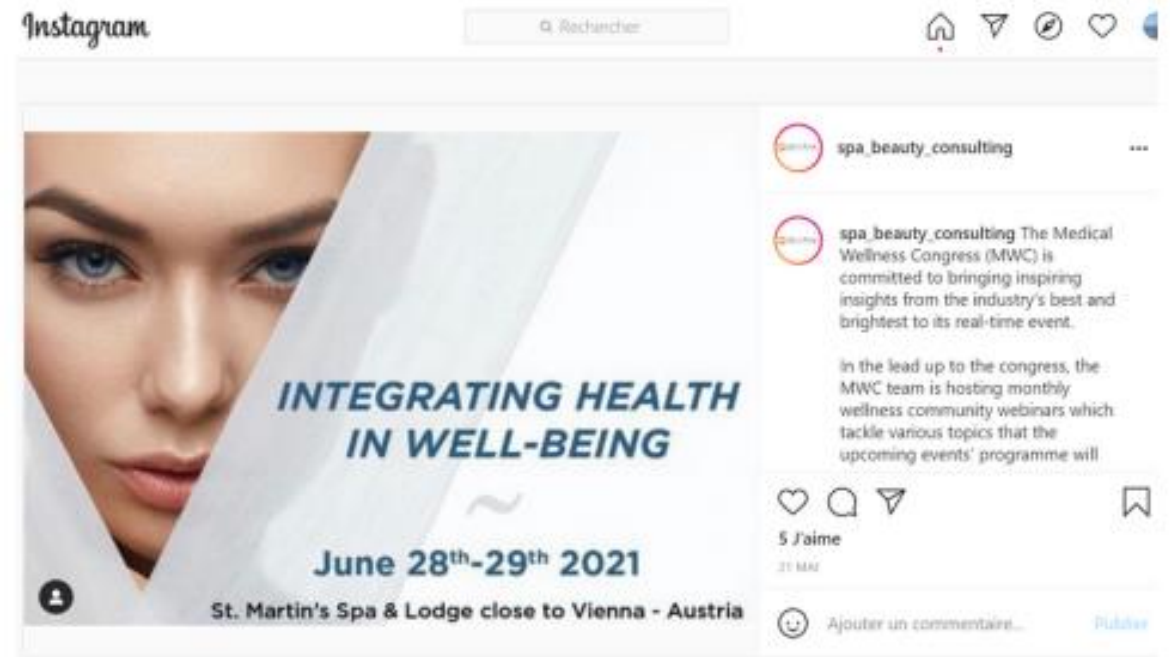


Austria

21 May 2021

Spa Beauty Consulting

<https://www.instagram.com/p/CPJeY91LMwz/>



Belgium

21 May 2021

Never Alone Summit

<https://neveralonesummit.live/>



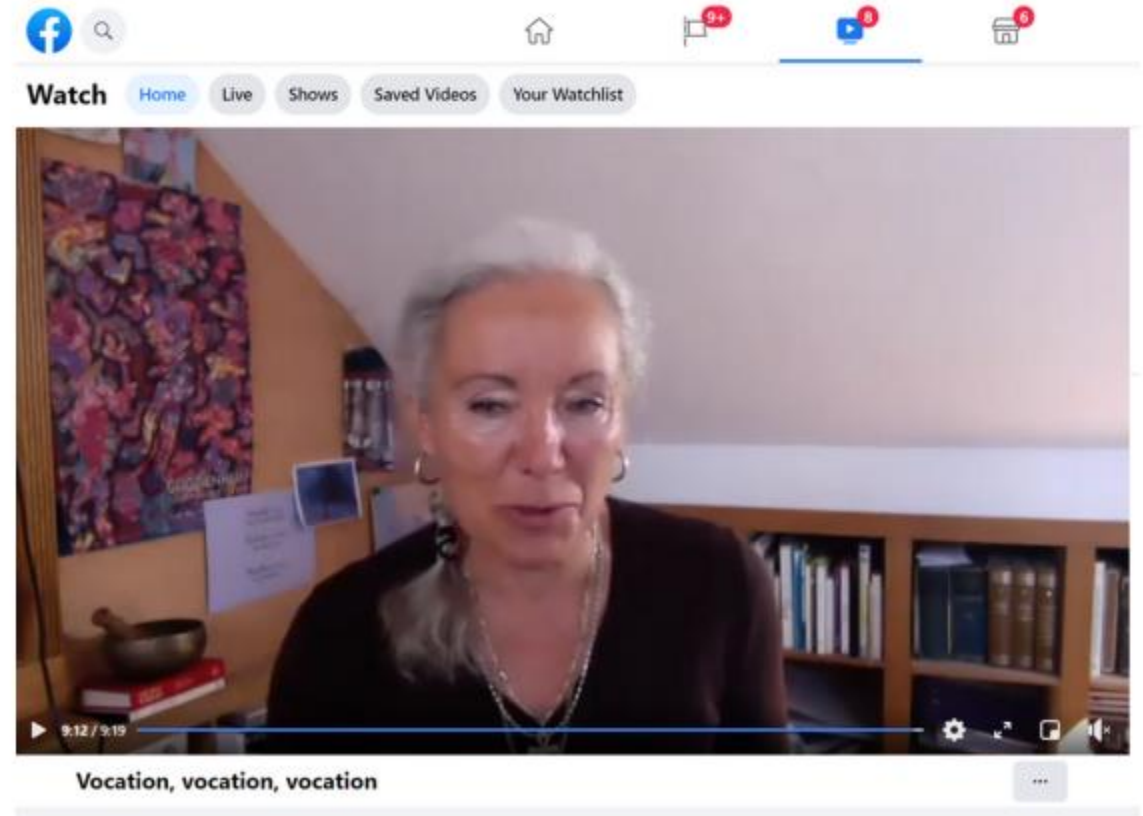
Belgium

22 May 2021

Pro Esthetic

<https://www.facebook.com/watch/?v=2987224818220493>

PROesthetic



Spain

25 May 2021

Healthy Life

<https://www.healthylifeyy.com/2021/05/25/celebre-estilos-de-vida-mas-saludables-y-felices-2/>



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Celebre estilos de vida más saludables y felices

 by [admin](#) — May 25, 2021 in [meditación](#) 👍 0 💬 0 🔖 0

1
SHARES

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VIEWS

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Únase a miles de entusiastas del bienestar de todo el mundo que participan en el World Wellness Weekend del 19 al 20 de septiembre

La situación de salud actual que enfrenta el mundo nos recuerda lo importante que es construir un sistema inmunológico fuerte. Un cuerpo sano comienza con una mente sana, que puede desarrollarse prestando más atención a las necesidades individuales de bienestar.

El próximo 19 y 20 de septiembre de 2020, únase a miles de pioneros del bienestar de todo el mundo en el World Wellness Weekend. Se organizan actividades de bienestar divertidas, creativas y significativas en más de 120 países para este evento especial.

United Kingdom

June 2021

Pulse

<https://pulse.experienceispa.com>



Make the Most of World Wellness Weekend 2021

BY ADAM COHEN

EACH YEAR SINCE 2015, World Wellness Weekend (WWW) has brought together individuals and businesses from the spa, fitness and lifestyle industries—creating a number of SPA members—to promote health and wellness and bring increased attention to the many ways in which participants serve the wellness needs of their guests and communities. The 2021 edition of this global event (participants from over 120 different nations) will be held, as in years past, just before the autumnal equinox, on September 16/17.

Taking a cue from the United Nations' 17 Sustainable Development Goals, which calls for the promotion of "healthy lives and well-being for all at all ages," WWW calls upon organizations ranging from non-profit to local and state governments to "partner first, but also create wellness solutions" that will allow people to experience the transformative power of a wellness-focused life.

As Founder Jennifer DeGutierrez says, "Our profession is essential to helping people feel physically, mentally, emotionally and socially well. World Wellness Weekend is a great collaboration opportunity for our profession to showcase their skill and create something special."

And though the word "free" may cause some spa leaders to balk at participation in the WWW around either of the event, the added emphasis placed on personal well-being by the COVID-19 pandemic and the wide array of ways



World Wellness Weekend founder, Adam Cohen.



to participate mean that you will likely be able to find creative ways to participate and simultaneously bring value in tandem to their businesses. Yoga and fitness classes, meditation sessions, massages and facials are among the treatments, services and activities that WWW encourages participants to offer. Of course, by simply participating in the event—that is, signing up, planning an activity and calling it a day—you are still doing to advance the cause of wellness (not least from their considerable) to the degree they might like to.

How to make the most of this unique weekend? There are a few things to consider.

Go All-In

It may be tempting to simply skip a few spa services by following the event's registration portal, offering a few services or treatments that doesn't add much to the spa's costs and sharing a couple of social media posts before and after the event itself. However, the likelihood of your spa's participation making an impression on current and potential guests or members of the media drops significantly if you don't jump in with both feet.

For that reason, WWW leadership suggests showcasing services, treatments and activities that truly represent what is unique and exceptional about your spa. Yes, the event costs for offering a few services or high-end services may be greater than with other options, but by illustrating the best that you—and the world of wellness—have to offer, you leaders can bring more attention to their businesses and something truly special to this event. Want to get up better? Work with your team to design a new signature experience just for WWW to create added interest.

Get Creative

Imagining new guest experiences or services is just one way that you can get creative around this weekend at WWW. Once registered for the event, you can also reward their needs and offer their visitors by sharing wellness tips on the WWW blog or adding submissions to the event's Wellness Web TV platform.



Participants at a wellness activity during World Wellness Weekend.



Participants at a wellness activity during World Wellness Weekend.

them. The WWW platform also allows you to create special packages, offers or vouchers specifically for the event, used to drive revenue by encouraging guests to spend the week and return to the spa for future services. As WWW Ambassador Cassi Phillips notes, "By participating in World Wellness Weekend, you and your spa have a unique opportunity to be a leader in their local marketplace. Instead of just marketing gift cards for Valentine's Day, Mother's Day and Christmas, participating spas have a whole new opportunity to market to their current and potential customers."

Social media also offers you an opportunity to creatively engage their guests around the idea of wellness and expand their online community and reach. Use your social media accounts

not just to promote the spa's participation in WWW but also highlight your team's expertise, establish your business as a champion of wellness in your area and advocate for the event's broader goals of encouraging healthy and active lifestyles. Use the event's hashtag (#WorldWellnessWeekend, #WellnessWeekend and #WellnessGoals) to get your posts in front of the thousands of other participants around the world.

Don't Go It Alone

WWW members are used to hearing the words "stronger together" and that phrase also gets at an important truth about WWW—the more you and other groups work together to further the event's goals, the greater the response is likely to be.

Peggy Smith, a World Wellness

Use your social media accounts not just to promote the spa's participation in WWW, but also highlight your team's expertise, establish your business as a champion of wellness in your area and advocate for the event's broader goals of encouraging healthy and active lifestyles.

Weekend ambassador says that her business "inspires and provides a diverse range of healthy activities, through the southwest Florida area, working with the hospitality and tourism industries, wellness businesses and practitioners for the benefit of visitors and residents." This collective approach is encouraged by event leaders, who note that you can partner with other and other organizations to take fully the resources by creating wellness challenges around the world. They can also partner with one another or with nearby businesses to make WWW into an event for an entire neighborhood, town or city with the added bonus of a potential response in media attention as a result.

In 2019, WWW reached an audience of 224 million people by following the tips above. WWW members who choose to participate this September can increase what makes them good to an audience organizer hope will be even bigger in 2021. To get involved, visit www.wellnessweekend.org.

United Kingdom

June 2021

WHIS inspire

https://issuu.com/whisinspire/docs/whis_inspire_edition_2/14?ff&showOtherPublicationsAsSuggestions=true&logoImageUrl=https%3A%2F%2Fwhis.uk%2Fwp-content%2Fuploads%2F2021%2F06%2Ftiny-WHISInspire-Logo.png



page 3

WORLD WELLNESS WEEKEND

18TH-19TH SEPTEMBER 2021

3 DAY HEALTH REDEFINITION

"There is no nobler mission in life than to encourage each & everyone to become the best version of themselves, in alignment with their heart, head & guts"

—Jean-Guy de Gabriac, founder of World Wellness Weekend

World Wellness Weekend is a non-profit planetary event that promotes the five pillars of Wellness: sleep & creativity; nutrition & immunity; movement & vitality; mindfulness & serenity; and sense of purpose & solidarity.

Each year, before the September Equinox, the event takes place with the aim to showcase the expertise and passion of wellness and fitness professionals while encouraging the local community to be more active, more often, with friends and family.

WHAT IS WORLD WELLNESS WEEKEND?

Launched in 2012, World Wellness Weekend is a non-profit event aligned with the United Nations' SDG3 (Good Health & Well-being For All). With the belief that Social Prescribing is truly a catalyst to promote prevention and healthy lifestyle choices, the celebration connects communities across the world through a range of wellness initiatives.

In September 2020, the event was celebrated by 1,523 venues in 543 cities in 109 countries, from Argentina to Zambia. As of today, 1,380 venues are listed on the WellnessMap and appear united in 131 countries (943 cities).

WHAT'S HAPPENING THIS YEAR?

On the fifth World Wellness Weekend (18-19 September 2021), thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, in order to organise countless safe, fun and free 60-minute activities, classes, workshops or talks.

Through these initiatives, millions of people will have access to lifestyle advice - healthy tips in five key areas that we call the 5 Pillars of Wellness: better sleep to increase creativity; better nutrition to strengthen immunity; more movement to enhance vitality; deeper sense of mindfulness to enjoy serenity and a heightened sense of purpose to share more solidarity.

On the same dates, beauty schools in France and Canada will offer complimentary wellness workshops and beauty treatments to local Doctors and Nurses. This 'Care for Care-Givers' initiative was launched in February 2020 at the UNESG ThinkTank during the World Economic Forum in Davos. #WellnessForDoctors #WellnessForNurses.

GET INVOLVED

See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii!

All professionals have to do is sign up on the [WellnessMap](#) (available in 16 languages) in order to create their page with upcoming wellness activities, classes, workshops, retreats, and they will appear on the World Wellness Map. They agree to offer on September 18th or 19th: a 60 minutes workshop in person, or a video tutorial, to share their passion and healthy tips with their local community and clients.

All the public has to do is visit [WellnessMap](#), click on the 'Locate me!' button or type the name of a city and select the activities that they want to join, which they could then share with friends and family: the ones we call Wellness Buddies.

#WorldWellnessWeekend
#WellnessForAll
#WellnessByAll

World Wellness Weekend

JEAN-GUY DE GABRIAC
Founder of World Wellness Weekend

VIEW CONTRIBUTOR'S BIO

READ MORE



United Kingdom

June 2021

WHIS inspire

[https://issuu.com/whisinspire/docs/whis_inspire_editon_2/14?](https://issuu.com/whisinspire/docs/whis_inspire_editon_2/14?ff&showOtherPublicationsAsSuggestions=true&logoImageUrl=https%3A%2F%2Fwhis.uk%2Fwp-content%2Fuploads%2F2021%2F06%2Ftiny-WHIS-InspireLogo.png)
[ff&showOtherPublicationsAsSuggestions=true&logoImageUrl=https%3A%2F%2Fwhis.uk%2Fwp-content%2Fuploads%2F2021%2F06%2Ftiny-WHIS-InspireLogo.png](https://issuu.com/whisinspire/docs/whis_inspire_editon_2/14?ff&showOtherPublicationsAsSuggestions=true&logoImageUrl=https%3A%2F%2Fwhis.uk%2Fwp-content%2Fuploads%2F2021%2F06%2Ftiny-WHIS-InspireLogo.png)



page 17

ART IMPACT FOR HEALTH & SDGS

Within the health sector, science and art are complementary forces. Together, they can create a dialogue between people, allowing for mutual understanding, empathy, and connection. After all, health professionals and artists are not so different – they are linked by a desire to understand the world and life itself. Through artistic exploration, we can work to build resilience in health for individuals, communities, and global systems.



ISABELLE
WACHSMUTH

[VIEW CONTRIBUTOR'S BIO](#)



The mission of the Art Impact for Health and SDGs initiative is to grow art and culture within the medical environment as an innovative strategy to build resilient individuals, communities, and health systems, creating a global creative and organic community movement that advances the Sustainable Development Goals (SDGs) and Health for All.

Together, this community will utilize art as a tool to engender change, engaging a community of stakeholders to achieve the SDGs and Health for All through global leadership and the enduring principles of solidarity, caring, and equity within health. "As a science-based organization, WHO puts a lot of emphasis on evidence and data. At the same time, we must acknowledge that art has the power to inspire and communicate in ways that guidelines, graphs and charts don't. To achieve our goals, we must use every tool at our disposal to change behaviors and drive impact," Tedros Adhanom Ghebreyesus, Director General of the World Health Organization. Art Impact for Health and SDGs with sustainable and long-term partnerships explores how art and all relevant impactful art initiatives/programmes at worldwide level contribute to build resilience in health at the individual, community, national, and global levels. Resilience is, at its core, a measure of how we deal with adversity. It is the ability of an individual to overcome the challenges of a cleft lip or palate.

Italy

1 June 2021

Mabella

<https://www.mabella.it/world-wellness-weekend-il-nuovo-movimento-di-benessere/>



Canada

3 June 2021

Masso-Cie

<https://www.massocie.com/le-week-end-mondialdu-bien-etre-un-avantage-pour-les-spas-du-monde/>



USA

4 June 2021

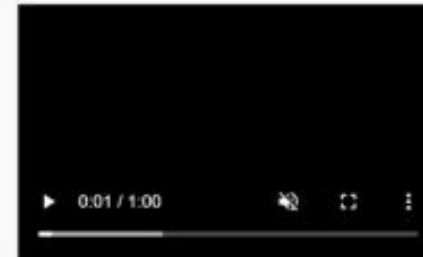
International Massage
Association

<https://www.instagram.com/p/CPsDOWtnSI-/>



Instagram

Rechercher



ima_association



ima_association World Wellness Weekend

The International Massage Association encourage all Massage therapists, Massage schools, Teachers and Massage Associations to participate, to sign up and take part of the World Wellness Weekend. To appear on the World Wellness Map and to organize on Sept 18 or 19 a FREE 60-minute workshop in person or online video, for the public to learn a few easy techniques to take care of their friends and family (possible shoulders and neck massage, or hands and forearms massage, so that participants do not have to undress). Let us together make awareness of the Massage and



103 vues

IL Y A 3 JOURS



Ajouter un commentaire...

Publier

Argentina

7 June 2021

Asociación Americana de Spa

<https://www.instagram.com/p/CP1J6A8NMF/>



Canada



7 June 2021

Leading Spa of Canada

<https://twitter.com/LeadingSpas/status/1401898027435102216>



Leading Spas Canada
@LeadingSpas

...

Join us on June 9! Our fun & informative panel will share everything you want to know about [#WorldWellnessWeekend](#). Special guests include Jean-Guy de Gabriac, [@WorldWellnessWe](#), Sophie Lymburner, [@YogaTribes](#) & Phiane Duquet, Spa Phiane Inc. Register now! bit.ly/34G59Fc



Switzerland

8 June 2021

Ecole Hôtelière de Lausanne

<https://www.facebook.com/WorldWellnessWeekend/photos/a.324475907676441/2752608998196441/>



RUPERT SCHMID

Co-Chairman of the Board of Biologique Recherche



JEAN-GUY DE GABRIAC

Founder of World Wellness Weekend



ZEINA ABDO

Industry Relations & Alumni Associate Director
at École hôtelière de Lausanne

PURPOSE DRIVEN CORPORATIONS: DOING GOOD, DOING WELL, DOING BETTER

From "Wellness Conversations"

Canada

9 June 2021

Leading Spas of Canada

<https://www.leadingspasofcanada.com/webinar-june-9-a-paneldiscussion-regarding-world-wellness-weekend-and-how-your-spa-can-participate/>



A screenshot of the Leading Spas of Canada website. The header includes the logo, contact information (1-800-704-6000, info@leadingspasofcanada.com), and a "Become a Member" button. The navigation menu lists: MEMBER BENEFITS, JOIN MEMBERS, FEATURED SPAS, EVENTS, WORLD WELLNESS WEEKEND, BLOG, and ABOUT US. The main content area has a teal background with the text "Back To All" and "Webinar June 9: A Panel Discussion Regarding World Wellness Weekend And How Your Spa Can Participate!". To the right is a photo of three people. Below the main text, a paragraph describes the webinar with special guests Jean-Guy de Gabriac, Sophie Lynburner, and Phiane Duquet. On the right, under "Other Webinars:", there is a small image and the text "Webinar June 23".

Canada

9 June 2021

Spa Inc. Magazine

<https://twitter.com/SpaIncMag/status/1402642691570253833>

SPA
inc.

SPA Spa Inc. Magazine
@SpaIncMag

...

DON'T MISS TODAY'S @LeadingSpas WEBINAR!
This fun, informative panel will have special guests from World Wellness Weekend (WWW), YogaTribes and Spa Phiane Inc. who will share everything you want to know about #WorldWellnessWeekend
Sign up now! bit.ly/34G59Fc



5:04 PM · 9 juin 2021 · Agorapulse app

Canada

10 June 2021

Leading Spa of Canada

<https://twitter.com/LeadingSpas/status/1402986700570173456>



Leading Spas Canada
@LeadingSpas

...

Yesterday's panel discussion on [#WorldWellnessWeekend](#) & how [#spas](#) can participate was fun & informative! A special thank you to Jean-Guy de Gabriac, founder of WWW, & Ambassadors Phiane Duquet & Sophie Lymburner for their knowledge & dedication. Learn more bit.ly/3vfoMi5



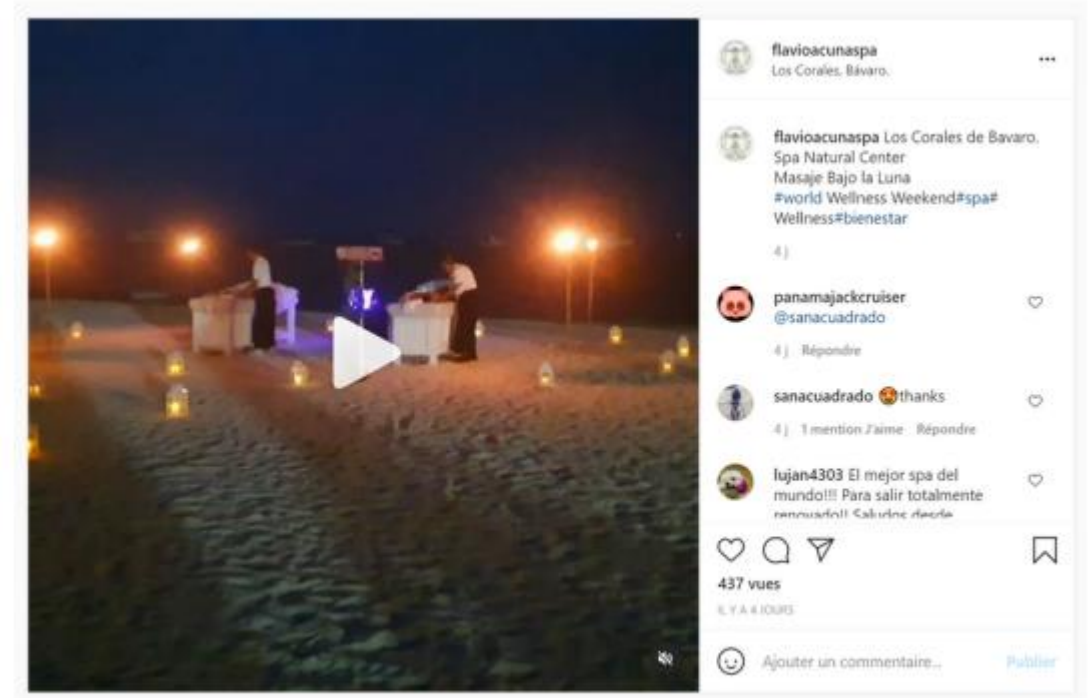
3:51 PM · 10 juin 2021 · Agorapulse app

USA

13 June 2021

Flavio Acuna Spa

https://www.instagram.com/p/CP_7L3GH9f0/



USA

13 June 2021

Vacayou

<https://twitter.com/vacayoutravel/status/1404152093439578114>

Vacayou



Argentina

15 June 2021

Asociación Americana de Spa

<https://www.instagram.com/p/CQHJjwiNox1/>



Canada

15 June 2021

Masso-Cie

<https://www.facebook.com/637250756380782/posts/3698389676933526>



Tout le monde Yoga 21 juin 2021
Conférence gratuite et classes de Maîtres d'ici et de France

Natasha St-Pier (Interprète et autrice du livre "Yoga pour parents débordés")

Scott Simons (Président de Organik Santé corporative)
Élodie Garamond (fondatrice de Tigre Yoga)
Hervé et Lidija Blondon (propriétaire de l'école yoga Satyam de Montréal)
Shabad Khalsa (grand maître de Kundalini)
Mélody Benhamou (fondatrice de Idolem Yoga chaud)
Patricia Nagelmackers (Cofondatrice Tayrona Yoga)
Jean-Guy De Gabriac (Fondateur du World Wellness Weekend)
Sophie Lymburner (Fondatrice de YogaTribes)

LE 21 JUIN 2021
09:00 HNE | 90 min.
(Heure de Québec, Canada)

YOGATribes **World Wellness Weekend**

https://plus.lapresse.ca/screens/f825b805-a8ec-467b-84c0-d81fa04c4563_7C_0.html?utm_content=ulink&utm_source=lpp&utm_medium=referral&utm_campaign=internal%20share&fbclid=IwAR38JICo5v-bFJKWgkYfftt3Tbh4DSCZXjJk7SQj8dGVWVO-YClAC68uvM8

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Édition du 18 juin 2021,
section ARTS ET ÊTRE, écran 12

JOURNÉE INTERNATIONALE DU YOGA YOGA POUR TOUS

C'est en format virtuel que se déroulera la Journée internationale du yoga, le 21 juin. En webdiffusion pour toute la francophonie, cet évènement, dont la marraine est Natasha St-Pier, qui a publié récemment le livre *Yoga pour parents débordés*, est organisé conjointement par Yoga Tribes et Le Week-end mondial du bien-être. Au programme de cette journée bien remplie : une conférence gratuite sur les bienfaits du yoga durant la pandémie mondiale, avec plusieurs invités issus de l'univers du yoga, dont M^{me} St-Pier, ainsi que des classes de maîtres sur divers thèmes (féminin sacré, flot du guerrier, méditation), guidées par des professionnels du yoga au Canada et en Europe (15 \$ chacune). Pour s'inscrire, il suffit

TOUS LES SPECTACLES SERONT DIFFUSÉS EN DIRECT

<https://googleads.g.doubleclick.net/page/ad...>

Canada

20 June 2021

Bien Magazine

<https://www.facebook.com/289967642536631/posts/289867249213337>



Bien Magazine
June 20 at 10:28 PM · 🌐

Bien Magazine est heureux de partager les activités de [World Wellness Weekend](#) et [YogaTribes](#). Pour participer à ces événements s'inscrire ici <https://www.yogatribes.com/.../9-journee-internationale.../>

Tout le monde Yoga

21 juin 2021

Conférence gratuite
et classes de Maîtres
d'ici et de France

MAÎTRISE
Natasha St-Pier
Interprète et autrice
"Yoga pour parents débordés"

EN LIGNE

MON, JUN 21
Journée Internationale du Yoga
66 people interested

☆ Interested

👍❤️ 2

Italy

21 June 2021

Vivo Mensile di Informazione Cultura e Benessere

VIVO
Mensile di Informazione Cultura e Benessere

WorldWellnessWeekend Il Movimento mondiale che divulga il Benessere



Cinzia Galletto

Il Movimento, che vede al oggi, il coinvolgimento di 130 nazioni, ha individuato i 5 pilastri fondamentali per il benessere: dormire bene, alimentarsi in modo sano e corretto, fare movimento e attività fisica, creare armoniosamente e fare ricerca interiore, solidarietà e inclusione. Esibitivo il servizio sul tema letto ma comprende trasformazioni degli stili di vita verso un futuro più sostenibile per l'uomo e per l'ambiente. Cinzia Galletto, la giornalista Regional per il Piemonte e la Liguria della squadra editoriale del World Wellness Weekend. "Per il mio primo anno in questo movimento internazionale, sono stan-

ta a coinvolgere per le celebrazioni del 18 e 19 Settembre, alcuni fra le più importanti e significative realtà territoriali e nazionali di ciascuna regione" ci dice. Inoltre le sue destinazioni turistiche che si evidenziano, si approntano a organizzare degli eventi di massa/Elenco con l'aiuto di divulgare la cultura del benessere a 100 grandi attrazioni i 5 pilastri citati sono i cardini importanti del Movimento mondiale.

Le tre destinazioni turistiche sono: "City of Wellness" - La città di Albino. La città della Riviera ligure di Doccia disastata (famosa per il suo "marcio" nel quale hanno lasciato tracce alcuni fra i nomi più famosi del mondo dello spettacolo e della cultura della nostra storia, sarà la City of Wellness 2021. Per il fine settimana del 18 e 19 settembre si appronta a partecipare al World Wellness Weekend con una serie di eventi e iniziative, per promuovere e divulgare la cultura del "benessere" da casa e terra.

"Village for Wellness" - Borgo Gran Madre Lifestyle. Uno dei quartieri più prestigiosi e rinomati di Torino ha scelto con orgoglio uno di World Wellness Weekend come "Borgo del Benessere". Per il fine settimana del 18 - 19 settembre delegato borgo ai piedi della collina torinese prenderà vita nel segno del

"wellness". Le vie del borgo si animeranno con spazi espositivi e aree dedicate a spettacoli, dimostrazioni e conferenze con l'aiuto di divulgare discipline, filosofie e arti afferenti al mondo del "benessere". "Beach of Wellness" - Capo Mile Beach. Uno fra i più più settori sensibili della Riviera ligure, reso per aver recuperato il giglio di mare e la collaborazione con l'Università di Genova, avrà dato vita al primo Museo della Spiaggia, organizzerà una serie di appuntamenti dedicati alla lingua e alla Modafarm sul mare. Galletto.



Piscine Naturali in Piemonte



Goja dal Pis (Almese)



Gufe di Gravot (Alice Sup.)



Orrido di Sant'anna (Cannobio)



Orrido di Sant'anna (Cannobio)

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www.vivomagazine.it

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South Africa

21 June 2021

Professional Beauty

<https://www.probeauty.co.za/post/sa-propertiesconfirm-participation-in-world-wellness-weekend>

PROFESSIONAL
beauty



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SA spa and wellness properties confirm participation in World Wellness Weekend



WWW 2020 – a 'wellie' by Anantara Al Baleed Resort Salalah

Several South African spa and wellness properties will be hosting free, safe and fun activities during World Wellness Weekend (WWW), which takes place on 18 and 19 September this year.

United States

22 June 2021

Club industry

<https://www.clubindustry.com/press-releases/5thannual-world-wellness-weekend-to-take-place-september-18-19-2021>

CLUB INDUSTRY

PRESS RELEASES

5th Annual World Wellness Weekend To Take Place September 18 & 19, 2021

by [External Company](#)
Jun 22, 2021 6:53pm

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Canada

23 June 2021

RMQ

https://www.rmqqmasso.ca/fr/nouvelles/actualites/details/la-medailedrargent-pour-le-rmq-au-championnat-mondial-de-massage-2022-copie1?fbclid=IwAR0HUpEmfyAqDyyZ9VzPhGaggg-1ySv76EIMjsrxwhyiMX_f9lwW0WF4-c

RMQ

ACTUALITÉS
ARTICLES

La médaille d'argent pour le RMQ au championnat mondial de massage 2021

23 juin 2021

Le 20 juin 2021, Phiane Duquet, fondatrice de L'école des Talents Spa Phiane Inc, représentante officielle du Canada et du RMQ a remporté la médaille d'argent dans la catégorie Bien-être / Wellness au championnat mondial de massage à Copenhague, organisé par The International Massage Association (IMA).



Son style unique du massage ancestral de La Gestuelle Yin-Yang® dont elle en est la créatrice et le KOBIDO® authentique du Dr Shogo Mochizuki, ont retenu l'attention particulière des juges de l'IMA. De nombreux participants de haut calibre à travers le monde, représentant chacun leur pays respectif, étaient au rendez-vous pour mettre à l'avant leurs talents et passion.

Tous ont gagné en réputation mondiale en participant, mais seulement vingt et une médailles de bronze, argent, et or ont été remises aux meilleures prestations des sept catégories.

Italy

24 June 2021

Giornale Sentire

https://www.giornalesentire.it/it/val-di-fiemme-world-wellnessweekend?fbclid=IwAR1zoFrubPXUs0QrqGce7-7D23IcPln9jsMzY8Zz74wL_kl6vMgV35QIfI8



VIAGGI & REPORTAGES

Malga Canvère, Val di Fiemme - foto:visittrentino

CONDIVIDI  

Il World Wellness Weekend in Val di Fiemme

dal 17 al 19 settembre 2021 appuntamenti in tutta la valle

Corona Perer - Il World Wellness Weekend si terrà in Val di Fiemme dal 17 al 19 settembre 2021. Sarà una full immersion nello stato di... Benessere.

USA

25 June 2021

Hotel Management

<https://www.hotelmanagement.net/human-resources/worldwellness-weekend-set-sept-18-19>

HUMAN RESOURCES

World Wellness Weekend set for Sept. 18-19

By Elaine Simon | Jun 25, 2021



The 5th edition of World Wellness Weekend will be a hybrid celebration. (World Wellness Weekend)

 Before COVID-19 shut down the world, World Wellness Weekend reached an audience of 224 million people in 98 countries. In 2020, the pro-bono celebration grew in 109 countries and 524 cities, now reaching more than 130 nations.



USA

28 June 2021

Day Spa Magazine

<https://www.dayspamagazine.com/news/eventcoverage/news/21533121/5th-annual-world-wellness-weekendcoming-this-september>



[HOME](#) > [NEWS](#) > [EVENT COVERAGE](#)

5th Annual World Wellness Weekend Coming This September

World Wellness Weekend will take place September 18-19, 2021, in more than 130 countries.

Jun 28th, 2021



Lates

Infecti
Your S

Jun 30th

4 Ways
Wellne

Jun 29th

How S
Emplo
Pande

Jun 28th

France

30 June 2021

Bar de l'économie

<https://www.facebook.com/383598025782511/videos/325228845895194>



Canada

June-July 2021

BIEN Magazine

<https://academie.massocie.com/wpcontent/uploads/2021/06/Bien-8-final-4-compressed.pdf>

BIEN



The poster for World Wellness Weekend 2021 features a blue and white color scheme. It includes four photographs: three women in athletic wear sitting on a wooden floor, two women in white athletic wear performing a yoga pose, two women hugging, and a group of people sitting on grass. The text 'QU'EST-CE QUE LE WORLD WELLNESS WEEKEND?' is followed by three numbered points. At the bottom, it says '2021 QUE DOIS-JE FAIRE POUR ÊTRE PRÊT LE 18-19 SEPT' and 'vous désirez vous impliquer et représenter votre ville? Devenez Ambassadeur Contactez-nous: admin@masso-cie.com'. A world map is also visible in the bottom right corner.

QU'EST-CE QUE LE WORLD WELLNESS WEEKEND?

- 1 Une initiative sans but lucratif pour vous rassembler avec d'autres afin de célébrer le bien-être avec des gens de partout à travers le monde, juste avant l'équinoxe!
- 2 Vous serez invités à participer à des activités créatives, inspirantes et gratuites. Des événements qui font la promotion de la santé et du bien-être, organisés par des professionnels à travers la planète
- 3 Prenons soin de nous et diffusons l'importance du bien-être autour de nous!

World Wellness Weekend

2021
QUE DOIS-JE FAIRE POUR
ÊTRE PRÊT LE 18-19 SEPT

vous désirez vous impliquer et représenter votre ville?
Devenez Ambassadeur
Contactez-nous:
admin@masso-cie.com

Canada

June-July 2021

BIEN Magazine

<https://academie.massociation.com/wpcontent/uploads/2021/06/Bien-8-final-4-compressed.pdf>

BIEN



Italy

Summer 2021

Esthetitaly

<https://www.esthetitaly.it/rivista-online-sfoglia/>

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HEALTH SPA

World Wellness Weekend BENESSERE PER TUTTI!



DAL 2017, IL WORLD WELLNESS WEEKEND PROMUOVE OGNI ANNO ATTIVITÀ SALUTARI, SCELTE DI VITA E DI BENESSERE QUOTIDIANO NEL TERZO FINE SETTIMANA DI SETTEMBRE. QUESTO EVENTO MONDIALE DIVENTERÀ DA QUEST'ANNO UN MOVIMENTO DI BENESSERE SOCIALE, CONTRIBUENDO COSÌ AD UN WELLNESS PIÙ CONSAPEVOLE E ISPIRANDO MILIONI DI PERSONE IN TUTTO IL MONDO A SCOPRIRE E PRATICARE SANI STILI DI VITA.



Jean-Guy de Gabriac

Ho il piacere e l'onore da quest'anno di essere Ambasciatore, insieme ad altri illustri colleghi, del **World Wellness Weekend, movimento internazionale del benessere**, supportato da oltre 60 organizzazioni internazionali e in linea con il SDG3 delle Nazioni Unite (buona salute e benessere per tutti), celebrato in 943 città (129 paesi) e con 1.833 strutture che organizzano attività di benessere e divertimento gratuite per appassionati locali e turisti. Questo incarico mi ha dato anche la possibilità e il piacere di conoscere **Jean-Guy de Gabriac, suo fondatore**, esperto consulente, innovatore ed educatore del wellness team nel settore SPA & Hospitality, al quale ho chiesto di condividere e di spiegarci tutti i nuovi valori che da quest'anno il World Wellness Weekend (o WW) rappresenta.

Alla luce dei vari cambiamenti che stiamo vivendo in questi ultimi mesi, anche World Wellness Weekend abbraccia il rinnovamento in corso. Nel 2021 perciò questo evento mondiale diventerà un movimento di benessere sociale, con il preciso intento di rendere educazione, condivisione, consapevolezza, entusiasmo e coinvolgimento al benessere quotidiano ancora più contagiosi. In che modo? Ponendo il focus su 5 pilastri fondamentali: sonno e creatività, nutrizione e serenità, movimento e vitalità, consapevolezza e serenità, senso dello scopo e solidarietà - ciò che abbiamo vissuto nel 2020 costringe tutto il settore Wellness e SPA a ripensarsi. Occorre, ad esempio, passare da una cultura basata su produttività a servizi a precise strategie che puntino su programmi bellezza/benessere di 2 o 3 mesi. Fondamentale è la formazione continua dei team, incorporando tecniche per canalizzare lo stress e gestire l'ansia. In questo senso rilassamento, soft wellness, yoga, meditazione sono solo alcuni aspetti che vale la pena implementare.



United Kingdom

July 2021

Professional Beauty DIARY DATES

Diary dates

// September 18-19
World Wellness Weekend
International
The event encourages spas to host an activity that demonstrates the power of wellness, with more than 120 countries taking part.
world-wellness-weekend.org

SEPTEMBER
NORTH
MANCHESTER CENTRAL
26-27 SEPTEMBER 2021

// September 26-27
Professional Beauty North
Manchester Central
The largest beauty exhibition in the North returns, with launches, business seminars, competitions and more.
020 7351 0536
professionalbeauty.co.uk/north

// October 17
Professional Beauty and World Spa & Wellness Awards
London
The industry's biggest party is back. This black-tie event will celebrate the best beauty, spa and nail businesses and individuals.
020 7351 0536
professionalbeauty.co.uk/awards

// October 17-18
Professional Beauty London
ExCeL London
The flagship show from the PB Group will return bigger, running alongside Salon International. There will be conferences and seminars for beauty, spa, nails, aesthetics and more.
020 7351 0536
professionalbeauty.co.uk/london

// November 7-8
Professional Beauty & HJ Live Ireland
CityWest Dublin
Join Ireland's biggest beauty, hair and spa trade show.
020 7351 0536
professionalbeauty.ie

PROFESSIONAL SHOW & AWARDS 2021
beauty
professionalbeauty.co.uk

Argentina

July 2021

Beats Radio

<https://www.youtube.com/watch?v=gPe8loe-95A>



July 2021

Spa A

<https://mailchi.mp/cc27fd942da6/un-cadeau-pour-la-fte-des-mres13424979?e=4cea0f4e44>



Italy

1 July 2021

Lulop.com

https://fnb.lulop.com/it_IT/post/show/214681/a-val-di-fiemme-e-laprima-val.htm



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ALTRO

LUGLIO 01, 2021 - VAL DI FIEMME

A VAL DI FIEMME È LA PRIMA VALLE A PARTECIPARE AL WORLD WELLNESS WEEKEND

Val di Fiemme-Trentino, un weekend internazionale cambia il concetto di wellness

La valle trentina circondata dalle Foreste dei Violini è il primo territorio che fa parte del Word Wellness Weekend. Dal 17 al 19 settembre 2021 attività ed eventi creeranno un "accordo" uomo-natura in sintonia con 120 Paesi.

Fiemme è la prima Valle a partecipare al Word Wellness Weekend (WWW), un evento internazionale che si svolge contemporaneamente in più di 120 Paesi del mondo nel terzo weekend di settembre, poco prima dell'Equinozio che è simbolo di armonia perché il giorno e la notte si equivalgono. Per questa rete internazionale il concetto di wellness abbraccia un concetto di #Benessere a 360 gradi. È un #Benessere sia fisico sia mentale: un equilibrio tra anima e corpo che trae energia anche dall'altruismo e dall'eco-sostenibilità.

La #valdifiemme si estende fra le Foreste dei Violini, dove cresce l'abete di risonanza ricercato dai liutai di tutto il mondo, e fra le Dolomiti UNESCO del Trentino. Dalla primavera all'autunno Fiemme è un'immensa spa a cielo aperto che invita a rigenerarsi in armonia con la #natura, anche grazie a una scelta fra 70 esperienze guidate che rimettono in movimento esplorando, osservando e meditando. A farne il luogo ideale come terra del #Benessere sociale, sono le numerose associazioni attive per la valle e promotrici di attività sportive e di azioni solidali.

Il progetto è stato illustrato durante una conferenza online da **Paolo Gilmozzi** e **Giancarlo Cescatti**, rispettivamente presidente e direttore dell'Azienda per il Turismo #valdifiemme, con **Riccardo Turri**, Ceo della Starpool di Ziano di Fiemme, l'azienda creatrice di ecosistemi di #Benessere e promotrice del WWW in #valdifiemme. In collegamento **Jean Guy de Gabriac**, fondatore del #worldwellnessweekend, e **Régis Boudon-Doris**, ambasciatore in Italia del #worldwellnessweekend.

"La #valdifiemme può essere un'immensa spa - ha premesso il presidente ApT Val di Fiemme Paolo Gilmozzi - e il Word Wellness Weekend proporrà attività per tutti, messe in campo dall'ApT, dagli operatori turistici, dalle aziende e dall'associazionismo locale. L'idea nasce da un confronto con Riccardo Turri dove è sorta questa domanda: perché il wellness non può abbracciare un intero territorio?".

Dominican Republic

29 July 2021

Punta TV Cana

<https://fb.watch/73onjCObTF/>



23 August 2021

<https://www.ihrsa.org/about/media-center/press-releases/5th-annual-world-wellness-weekend-to-boost-vitality-serenity-immunity-solidarity/>

Join us at IHRSA 2021 in Dallas, TX on October 13-15. Learn more and book your spot today! →

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5th Annual World Wellness Weekend to Boost Vitality, Serenity, Immunity & Solidarity

“Wellness is not just a decision you take to improve your mental & physical health, it is an act of influence to inspire those around you to become the best version of themselves.”

Member Submission • August 23, 2021

New Software Features

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August 19, 2021—Before COVID-19 shut down the world, World Wellness Weekend (WWW) reached an audience of 224 million people in 98 countries. In 2020, the pro-bono celebration grew in 109

ITALY

<https://www.colorami.space/index.php/2021/08/03/world-wellness-weekend-due-giorni-free-pass-benessere/?fbclid=IwAR3pKJdOjLNieol1TDt78xFloOfUHvxzftRhtuJ2s-7xXCmBWuY6IL1qUpA>

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WORLD WELLNESS WEEKEND, DUE GIORNI FREE PASS BENESSERE

 MONIQUE

3 AGOSTO 2021 AT 07:00

34 VIEWS

0 COMMENTS



Offerte esclusive per esperienze wellness e benessere, free-pass per la palestra, sessioni di yoga gratuite... Benvenuti nella due giorni di **World Wellness Weekend**, la **celebrazione mondiale del benessere**, in programma il 18 e il 19 settembre 2021.

Quest'anno l'**agenda di appuntamenti gratuiti dell'evento** è **ricchissima**. Vi permetterà di fare nuove scoperte nel mondo del wellness. Con nuove esperienze che vi avvicineranno a sport e attività che conoscete già o avete sempre sognato di praticare.

PRENO
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SEARCH

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SEARCH

HOME>WORLD WELLNESS WEEKEND 2021: APPUNTAMENTO IN VAL DI FIEMME, TERRA DI BENESSERE, DAL 17 AL 19 SETTEMBRE

AGOSTO 02, 2021 - VAL DI FIEMME

WORLD WELLNESS WEEKEND 2021: APPUNTAMENTO IN VAL DI FIEMME, TERRA DI BENESSERE, DAL 17 AL 19 SETTEMBRE

Per tre giorni, dall'alba al tramonto, la [#valdifiemme](#) mostrerà la sua natura di terra del [#Benessere](#). Un evento in sicurezza, nelle Dolomiti Trentine, definite Spa a cielo aperto in un territorio che vanta 60 milioni di alberi, dove respirare aria pulita e sicura. In programma attività ed eventi capaci di creare un accordo profondo fra uomo e ambiente secondo i 5 pilastri del [#worldwellnessweekend](#): riposo e creatività, nutrizione e immunità, movimento e vitalità, mindfulness e serenità, motivazione e solidarietà. Convention, escursioni tra le Dolomiti patrimonio UNESCO, danze, aperitivi fioriti e percorsi [#Benessere](#) in e outdoor si uniranno a iniziative in hotel e aziende, laboratori nella natura con gli animali, healthy menù stellati e osservazioni stellari. In contemporanea anche tre grandi eventi nell'evento: il Fiemme Namasté Festival, Fiemme senz'Auto e i Campionati del Mondo di Skiroll.

Val di Fiemme, 2 agosto 2021_ Il [#Benessere](#) scorre come linfa naturale nel territorio della Val di Fiemme, dove lo stare bene non è un lusso, ma una pratica accessibile e quotidiana e dove si può respirare aria pulita e sicura.

Spa a cielo aperto adagiata tra le **Dolomiti trentine Patrimonio UNESCO** e i parchi di Paneveggio Pale di San Martino e del Monte Corno, la valle è ricca di oltre **60 milioni di alberi** (3.000 pro capite) gestiti dal 1111 dalla **Magnifica Comunità di Fiemme**. Tra i **territori più virtuosi d'Italia**, è un **distretto delle rinnovabili** che autoproduce energia pulita, in cima anche alle classifiche di corretta gestione della raccolta differenziata. A livello sociale può contare su oltre **300 associazioni** attive sul territorio, che è anche un **polo produttivo unico in Italia** per la sua capacità di trasformare il [#Benessere](#) in motore economico. Fiemme vanta anche uno dei **musei outdoor più "quotati" al mondo**, raggiungibile tramite una "**seminovia**", una seggiovia che semina biodiversità. Patria sportiva dalla lunga tradizione, sarà tra i protagonisti dei prossimi **Giochi Olimpici Milano Cortina 2026**.

Non è un caso, quindi, se proprio la [#valdifiemme](#) sarà il primo e unico territorio al mondo a far parte del [#worldwellnessweekend](#)

 SCARICA TUTTO

 CONDIVIDI

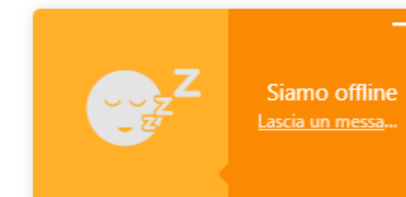
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#EVENT #SPORT #GREEN #BENESSERE
#VALDIFIEMME #HEALTH
#WORLDWELLNESSWEEKEND

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LUGLIO 01, 2021 - VAL DI Fiemme

A VAL DI Fiemme È LA PRIMA VALLE A PARTECIPARE AL WORLD WELLNESS WEEKEND

Val di Fiemme-Trentino, un weekend internazionale cambia il concetto di wellness

La valle trentina circondata dalle Foreste dei Violini è il primo territorio che fa parte del Word Wellness Weekend. Dal 17 al 19 settembre 2021 attività ed eventi creeranno un "accordo" uomo-natura in sintonia con 120 Paesi.

Fiemme è la prima Valle a partecipare al Word Wellness Weekend (WWW), un evento internazionale che si svolge contemporaneamente in più di 120 Paesi del mondo nel terzo weekend di settembre, poco prima dell'Equinozio che è simbolo di armonia perché il giorno e la notte si equivalgono. Per questa rete internazionale il concetto di wellness abbraccia un concetto di **#Benessere** a 360 gradi. È un **#Benessere** sia fisico sia mentale: un equilibrio tra anima e corpo che trae energia anche dall'altruismo e dall'eco-sostenibilità.

La **#valdifiemme** si estende fra le Foreste dei Violini, dove cresce l'abete di risonanza ricercato dai liutai di tutto il mondo, e fra le Dolomiti UNESCO del Trentino. Dalla primavera all'autunno Fiemme è un'immensa spa a cielo aperto che invita a rigenerarsi in armonia con la **#natura**, anche grazie a una scelta fra 70 esperienze guidate che rimettono in movimento esplorando, osservando e meditando. A farne il luogo ideale come terra del **#Benessere** sociale, sono le numerose associazioni attive per la valle e promotrici di attività sportive e di azioni solidali.

Il progetto è stato illustrato durante una conferenza online da **Paolo Gilmozzi** e **Giancarlo Cescatti**, rispettivamente presidente e direttore dell'Azienda per il Turismo **#valdifiemme**, con **Riccardo Turri**, Ceo della Starpool di Ziano di Fiemme, l'azienda creatrice di ecosistemi di **#Benessere** e promotrice del WWW in **#valdifiemme**. In collegamento **Jean Guy de Gabriac**, fondatore del **#worldwellnessweekend**, e **Régis Boudon-Doris**, ambasciatore in Italia del **#worldwellnessweekend**.

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World Wellness Weekend Italia

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Capo Mele (SV)

WORLD WELLNESS WEEKEND realizza il sogno di John Lennon

18-19 settembre il mondo si dà appuntamento nel segno del benessere



Foto di Fabrizia Postiglione

"Imagine there's no countries ... Imagine all the People sharing all the world.... I hope someday you'll join us and the world will live as one "

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WORLD WELLNESS WEEKEND
realizza il sogno di John Lennon

"Imagine there's no countries ... Imagine all the People sharing all the world.... I hope someday you'll join us and the world will live..."



Alle origini della vacanza
"benessere" – ALASSIO

WorldWellnessWeekend

Il Movimento mondiale che divulga il Benessere



Cinzia Galletto

Il Movimento, che vede ad oggi, il coinvolgimento di 131 nazioni, ha individuato 15 pilastri fondamentali per il benessere: dormire bene, alimentarsi in modo sano e corretto, fare movimento e attività fisica, crescere consapevolmente e fare ricerca interiore, solidarietà e inclusione. L'obiettivo è arrivare ad una lenta ma consapevole trasformazione degli stili di vita verso un futuro più sostenibile per l'uomo e per l'ambiente. Cinzia Galletto, è l'ambasciatrice Regionale per il Piemonte e la Liguria della squadra azzurra del World Wellness Weekend. "Per il mio primo anno in questo movimento internazionale, sono riusci-

ta a coinvolgere per le celebrazioni del 18 e 19 Settembre, alcune fra le più importanti e significative realtà territoriali e turistiche di ciascuna regione" ci dice. Inoltre le tre destinazioni turistiche che si clencherò, si apprestano a organizzare degli eventi di mindfulness con l'obiettivo di divulgare la cultura del benessere a 360 gradi attraverso i 5 pilastri citati sopra cardini importanti del Movimento mondiale.

Le tre destinazioni turistiche sono: "City of Wellness" - La città di Alassio. La città della Riviera ligure di Ponente diventata famosa per il suo "murello" sul quale hanno lasciato traccia alcuni fra i nomi più rilevanti del mondo dello spettacolo e della cultura della nostra storia, sarà la City of Wellness 2021. Per il fine settimana del 18 e 19 settembre si appresta a partecipare al World Wellness Weekend con una serie di eventi e iniziative per promuovere e divulgare la cultura del "benessere" fra mare e terra.

"Village for Wellness" - Borgo Gran Madre LifeStyle. Uno dei quartieri più prestigiosi e rinomati di Torino ha aderito con entusiasmo al World Wellness Weekend come "Borgo del Benessere". Per il fine settimana del 18 - 19 settembre l'elegante borgo ai piedi della collina torinese prenderà vita nel segno del

"wellness". Le vie del borgo si animeranno con spazi espositivi e aree dedicate a spettacoli, dimostrazioni e conferenze con l'intento di divulgare discipline, filosofie e arti afferenti al mondo del "benessere".

"Beach of Wellness" - Capo Mele Beach. Uno fra i lidi più anticonvenzionali della Riviera ligure, noto per aver recuperato il giglio di mare e in collaborazione con l'Università di Genova, aver dato vita al primo Museo della Spiaggia, organizzerà una serie di appuntamenti dedicati allo Yoga e alla Mindfulness sul mare. G.Boc



Piscine Naturali in Piemonte



Goja dal Pis (Almese)



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Orrido di Sant'anna (Cannobio)

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Home > Econote presenta > Eventi > World Wellness Weekend 2021 dal 17 al 19 settembre La Val di Fiemme protagonista



Il benessere scorre come linfa naturale nel territorio della **Val di Fiemme**, dove lo stare bene non è un lusso, ma una pratica accessibile e quotidiana e dove si può respirare aria pulita e sicura.

ITALY

<https://www.econote.it/2021/08/03/world-wellness-weekend-2021-dal-17-al-19-settembre-la-val-di-fiemme-protagonista/?fbclid=IwAR0DRItBPTWGGoQ4PvUuOBdBqKJEAjM8hMcAK-Tk3ghZKtwxC-eweFdqPQs>

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Home ▸ Centro America e Caraibi ▸ PERSONAGGI DELLA RD | Flavio Acuña, lo sciamano di Bavaro

Nel mondo Centro America e Caraibi

PERSONAGGI DELLA RD | Flavio Acuña, lo sciamano di Bavaro [FOTO]

E' al timone della più prestigiosa spa della Repubblica Dominicana. L'ha creata lui stesso oltre vent'anni fa in un rigoglioso giardino di Bavaro e si è meritata il rispetto di centinaia di acciaccati zoppicanti sderenati provenienti da tutta l'isola e non solo (qualcuno arriva dagli Stati Uniti)

di **Graziella Carrera** - martedì 03 Agosto 2021

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VIETNAM

<https://leisure-travel.vn/travel/travel-news/alba-wellness-valley-by-fusion-general-manager-and-wellness-spa-director-joined-world-wellness-weekends-as-ambassadors-in-vietnam/>



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Alba Wellness Valley By Fusion General Manager and Wellness & Spa Director joined World Wellness Weekend's as ambassadors in Vietnam

Posted By: Quynh Nga on: 05/08/2021 In: Travel News Tags: Alba Wellness Valley By Fusion, Wellness & Spa

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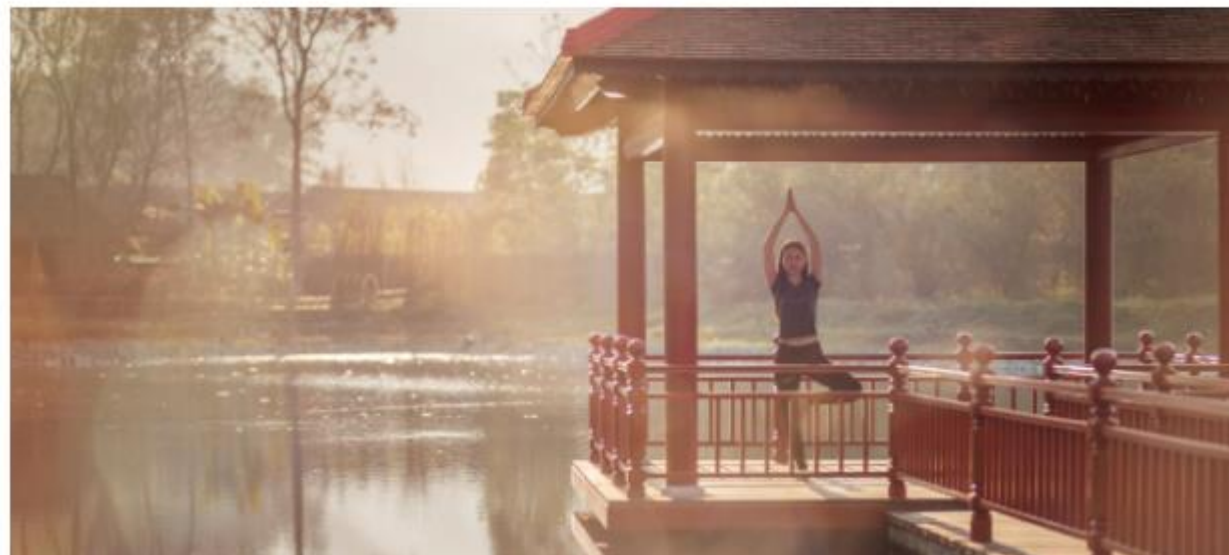
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5th Annual World Wellness Weekend is going to take place on September 18 and 19, 2021.

As a well-engaging to the event, Mr. Hylton Lipkin, general manager of Alba Wellness Valley by Fusion and Mr. Nyoman Yastama, the resort's wellness & spa director, have been titled as World Wellness Weekend's first ambassadors in Vietnam.



VIETNAM

<https://leisure-travel.vn/du-lich/tin-tuc-du-lich/tong-quan-ly-alba-wellness-valley-by-fusion-cung-giam-doc-wellness-spa-lam-dai-su-cho-ngay-cuoi-tuan-suc-khoe-the-gioi-2021-tai-viet-nam/>

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Tổng quản lý Alba Wellness Valley By Fusion cùng Giám đốc Wellness & Spa làm đại sứ cho Ngày Cuối Tuần Sức Khỏe Thế Giới 2021 tại Việt Nam

Posted By: Quỳnh Nga on: 05/08/2021 In: Tin tức du lịch Tags: Alba Wellness Valley By Fusion, Giám đốc Wellness & Spa In Email

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Ngày cuối tuần Sức khỏe Thế Giới lần thứ 5 – World Wellness Weekend – đang được phát động trên toàn cầu và diễn ra vào ngày 18 & 19 tháng 9 tới.

Theo đó, ông Hylton Lipkin – Tổng quản lý và Nyoman Yastama – giám đốc sức khỏe và spa của Alba Wellness By Fusion ở Huế, đã được ban tổ chức World Wellness Weekend chọn làm đại sứ đầu tiên của chương trình tại Việt Nam.



Trong vai trò đại sứ, ông Hylton và Nyoman sẽ thúc đẩy kế hoạch hoạt động tại các khu nghỉ dưỡng và khách sạn trong tập đoàn, khuyến khích nhân viên, du khách và mọi cá nhân tập luyện và tìm hiểu 5 yếu tố chính của sức khỏe, bao gồm giấc ngủ và sự sáng tạo, dinh dưỡng và miễn dịch, vận động và sức sống, chánh niệm và thanh thân, ý thức mục đích và đoàn kết. Đại sứ cũng có nhiệm vụ kêu gọi tổ chức, các trung tâm thể dục thể thao, trường học, các cơ quan địa phương cùng tham gia, hỗ trợ, làm lan tỏa tinh thần và truyền thông về ý thức chăm sóc, bảo vệ sức khỏe.

Hotel & Resort

Alba Wellness Valley by Fusion có hai Đại sứ cho ngày cuối tuần sức khỏe thế giới tại Việt Nam

Ngày cuối tuần Sức khỏe Thế Giới lần thứ 5 – World Wellness Weekend – đang được phát động trên toàn cầu và diễn ra vào ngày 18 & 19 tháng 9 tới. Theo đó, ông Hylton Lipkin – Tổng quản lý và Nyoman Yastama – giám đốc sức khỏe và spa của Alba Wellness By Fusion ở Huế, đã được ban tổ chức World Wellness Weekend chọn làm đại sứ đầu tiên của chương trình tại Việt Nam.

Tin bài liên quan

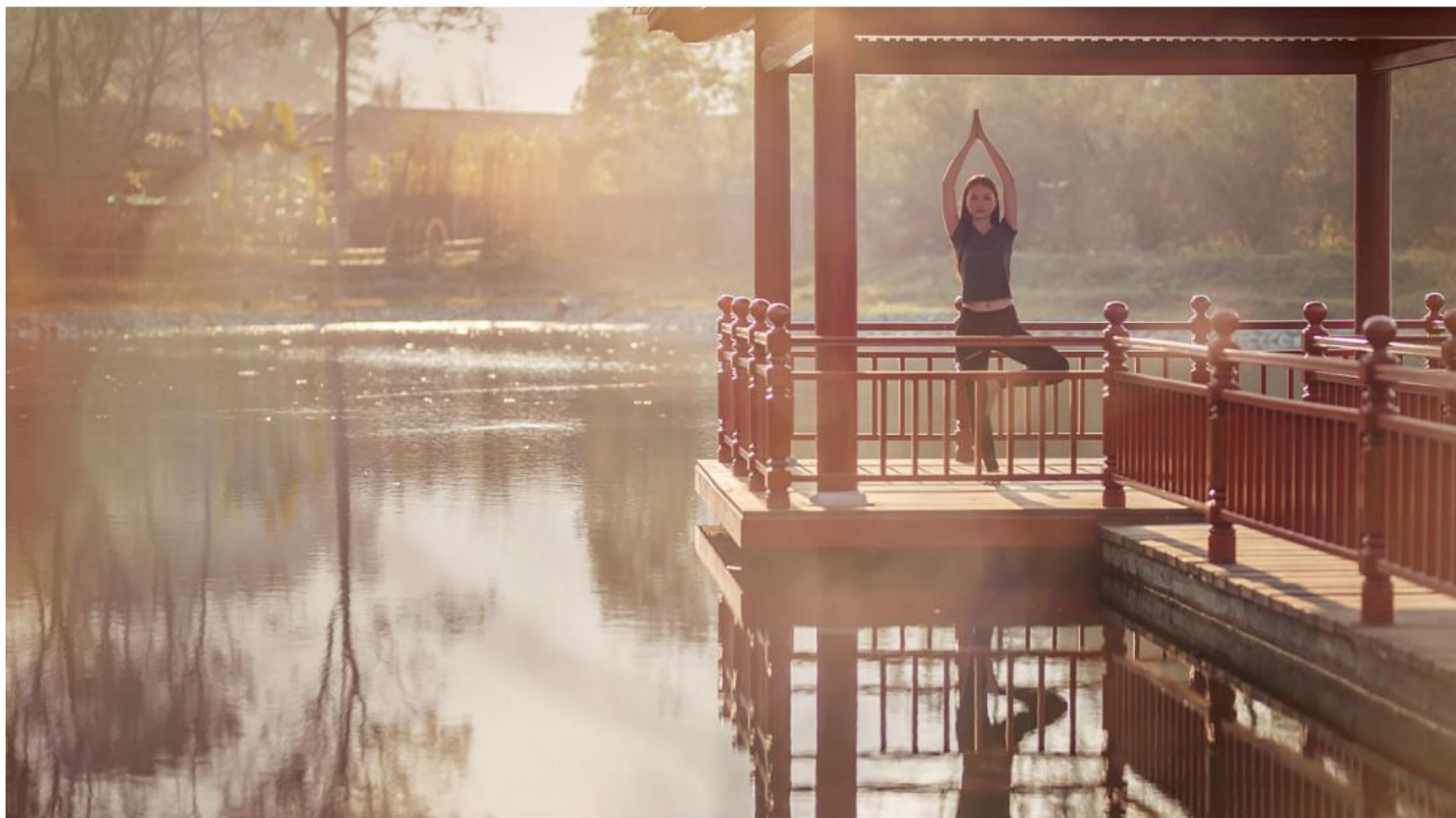
- Fusion trở thành tập đoàn khách sạn và nghỉ dưỡng đầu tiên tại Việt Nam cam kết sử dụng hoàn toàn trứng gà nuôi thả
- Fusion Resort Phú Quốc: Kỳ nghỉ chốn thiên đường
- “Nàng công chúa ngủ trong rừng” Alba Wellness Resort

Trong vai trò đại sứ, ông Hylton và Nyoman sẽ thúc đẩy kế hoạch hoạt động tại các khu nghỉ dưỡng và khách sạn trong **tập đoàn Fusion**, khuyến khích nhân viên, du khách và mọi cá nhân tập luyện và tìm hiểu 5 yếu tố chính của sức khỏe, bao gồm giấc ngủ và sự sáng tạo, dinh dưỡng và miễn dịch, vận động và sức sống, chánh niệm và thanh thân, ý thức mục đích và đoàn kết. Đại sứ cũng có nhiệm vụ kêu gọi tổ chức, các trung tâm thể dục thể thao, trường học, các cơ quan địa phương cùng tham gia, hỗ trợ, làm lan tỏa tinh thần và truyền thông về ý thức chăm sóc, bảo vệ sức khỏe.



<https://vietnamgolfmagazine.net/vi/tong-quan-ly-alba-wellness-valley-by-fusion-cung-giam-doc-wellness-spa-lam-dai-su-cho-ngay-cuoi-tuan-suckhoe-the-gioi-2021-tai-viet-nam>

<https://www.wowweekend.vn/en/blog/Tong-quan-ly-Alba-Wellness-Valley-by-Fusion-cung-Giam-doc-Wellness-Spa-lam-dai-su-cho-ngay-cuoi-Suc-khoe-The-Gioi-2021-1741>



Alba Wellness Valley by Fusion General manager and Wellness & Spa Director joined World Wellness Weekend's as ambassadors in Vietnam

by Fusion Hotel Group
photo by Fusion Hotel Group

World Wellness Weekend : des activités gratuites partout dans le monde pour renouer avec le bien-être



Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021. / Anton Watman / Shutterstock

Nos dernières vidéos

Toulouse : premier repas avec pass sanitaire dans les restaurants du centre-ville



Bien-être Publié le 09/08/2021 à 17:15

(ETX Daily Up) - Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière, et sans aucun doute très attendue, que le World Wellness Weekend fera son retour les 18 et 19 septembre, avec des activités gratuites à découvrir aux quatre coins du globe pour (re)trouver une certaine sérénité et aborder la rentrée du bon pied. A vos agendas !

<https://www.ladepeche.fr/2021/08/09/world-wellness-weekend-des-activites-gratuites-partout-dans-le-monde-pour-renouer-avec-le-bien-etre-9723157.php>

I protagonisti Italiani del World Wellness Weekend

Torino fra i protagonisti con il Borgo Gran Madre che diventa Village of Wellness



World Wellness Weekend è un movimento mondiale votato alla divulgazione della cultura del benessere. Quest' anno, giunto alla sua quinta edizione, prenderà vita in tutto il mondo durante il fine settimana del 18 -19 settembre, ma l'intenzione è quella di trasformare ogni weekend dell'anno in un'occasione di "benessere" condiviso.

Ecco un video con tutti protagonisti italiani

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"Imagine there's no countries ... Imagine all the People sharing all the world... I hope someday you'll join us and the world will live..."



Alle origini della vacanza "benessere" - ALASSIO



Il turismo termale e medicale al centro dell'era post Covid

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HOME / LIFE

World Wellness Weekend: Free activities around the world to help you reconnect with your well-being

Tuesday, 10 Aug 2021 09:23 AM MYT



World Wellness Weekend takes place September 18 & 19. — Shutterstock pic

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LOS ANGELES, Aug 10 — The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!



IN LIFE

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JEAN-GUY
DE GABRIAC

BY JANA MANOLAKOS

Wellness is more than just improving your mental and physical health. It is an act of influence to inspire others to become the best version of themselves – a belief held passionately by Jean-Guy de Gabriac, founder of World Wellness Weekend. Launched in 2017, as a global movement to increase awareness of healthy lifestyles, this year the event will be held September 18 and 19 in over 130 countries and 950 cities.

De Gabriac is a perpetual motion machine, whose experience and knowledge across the spa, wellness and hospitality spectrum is phenomenal. He is the CEO of Tip Touch International, an award-winning consultancy and education company specializing in the guest experience for the hospitality and spa industries. He holds a bachelor degree in marketing and communications and once worked at Paramount Studios in Los Angeles.

What ignited your passion for wellness?

As a seven-year-old, I wondered why some people had such great energy, while others were simply plodding through life. After I had two motorcycle accidents, I was introduced to Reiki and it opened my eyes. I realized I wanted to work with energy flows and was lucky to meet dynamic people who introduced me to massage and the spa community. I've seen a growing number of therapists embracing ancient Eastern practices, studying reiki and shiatsu, and learning about unique energy practices.

I'm fascinated by physiology, meridians, pressure points and

Vedic Akashic fields. I questioned how we might improve someone's energy balance and help them be their best, beyond hands-on treatment. There are different techniques that can restart the energy, the vitality, and it's something I wanted to share. As a symbol of our connection to each other, World Wellness Weekend can open the door to greater synchronicity and the universe. I encourage you to listen to your inner selves, to probe for these messages in your clients as you treat them.

Do spas have a responsibility as beacons of wellness?

When you see that well-being is ranked third out of the 17 most important sustainability goals identified by the United Nations, and you think about the suffering, the poverty, illness and stress that exist in the world today, you soon realize our profession does have a responsibility. There are so many opportunities for spas, fitness centres, hotels and resorts. Are we looking at our clients holistically using the five pillars of health as a lens, or are we missing out through complacency and an unwillingness to invest in the development of our therapists so they can help their clients, their communities and themselves become their best?

What effect has the pandemic had?

The pandemic has turned the world upside down. Social distancing has been particularly difficult and our clients are hungry for more meaningful interactions that help boost mindfulness, better nutrition, movement and vitality, improved sleep and a sense of purpose – the five pillars of wellness. Massage therapists, estheticians, fitness and nutrition counsellors, and wellness practitioners have an opportunity and an obligation to partner with the medical community and others to work toward better prevention and strengthening the immune system. I recently saw a photo of a surgeon and nurses and an anesthetist, who were just about to go into the operating room, holding hands and doing Reiki together.

What are your hopes for World Wellness Weekend?

As we move through the pandemic, and have to learn to live as well as possible with the virus and its variants, let's encourage people to switch to healthier lifestyles, and to feel the joy of being well. As we all adjust to a new normal, let's make enthusiasm "safely contagious". Let's encourage guests to join classes, workshops, retreats during the year. Let's build our client relationships, boost return visits, nurture employee moral and so much more. It's not just an event in September – from sunrise in Fiji until sunset in Hawaii, it's a planetary movement. It's not just one weekend – I hope that wellness enthusiasts or "weekenders" will visit our website (wellmap.org) and be inspired all year long by Weekends of Wellness.

Why did you choose the timing of World Wellness Weekend to fall each year on the Autumn Equinox?

The Equinox symbolizes the harmony of work and life as it is a moment in the year where day and night hours are equal. It's fall in the northern hemisphere, a time when people enjoy nature's glorious colours.

<https://www.navigator.com.vn/post/dai-dien-tap-doan-fusion-tro-thanh-dai-su-trong-su-kien-suc-khoe>

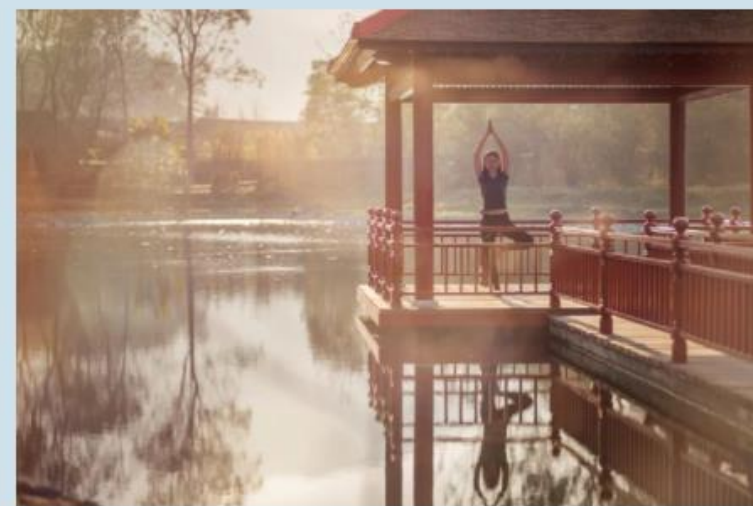


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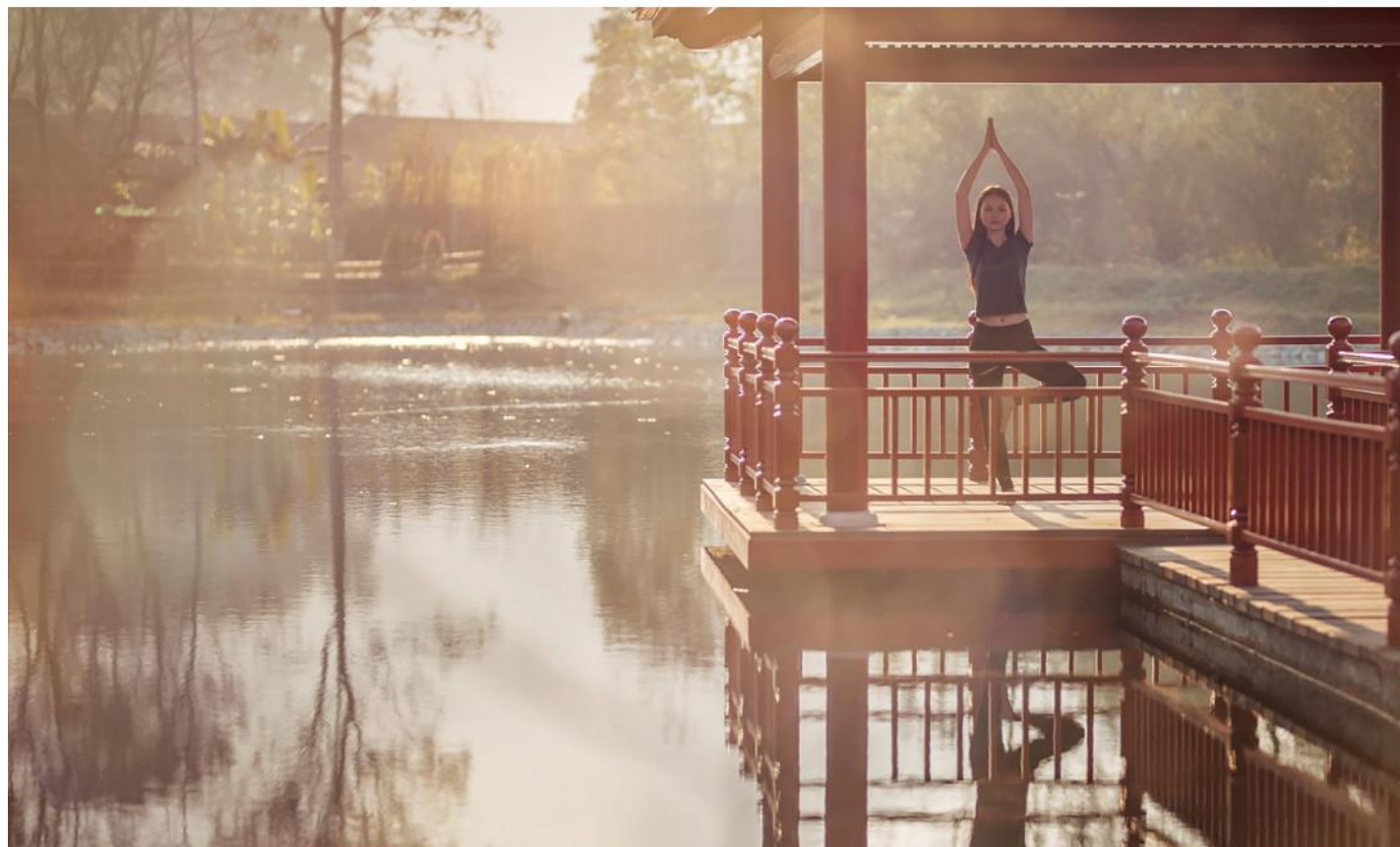
Đại diện tập đoàn Fusion trở thành đại sứ trong sự kiện sức khỏe

Theo đó, ông Hylton Lipkin, tổng quản lý và Nyoman Yastama, giám đốc sức khỏe và spa của Alba Wellness Valley by Fusion ở Huế, đã được ban tổ chức World Wellness Weekend chọn làm đại sứ đầu tiên tại Việt Nam.



Trong vai trò đại sứ, ông Hylton và Nyoman sẽ thúc đẩy kế hoạch hoạt động tại các khu nghỉ dưỡng và khách sạn trong tập đoàn, khuyến khích nhân viên, du khách và mọi cá nhân tập luyện và tìm hiểu 5 yếu tố chính của sức khỏe, bao gồm giấc ngủ và sự sáng tạo, dinh dưỡng và miễn dịch, vận động và sức sống, chánh niệm và thanh thân, ý thức mục đích và đoàn kết. Đại sứ cũng có nhiệm vụ kêu gọi tổ chức, các trung tâm thể dục thể thao, trường học, các cơ quan địa phương cùng tham gia, hỗ trợ, làm lan tỏa tinh thần và truyền thông về ý thức chăm sóc, bảo vệ sức khỏe.

<https://www.wowweekend.vn/vi/blog/Tong-quan-ly-Alba-Wellness-Valley-by-Fusion-cung-Giam-doc-Wellness-Spa-lam-dai-su-cho-ngay-cuoi-Suc-khoe-The-Gioi-2021-1741?v=thumview>



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Alba Wellness Valley
by Fusion cùng Giám

https://sg.news.yahoo.com/world-wellness-weekend-free-activities-123540401.html

World Wellness Weekend: free activities around the world to help you reconnect with your well-being

Mon, 9 August 2021, 2:35 pm - 3-min read

World Wellness Weekend takes place September 18 & 19.

The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!

If you've always thought that yoga might be the perfect activity to improve your well-being, but never dared to take the plunge, the World Wellness Weekend is for you. The event is offering free trials of hundreds of activities around the world so that everyone can find the one that suits them best in their daily life.

Taking place on September 18 and 19 in some 130 countries -- 950 cities and nearly 1,500 establishments, this fifth edition is coming at a particularly important time in the midst of a global pandemic. Over the past year and a half, numerous studies have revealed some of the damage the health crisis has had on our state of well-being, from sleep disorders to sedentary lifestyle, changes in our eating habits, and more generally by fractured and fragile states of mental health. More than ever, this weekend seems to come at the right moment to allow as many people as possible to find vitality and serenity.

The five pillars of well-being

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WORLD WELLNESS WEEKEND : DES ACTIVITÉS GRATUITES POUR RENOUER AVEC LE BIEN-ÊTRE

PAR FEMMES MAGAZINE | 16/08/2023 | STYLE / HEALTHY / SANTÉ



Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière, et sans aucun doute très attendue, que le World Wellness Weekend fait son retour les 18 et 19 septembre, avec des activités gratuites à découvrir aux quatre coins du globe pour (re)trouver une certaine sérénité et aborder la rentrée du bon pied. A vos agendas !

Vous vous êtes toujours dit que le yoga était l'activité idéale pour améliorer votre bien-être, mais n'avez jamais osé sauter le pas. Cela tombe bien, le World Wellness Weekend - ou Weekend Mondial du Bien-être - offre la possibilité de tester gratuitement des centaines d'activités partout dans le monde pour permettre à chacun de trouver celle qui lui conviendra le mieux au quotidien.

Organisé les 18 et 19 septembre dans pas moins de 130 pays, soit quelque 950 villes et près de 1.500 établissements, cette cinquième édition semble revêtir une importance toute particulière en pleine pandémie mondiale. Nombreuses sont les études qui ont révélé depuis un an et demi certains des méfaits de la crise sanitaire, des troubles du sommeil à la sédentarité en passant par la modification de nos pratiques alimentaires, et plus globalement par une santé mentale en berne. Plus que jamais, ce week-end semble tomber à pic pour permettre au plus grand nombre de retrouver vitalité et sérénité.



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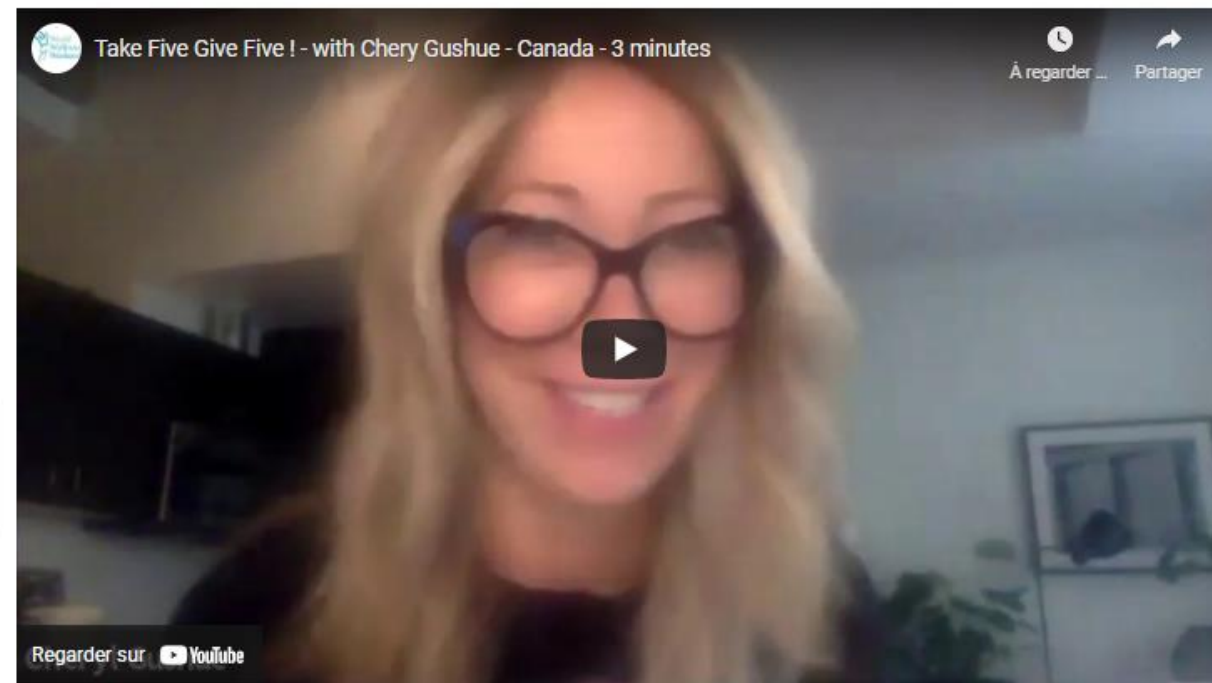
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CANADA

<https://www.beautyhubmagazine.com/world-wellness-weekend/>

Jean-Guy and Cheryl talk about taking five mindful minutes to be creative and share it with the world.



Four actions to stay relevant in Covid-19

By Jean-Guy de Gabriac

Covid-19 is a major disruptor to the beauty industry forcing all business owners to stay strong, resilient, and relevant. The second wave may force you to close your doors (again), preventing you to work in your business. Now, more than ever, is the time to work on your business: by reassessing your offer and rethinking your relationship with clients and your team. The best defense against competitors discounting heavily, is to up your game, provide signature experiences, and give reasons for clients to come again and again. These four tips can help you and your business remain relevant through the Covid-19 pandemic.

1. **Unclutter your offer.** Do not focus only on the 20% of services generating 80% of revenues. Check the profitability ratio of each service in your treatment menu, then discard the 30% of services that only generate 1% or less.
2. **Safety first, WOW second.** Once your SOPs are fully updated with safety & sanitization measures, you can focus on your best sellers. Brainstorm with your team to add more elements of surprise to enchant your clients. Induce smiles behind masks as

LATIN AMERICA

<https://www.cmdsport.com/fitness/actualidad-fitness/annual-world-wellness-weekend-se-celebrara-septiembre/>



La revista de los
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Inicio > FITNESS > Actualidad > El Annual World Wellness Weekend se celebrará en septiembre

El Annual World Wellness Weekend se celebrará en septiembre

REDACCIÓN el 29 julio 2021 a las 8:04 am



<https://www.talkvietnam.com/2021/08/citizens-prioritising-healthier-services/>

/ AUGUST 12, 2021

Citizens prioritising healthier services



Isolation is pushing people to think more about their environment, Photo Le Toan

According to a report released by Nielsen Vietnam last year, the ongoing pandemic has made significant changes in the behaviour of Vietnamese across various areas. Specifically, 47 per cent changed their eating habits towards healthy foods and increased the immune system, and 60 per cent changed leisure and entertainment activities and have limited going to crowded places, especially bars and pubs.

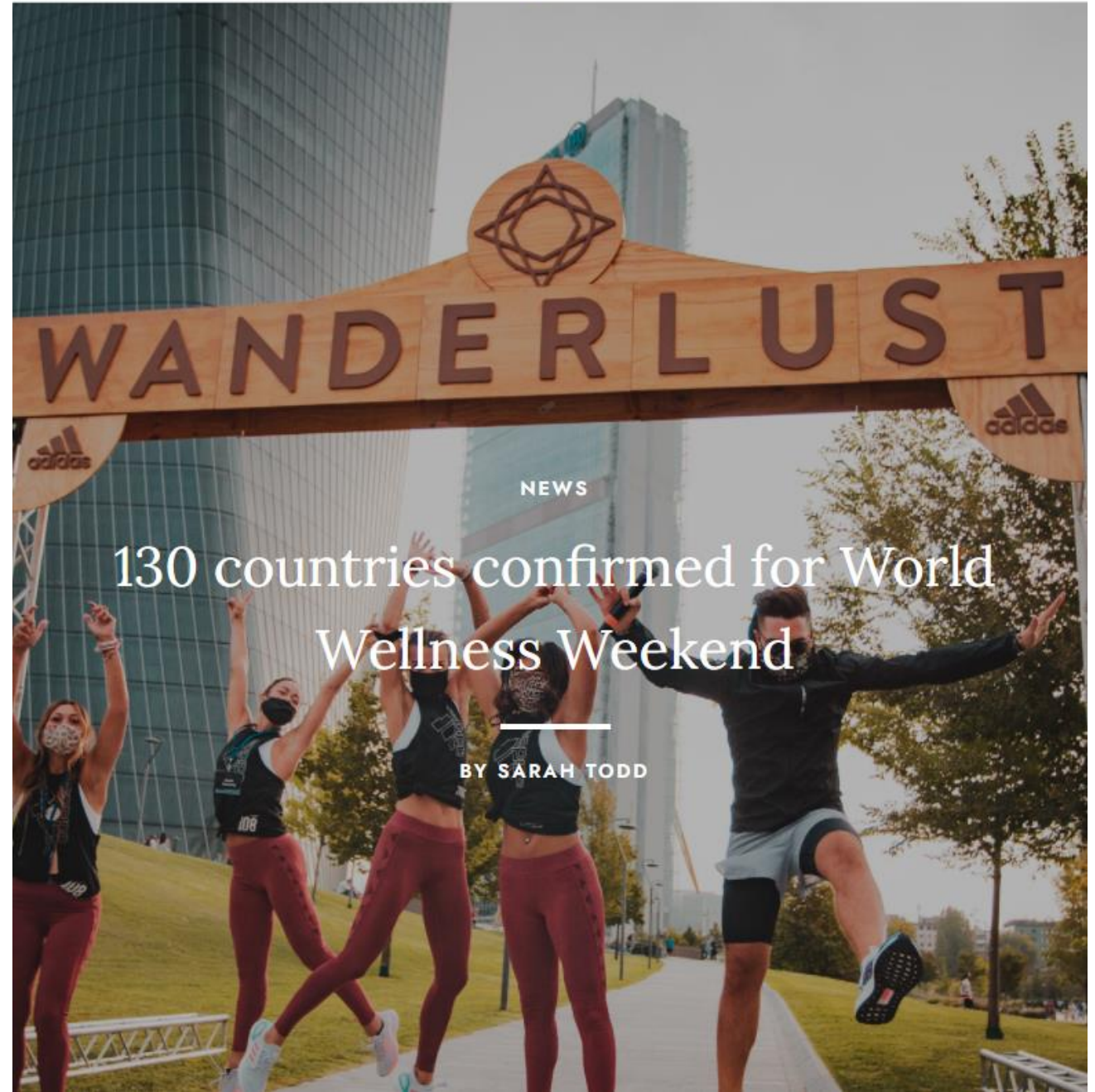
Meanwhile, 70 per cent of Vietnamese have reconsidered travel plans – instead leaning more towards wellness destinations and properties.

Architect Tran Minh Tung from the University of Civil Engineering said that the pandemic had given people new perceptions and different perspectives on life. "Social distancing has slowed down people's lives instead of the hustle and bustle that they have been accustomed to. The isolation makes each person and family not only pay more attention to their home but also care more about the living environment around their home," Tung said.



UNITED KINGDOM

<https://europeanspamagazine.com/130-countries-confirmed-for-world-wellness-weekend/>



USA

<https://www.clubindustry.com/press-releases/5th-annual-world-wellness-weekend-to-take-place-september-18-19-2021>

PRESS RELEASES

5th Annual World Wellness Weekend to Take Place September 18 & 19, 2021

By External Company | Jun 23, 2021



SWITZERLAND

<https://www.bluewin.ch/fr/lifestyle/alimentation-fitness/world-wellness-weekend-des-activit-s-gratuites-partout-dans-le-monde-pour-renouer-avec-le-bien-tre-832956.html>

World Wellness Weekend – des activités gratuites partout dans le monde pour renouer avec le bien-être



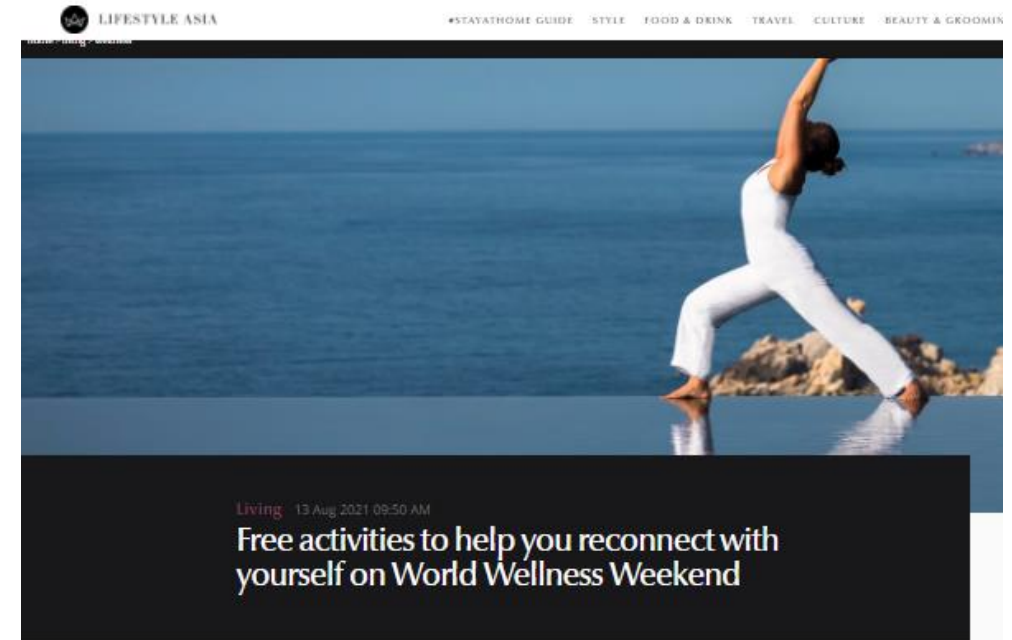
Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021.

Anton Watman / Shutterstock

Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière, et sans aucun doute très attendue, que le World Wellness Weekend fera son retour les 18 et 19 septembre, avec des activités gratuites à découvrir aux quatre coins du globe pour (re)trouver une certaine sérénité et aborder la rentrée du bon pied. A vos agendas !

ASIA

<https://www.lifestyleasia.com/kl/living/wellness/free-activities-to-help-reconnect-with-yourself-on-world-wellness-weekend/>



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Dial back and reconnect with yourself on World Wellness Weekend 2021.

The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!

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If you've always thought that yoga might be the perfect activity to improve your well-being, but never dared to take the plunge, the World Wellness Weekend is for you. The event is offering free trials of hundreds of activities around the world so that everyone can find the one that suits them best in their daily life.

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The five pillars of well-being

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Citizens prioritising healthier services

August 12, 2021 | 09:00

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Buyers now are more likely to hunt for properties that are not simply accommodation, but also offer greener elements and healthcare facilities.



Isolation is pushing people to think more about their environment, Photo Le Toan

According to a report released by Nielsen Vietnam last year, the ongoing pandemic has made significant changes in the behaviour of Vietnamese across various areas. Specifically, 47 per cent changed their eating habits towards healthy foods and increased the immune system, and 60 per cent changed leisure and entertainment activities and have limited going to crowded places, especially bars and pubs.

Meanwhile, 70 per cent of Vietnamese have reconsidered travel plans – instead leaning more towards wellness destinations and properties.

Architect Tran Minh Tung from the University of Civil Engineering said that the pandemic had given people new perceptions and different perspectives on life. "Social distancing has slowed down people's lives instead of the hustle and bustle that they have been accustomed to. The isolation makes each person and family not only pay more attention to their home but also care more about the living environment around their home," Tung said.

Investors have, as a result, firmly turned to the green real estate segment to launch products that meet the needs and tastes of customers – and, in turn, companies are also jumping on the bandwagon to ensure more comfort for workers.

Net

Viet

Late

FRANCE

<https://www.dailyadvent.com/fr/news/057a4b0eeb89900952b01f34d47c608b>

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Santé soins

World Wellness Weekend : des activités gratuites partout dans le monde pour renouer avec le bien-être

By ladepeche.fr / 24

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OUVRI



Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021. Anton Watman / Shutterstock (EIX Daily Up)

- Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière...

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Cyclisme. Bryan Coquard rejoint officiellement l'équipe Cofidis

ladepeche.fr, 4min



Politique

Le septuagénaire retrouvé mort à Quesnoy-sur-Airaines identifié

courrier-picard.fr, 7min

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World Wellness Weekend: free activities around the world to help you reconnect with your well-being

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<https://headtopics.com/sg/2022-school-year-to-start-on-jan-4-end-on-nov-18-21306887>

MALAYSIA

<https://theworldnews.net/my-news/world-wellness-weekend-free-activities-around-the-world-to-help-you-reconnect-with-your-well-being>



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World Wellness Weekend: Free activities around the world to help you reconnect with your well-being



World Wellness Weekend takes place September 18 & 19. — Shutterstock pic

LOS ANGELES, Aug 10 — The pandemic has had a significant impact on the sleep, diet, lifestyle and mental health patterns of populations around the world. The World Wellness Weekend will be back on September 18 and 19 for a special and highly anticipated edition, with free activities to be discovered in the four corners of the globe to find some serenity and start the autumn season on the right foot. Mark your calendars!

USA

<https://businessnewspress.com/2021/08/10/world-wellness-weekend-free-activities-around-the-world-to-help-you-reconnect-with-your-well-being-life/>

Home > Wellness

World Wellness Weekend: Free activities around the world to help you reconnect with your well-being | Life



by [admin](#)

— August 10, 2021 in [Wellness](#)

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Santé soins

World Wellness Weekend : des activités gratuites partout dans le monde pour renouer avec le bien-être

By ladepeche.fr | 1d



Le World Wellness Weekend se tiendra les 18 et 19 septembre 2021. Anton Watman / Shutterstock (ETX Daily Up) - Particulièrement éprouvante, la crise sanitaire a eu un impact significatif sur le sommeil, l'alimentation, la sédentarité, et la santé mentale des populations à travers le monde. C'est donc pour une édition particulière,...

Infos tendances



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À Rethel, Séverine Gueury sort son premier CD

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ASIA

[https://www.asianewsd
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with-your-well-being/](https://www.asianewsd
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LIFESTYLE

**World Wellness Weekend: Free activities
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 Lifestyle  August 10, 2021
posted on Aug. 10, 2021 at 2:23 am





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- Annuaire référenceur
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- Outils webmasters
- Liens partenaires
- Faq référencement

RSS

<https://www.referencement-internet-web.com/44258-le-world-wellness-weekend-revient-pour-sa-5e-edition.html>

SCIENCES ESPACE

Sciences - Espace - Archéologie

Le World Wellness Weekend revient pour sa 5e édition ! 19/08/2021 15:41 (By Etienne Jean de la PERLE)



[Le World Wellness Weekend revient pour sa 5e édition !](#)

Dans le contexte sanitaire actuel, alors que le bien-être des gens est mis à l'épreuve avec la pandémie, le World Wellness Weekend s'est présenté comme une occasion de redécouvrir des moyens de se relaxer. Le rendez-vous était donné les 18 et 19 derniers.

Participez au World Wellness Weekend !

Alors que les études ne cessent de démontrer à quel point cette [pandémie](#) est néfaste sur la santé (mentale et physique) des gens (troubles du sommeil, stress, sédentarité, mauvaises pratiques alimentaires), le **World Wellness Weekend** semble tomber à

 gallina cotti in vescica, fonduta di Parmigiano Reggiano di 12 anni e finta bottarga di culatello **10:30** È pronto, a tavola!

<https://www.italiaatavola.net/check-in/locali-turismo/viaggi-itinerari/2021/8/14/autunno-tra-natura-sport-relax-in-val-di-fiemme/79209/>

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Un autunno tra natura, sport e relax in Val di Fiemme

Escursioni, biciclettate e momenti da dedicare alla cura di sé, ma anche prodotti tipici, cene gourmet e occasioni culturali: i colori più caldi dell'anno ti aspettano in Val di Fiemme

14 agosto 2021 | 05:00



In sella a un'e-bike o camminando senza fretta, la Val di Fiemme si prepara per l'autunno. Un tuffo nel giallo oro fra boschi di larici, cervi in amore, vistosi finferli e cascate di miele sui formaggi di malga. In autunno tutte queste attività proseguono nella natura della valle, grazie alla Fiemme Guest Card.



WORLD

E-mailing August 2021



WORLD WELLNESS WEEKEND

DEAR CIDESCO Member,



On **18-19 September**, you are invited to join and celebrate the **5th World Wellness Weekend (WWW.)**

So far, 1,500 venues worldwide have registered in 132 countries (957 cities) to appear on the [Wellness Map](#).

Here's how you can be part of WWW:

* [Sign up to be included on the Wellness Map](#)

* Organize ONE (or more) safe, fun and free 60-minute in person activities or workshops (beauty bar, mask bar, eye bar, brow bar, make-up bar, massage

[cidesco.com](#)



workshop, yoga, fitness, guided relaxation, inspiring talk...etc.) in accordance with local health and safety regulations

* Post inspiring photos and videos of your activities on social media with #WellnessForAll #WorldWellnessWeekend

* United in 132 countries - from sunrise in Fiji on Sept 18 until sunset in Hawaii on Sept 19 - professionals will boast the "United Colors of Wellness". Hospitality groups and iconic venues that are supporting the initiative include Anantara (Minor Group), Canyon Ranch, Cartesiano, CIDESCO France, Corinthia, Dusit, Euphoria Retreat, Fivlements, Fusion resorts, Four Seasons Dubai, Grand Hotel Bad Ragaz, Glen Ivy Hot Springs, GOCO Hospitality, Jumeirah, Kamalaya, LUX Resorts, Mandara Spas, Mandarin Oriental Hong Kong, Oberoi Marrakech, Peninsula Hot Springs, Rancho La Puerta, Ritz-Carlton Vienna, Six Senses, Taj Hotels, Waldorf Astoria Dubai & Phoenix, WTS International...

Founder Jean-Guy de Gabriac says "Together, let's encourage millions of people to live well. Let's create safe opportunities to live well with each other, responsibly and respectfully, connected by wellness activities to strengthen their immune system, and spice up their mood."

PLEASE LET'S ALL JOIN

<https://www.facebook.com/jeanguydegabriac/videos/864865954464576>

Send pictures of your activities to info@cidesco.com

[cidesco.com](#)



World Wellness Weekend

18-19 September 2021

Aug 3, 2021

World Wellness Weekend inspires & empowers millions of people around the world. We want to do this through thousands of FUN, free & meaningful wellness activities organized in more than 120 countries!

Since 2017, we have encouraged professional wellness leaders in hospitality, fitness, beauty and tourism across the world to open their doors, and showcase the expertise of their teams (engage their local communities) and raise their profile.

World Wellness Weekend (WWW) aims to inspire and empower people to make healthier choices and enjoy an active lifestyle with family & friends. The current health situation around the world reminds us how important it is to have a strong immune system.

Among the 17 Sustainable Development Goals of the United Nations, SDG 3 is Good Health and Wellbeing for All. In partnership with the United Nations Global Sustainability Index Institute, WWW encourages venues, groups, associations, federations, visitors bureaus and city officials to organize free, fun and creative wellness activities on the 3rd weekend of September. Just before the Equinox, when daytime & night time are equal, as a symbol for Work / Life Harmony.

Get involved and register here: www.world-wellness-weekend.org

EUROPE

<https://www.europeanspas.eu/en/news-events/events/world-wellness-weekend?fbclid=IwAR2MrfRmuZGBK9QDqZrDUbaJd9VCSz3ZXmSnuXQHLCkzaLgyDJ3zMFmYzxM>

WORLD

<https://saunainternational.net/5th-world-wellness-weekend/>



5th Annual World Wellness Weekend

to boost Vitality, Serenity, Immunity & Solidarity September 18 & 19, 2021

in 130+ countries, 950 cities

"Wellness is not just a decision you take to improve your mental & physical health, it is an act of influence to inspire those around you to become the best version of themselves".

June 17, 2021 — Before Covid19 shut down the world, **World Wellness Weekend (WWW)** reached an **audience of 224 million people** in 98 countries. In 2020, the pro-bono celebration grew in 109 countries and 524 cities, now reaching 131 nations.

On 18-19 Sept, just before the Equinox, thousands of safe, free, fun & meaningful wellness activities will be organized. Video tutorials and talks will be available online and off. All encourage people to explore the **5 Pillars of Wellness**: Sleep & **Creativity**, Nutrition & **Immunity**, Movement & **Vitality**, Mindfulness & **Serenity**, Sense of Purpose & **Solidarity**.

Secretaries of Tourism, Health, and Sports (Cyprus, France, Quebec); **Governors** (USA & Mexico) support the event. **60 partnering professional organizations**, including ISPA and **Wellness Tourism Association** are featuring opportunities to attract visitors. Mayors want to inspire people to explore their cities as wellness destinations where to live, play, work, or eventually retire.

In **France**, Marseille (2nd largest city) and the regions of Auvergne and Alsace will connect wellness with nature and heritage sites. In **Italy**, Val di Fiemme, candidate city to host the 2026 Special Olympic Winter Games will position itself as the **world's 1st "Wellness Valley"**. Turin (Borgo Gran Madre Lifestyle), Alassio and Alghero are working to be cities of wellness; and Bagin

CANADA

<https://passeportnutrition.org/evenements/abitibi-temiscamingue/world-wellness-weekends/>



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World Wellness Weekends

World Wellness Weekends

Par Lalancette - juillet 6, 2021

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FORUM VIRTUEL HUNGER MATTERS

17, 18 ET 19 SEPTEMBRE 2021

750 Millions d'humains souffrent de la faim dans le monde. Une grande partie sont des enfants! Par ce forum mondial, Nutrition sans Frontières souhaite remettre cet enjeu social au coeur du débat:

Mettre fin à la faim, c'est l'affaire de tous!

World Wellness Weekend



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Du 18 au 19 septembre 2021, on met fin à la faim, ensemble!

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Nutrition sans Frontière...



USA

<https://dayspaassociation.com/theres-still-time-to-be-part-of-the-5th-world-wellness-weekend-september-18-19/>

There's still time to be part of the 5th World Wellness Weekend, September 18 & 19



On 18-19 September, you are invited to join and celebrate the 5th World Wellness Weekend (WWW.) So far, 1,500 venues worldwide have registered in 132 countries (957 cities) to appear on the Wellness Map: <http://wellmap.org/>

WWW in 2019 reached an audience of 224 million people with 450 mentions on TV, Radio, Print and Web. Here's how you can be part of WWW: * Sign up to be included on the Wellness Map : <https://map.world-wellness-weekend.org/my-account/new-account/> * Organize ONE (or more) safe, fun and free 60-minute in person activities or workshops (beauty bar, mask bar, eye bar, brow bar, make-up bar, massage workshop, yoga, fitness, guided relaxation, inspiring talk...etc) in accordance with local health and safety regulations * Post inspiring photos and videos of your activities on social media with #WellnessForAll #WorldWellnessWeekend

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Founder Jean-Guy de Gabriac says "Together, let's encourage millions of people to live well. Let's create safe opportunities to live well with each other, responsibly and respectfully, connected by wellness activities to strengthen their immune system, and spice up their mood." If you decide to participate the in 5th World Wellness Weekend, let us know: info@weekend-wellness.com

CANADA

<https://www.facebook.com/AQTN.Association/photos/a.1503512316639604/3043046636019490/>

ET SI TA VIDÉO FAISAIT LE TOUR DU MONDE?



Tu veux offrir un atelier dans le cadre du
WORLD WELLNESS WEEKEND?
L'AQTN t'offre de faire une vidéo
de présentation à miniprix 35\$ (rég.150\$)

ex: atelier auto-massage, posture, massage parent-enfant,
prévention, informations bien-être, coaching

contact@aqtn.ca

ITALY

<https://www.visitfiemme.it/en/italian-style-and-events/events/World-Wellness-Weekend>



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VAL DI FIEMME

World Wellness Weekend

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World Wellness Weekend in Val di Fiemme

From September 17 to September 19, this wellness weekend embraces sleep, creativity, nutrition, movement, mindfulness, biodiversity and solidarity.

Walks to admire the UNESCO panoramas with the sound of a horn, a dance to thank the sun, wood essences and floral aperitifs. Kneipp paths along a creek, reinvigorating hay workshops, stars observations and moments to take care of horses, cows, goats and sheep.

This international weekend starts with the opening convention organized by local enterprises at the headquarters of Starpool, a company which creates wellness ecosystems in Ziano di Fiemme, that together with the tourist board of Val di Fiemme promoted this event.

During the WWW, the Fiemme Narashtë Festival will be held to meditate in nature. And on Sunday, September 19 take part in Fiemme senz'Auto, a day dedicated to solidarity and eco-sustainability, when car traffic makes way for bicycles, life quality and altruism.



ITALY

<https://www.starpool.com/en/blog/starpool-and-the-fiemme-valley-participate-in-the-world-wellness-weekend>

STARPOOL

@ WORLD WELLNESS WEEKEND 2021

This year too, Starpool will participate in the **World Wellness Weekend**, international event that will be held simultaneously in over 120 countries from the 17th to the 19th September.

The Fiemme Valley at the World Wellness Weekend

Starpool has promoted this event for several years and, this year, has extended the invitation to the whole **Fiemme Valley**, which accepted with pride, **becoming the “Valley of wellness” for the next three years.**

This valley is the ideal place to create a synergy between man and nature, a value that is shared by all the participants in the World Wellness Weekend. The idea of creating a **“wellness community”** has been developed with the aim to make wellness more easily accessible to everyone, and not just a luxury for a few people. Wellness can and should involve tourists and residents, through the **five pillars of the World Wellness Weekend**: sleep and recovery, nutrition and balance, vitality and movement, peace and consciousness, purpose and solidarity.



A natural amphitheater displaying wellness in all its forms and the place of origin of the best violins in the world, the Fiemme Valley is the quintessence of harmony. The trees here are physical and mental oxygen for everyone. Ours is the land of wellness, the best possible background scene for this event that **Starpool is proud to share with the whole Fiemme Valley.**

The agenda

#StayTuned to discover the events organized by Starpool and the Tourism Agency of the Fiemme Valley from September 17th to 19th.

DUBAI

<https://www.anantara.com/en/palm-dubai/offers/world-wellness-weekend>

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WORLD WELLNESS WEEKEND

FROM EUR 162

BOOK NOW

Discover a path to wellbeing this September at Anantara the Palm Dubai Resort.

Complimentary high-speed WiFi

Tripadvisor Traveler Rating

8,591 reviews

Read reviews

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https://www.sancy.com/fetes-et-manifestations/world-wellness-week-end-week-end-mondial-du-bien-etre-au-mont-dore/

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Accueil > Sur place > Agenda > World Wellness Week end : Week-end mondial du bien-être au Mont-Dore

WORLD WELLNESS WEEK END : WEEK-END MONDIAL DU BIEN-ÊTRE AU MONT-DORE

Mont-Dore



World Wellness Week end : Week-end mondial du bien-être au Mont-Dore
63240 Mont-Dore
(Réf. : 5338806)

Afficher le N° de téléphone

OUVERTURE

LOCALISATION

AJOUTER AUX FAVORIS

< 📅 >

5ème édition du World Wellness Weekend, un week-end bien-être, anti-morosité, qui va donner envie à chacun de prendre soin de soi, de bouger, d'adopter de bons réflexes, entre amis, en couple ou en famille.

Samedi à 11h03 !! :

Balade en conscience avec Justine 1h d'activité en peignoir

10 personnes maximum Gratuit - inscription auprès de Justine au 06 58 52 77 13

Rdv au salon du capucin - repli à la salle des conférences selon météo

Samedi à 18h : Ateliers bien-être

ITALY

<https://wanderlust.com/it/partners/world-wellness-weekend/>



WORLD WELLNESS WEEKEND

USA

<https://stayhappening.com/e/world-wellness-day-beachside-yoga-E3LUSHVWF3RW>

#StayHappening

World Wellness Day Beachside Yoga

SAT SEP 18 2021 AT 09:00 AM TO 10:00 AM UTC-04:00
Edgewater Beach Hotel | Naples

 Publisher/Host
Edgewater Beach Hotel

 share



Come join us to celebrate world wellness weekend. We will be doing beach side yoga followed by complimentary green smoothies.

About this Event

Join Jennifer Khosla, founder of Lean and Green Body® and Mind Body Wellness Practitioner, for an hour long beach-side yoga class. The class will be followed by a healthy grab and go green smoothie!

9am - 10am Yoga on the Beach

This event is part of World Wellness Weekend

DOMINICAN REPUBLIC



Wellness
INCLUSIVE
at
Meliá Punta Cana Beach

World Wellness Weekend

**SEPTEMBER
17-19, 2021**

Be part of the World Wellness Weekend at Meliá Punta Cana Beach

- Aqua Gym
- CrossFit
- Run for Fun -5K Race
- Golf Clinics
- Green Go Bike Tour
- Aqua Pole Fitness
- Jumping Fitness
- Aero Dance Master Class
- Pilates & Stretching
- Yoga
- Obstacle Camp Competition
- Spa: 20% Off on relaxing massages (\$)
- Mindfulness guided meditation
- Healthy Cocktails Master Class

Book through melia.com or your preferred travel agent for a world of Wellness Included.
For more information, contact reyes.guzman@melia.com

MELIÁ
PUNTA CANA BEACH

#StaySafeWithMelia

The Wellness Summit

Be inspired. Be well.

September 18-19, 2021

Curate your Personal Weekend of Wellness with our Live and OnDemand Classes available for FREE Saturday and Sunday in honor of World Wellness Weekend!

#WellnesForAll

Presented with support from WTS International and LifeStart OnDemand.

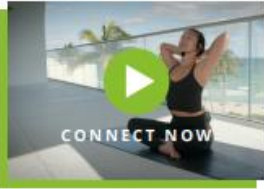


MEDITATE NOW

MOTIVATE

Meditation for Grounding

Take a comfortable seat as meditation expert Kimberly Dunn guides you through a 15-minute meditation for grounding and inner balance. The perfect way to begin the day or to reset before bed.

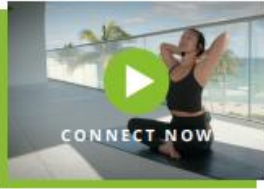


CONNECT NOW

MOVE

Full Body Weight Workout

This all-level class with no equipment is 40-minutes of heart-pumping fun! James Towns is the master of pushing people to their limits while motivating them to feel great about themselves.



CONNECT NOW

CONNECT

Vinyasa Flow

Join Julianne Aerhee, yogi, international retreat curator, lululemon ambassador, and the co-founder of WITH:IN, an online community, for a 45-minute vinyasa practice to relieve stress and tensions in the neck, shoulders, and upper back.

LIVE ONLINE

Join us LIVE online with some of our top trainers and skincare experts to get moving, ask questions and learn how to live life well!



FLOW

VIRTUAL / LIVE SESSION:
SATURDAY, SEPTEMBER 18 | 4 P.M. EST

Happy Hour Flow with Robert Sanchez

Add a power boost to this traditional flow class! Using deep positions and longer-held poses, all to upbeat tunes, you'll build strength and inner harmony.

<https://bit.ly/3CkD326>



MOVE

VIRTUAL / LIVE SESSION:
SUNDAY, SEPTEMBER 19 | 10 A.M. EST

HIIT Refresh with Hannah Sperry

Spend an hour alternating muscles to ensure the body gets a balanced workout. The music and your heart will be pumping but proper recovery time is built in. No equipment required and the workout can be modified for all levels.

<https://bit.ly/3ytG6m3>



REGENERATE

VIRTUAL / LIVE SESSION:
SUNDAY, SEPTEMBER 19 | 12:30 P.M. EST

Learn how to give yourself a home spa-like facial Self-facial with skincare expert and Spa Director Angela Brady. Your skin is your biggest organ. This routine will stimulate circulation, drain excess lymphatic fluid, and lift and plump your skin—all using just your hands.

Join us via IG @WorldgateSpa

POST

We would love to see you in action. Tag us @XXXXXXX and #XXXXXXX. (#worldwellnessweekend #WellnesForAll #welfie2021 plus site specific)

UNITED KINGDOM

<https://www.facebook.com/events/906076473317359?ref=newsfeed>



THERMAE BATH SPA

THE GAINSBOROUGH BATH SPA

World Wellness Weekend

Morning Pass 08.15am - 12.30pm
Afternoon Pass 14.00pm - 16.00pm
Full-Day Pass 08.15am - 16.00pm Including lunchbreak

WORLD WELLNESS RETREAT
18TH & 19TH SEPTEMBER

GREECE

<https://elenaarsenoglou.com/5th-world-wellness-weekend-18-19-sept-2021/>

WELLNESS DESIGN
ELENA ARSENOGLOU

[f](#) [p](#) [v](#) [in](#) [ig](#) [cl](#)

[Home](#) » [Beauty & Wellness](#) » 5th World Wellness Weekend (18-19 Sept 2021)

5th World Wellness Weekend (18-19 Sept 2021)

20 Jul, 2021 in [Beauty & Wellness](#) / [Feng Shui](#) ♣ / [News](#) / [wellness diary](#)

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5th World Wellness Weekend (18-19 Sept 2021)

I'm very happy to announce the participation of #wellnessdesign™ in the #worldwellnessweekend [🔗](#) The 5th World Wellness Weekend will be celebrated (18-19 Sept 2021) in 120 countries, in alignment with the UNITED NATIONS' 3rd SDG (Health & Well-being for All).

World Wellness Weekend inspires & empowers millions of people around the world with thousands of FUN, free & meaningful wellness activities.

Wellness enthusiasts around the world you are invited to enjoy [Wellness Design™ free wellness activities](#) [🔗](#) because it feels great to feel well!!!

 Enregistrer

World
Wellness
Weekend

18-19 Sept 2021

FRANCE



CATÉGORIES

Actualité

Non classé

Offre

WORLD WELLNESS WEEKEND

Actualité

Non classé

Offre

Dimanche 19 septembre à 18h45

Nous vous informons que notre restaurant participe au World Wellness Weekend, dédié au bien-être et au mieux manger.

A cette occasion, pour toute réservation d'un menu Terroir de la Villa René Lalique pour **le dîner du dimanche 19 septembre 2021**, notre Chef Paul Stradner vous propose à 18h45 une visite exclusive d'une heure du potager.

23 August 2021

<https://www.ciaolifestyle.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021>

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23 August 2021

<https://www.trybooking.com/events/landing/806243>

You, Me and the Trees - World Wellness Weekend 19 Sept 2021

BOOK NOW



23 August 2021

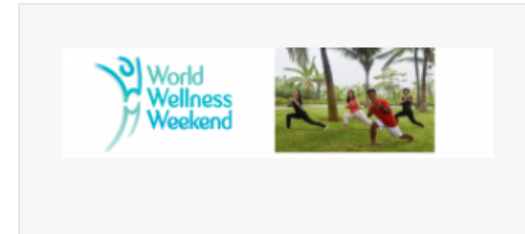
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<https://www.lifestylepressreleases.com/2021/08/23/world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021/>



World Wellness Weekend Announces its 5th edition taking place in September 2021

TWEET

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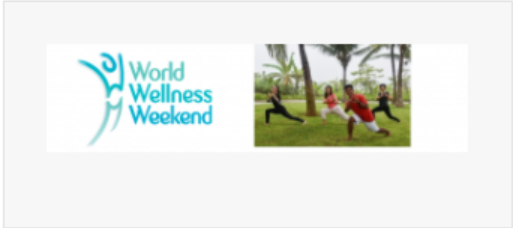
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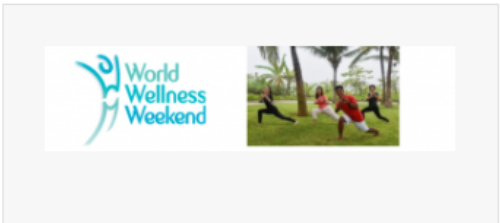
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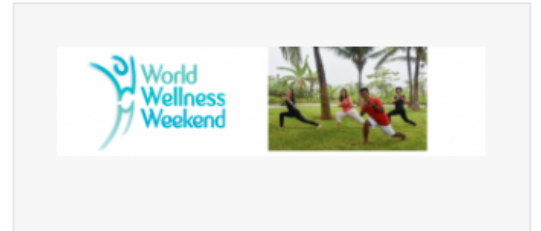
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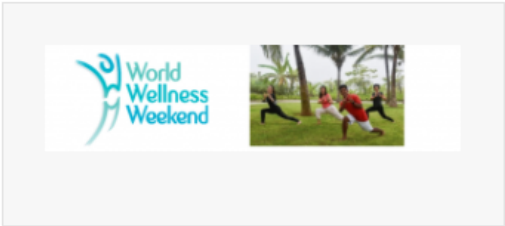
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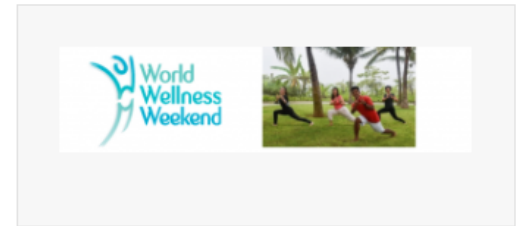
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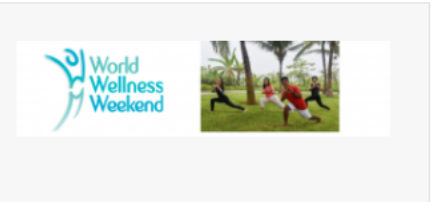
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23 August 2021

<https://www.theonlineculturechannel.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021>

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WORLD WELLNESS WEEKEND ANNOUNCES ITS 5TH EDITION TAKING PLACE IN SEPTEMBER 2021

August 23, 2021

18 - 19 September 2021 - See a world connected by wellness, from sunrise in Fiji until sunrise in Hawaii, in person and online

PARIS, FRANCE, August 23, 2021 /EINPresswire.com/ -- Celebrating its fifth edition, the World Wellness Weekend is ready to welcome wellness seekers and lovers to its dedicated global pro-bono event taking place on the 18th and 19th September. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

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www.theonlineculturechannel.com

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<https://www.societyartsandculture.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021>

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<https://www.myguidetolifestyle.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021>

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— J. C. ...

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23 August 2021

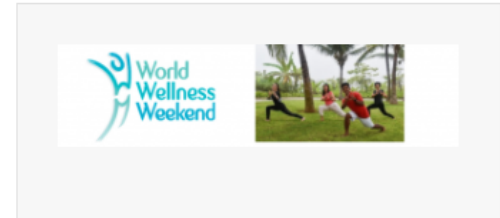
<https://www.worldofculturetimes.com/article/549530828-world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021>

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Dominican Republic

24 August 2021

<http://tourismgolfandbusinessevents.com/world-wellness-weekend-proximo-mes-inclui-actividades-presenciales-y-online/>

EVENTOS

WORLD WELLNESS WEEKEND PRÓXIMO MES INCLUIRÁ ACTIVIDADES PRESENCIALES Y ONLINE

agosto 24, 2021 104

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MEXICO

24 AUGUST 2021

<https://www.facebook.com/Viaorganicamexico/videos/161042196071241>

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Via Orgánica was live.
24 August at 10:34 · 🌐

Programa de radio Vía Orgánica con Diana Hoogesteger.
Nuestra invitada de hoy Bonnie Baker, embajadora de World Wellness Weekend.

589 views

13 Likes · 8 Comments · 3 Shares

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Related videos

25 August 2021

https://www.lesaccrosdupeignoir.com/2021/08/25/18-et-19-septembre-prochain-world-wellness-weekend/?utm_source=newsletter&utm_medium=email&utm_campaign=info-mensuelle&utm_content=newsletter-2021-09-septembre



C'est le rendez-vous à ne pas louper, celui qui prolonge l'été, celui qui tient éloigner la morosité de l'automne. Les 18 et 19 septembre 2021, c'est la 5e édition du Week-end Mondial du Bien-Être !

Cette année encore, impossible d'y échapper ! Le bien-être s'impose au moment de l'équinoxe d'automne. Partout en France, des professionnels de la forme, de la beauté et du tourisme ouvrent leurs portes pour initier ou perfectionner le plus grand nombre, gratuitement, dans des activités de bien-être lors de ce



USA

27 August 2021

<https://finance.yahoo.com/news/terranea-invites-guests-back-purposeful-220200146.html>



August 27, 2021 · 5 min read



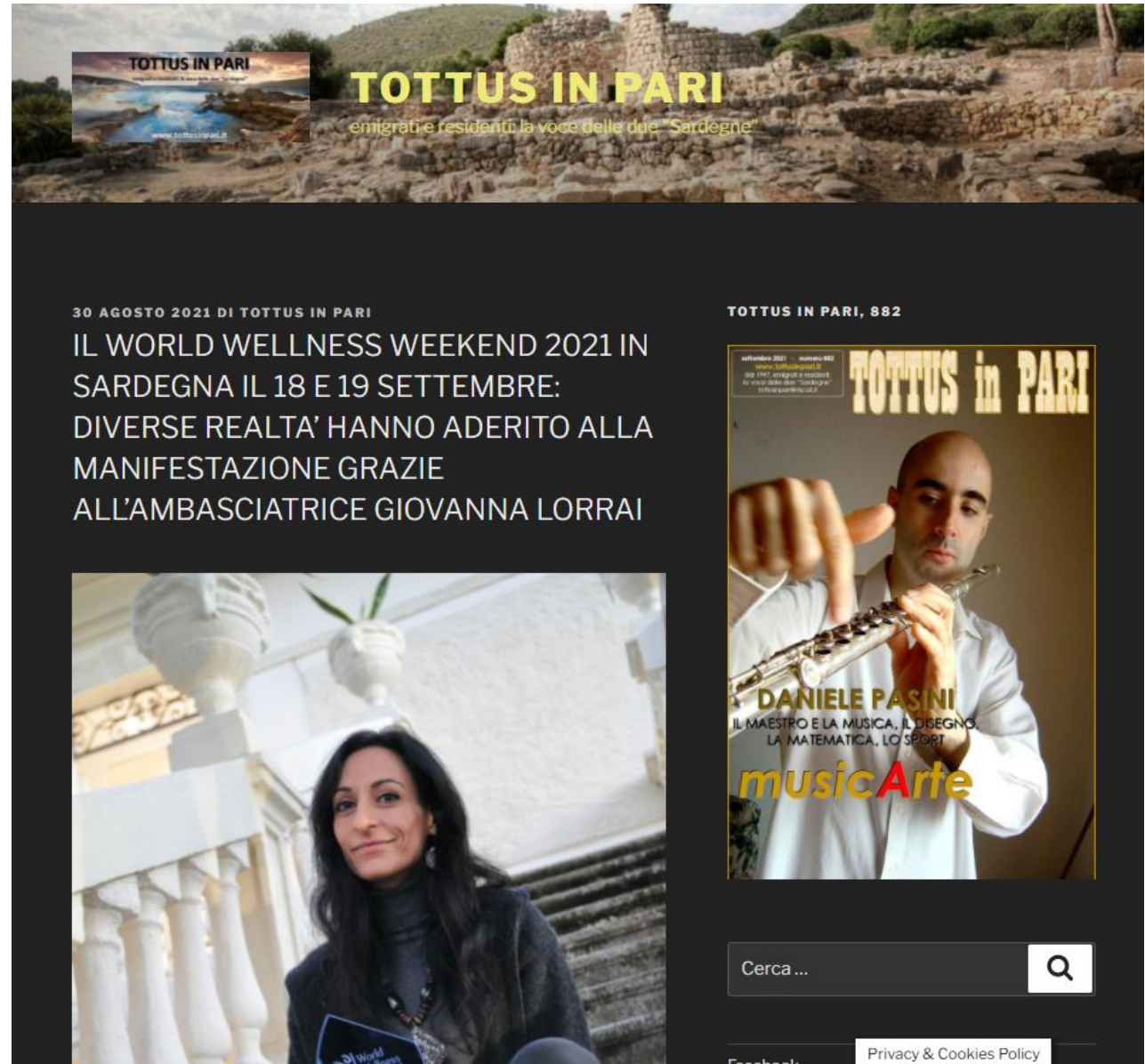
With careful attention to safety and well-being, guests may participate in person, virtually, or giveback digitally to support the local community

RANCHO PALOS VERDES, Calif., Aug. 26, 2021 /PRNewswire/ -- [Terranea Resort](#) invites guests to participate in a variety of giveback initiatives and experiences during their Southern California fall coastal escape. Set overlooking the Pacific Ocean with stunning 270-degree views, Terranea serves as the ideal location for guests, locals, and visitors to experience a variety of virtual and in-person events in support of the community.



30 August 2021

<http://www.tottusinpari.it/2021/08/30/il-world-wellness-weekend-2021-in-sardegna-il-18-e-19-settembre-diverse-realta-hanno-aderito-alla-manifestazione-grazie-allambasciatrice-giovanna-lorrai/>



The screenshot displays the website 'TOTTUS IN PARI' with a header image of ancient ruins. The main article, dated 30 AGOSTO 2021, is titled 'IL WORLD WELLNESS WEEKEND 2021 IN SARDEGNA IL 18 E 19 SETTEMBRE: DIVERSE REALTA' HANNO ADERITO ALLA MANIFESTAZIONE GRAZIE ALL'AMBASCIATRICE GIOVANNA LORRAI'. Below the text is a photo of Giovanna Lorrai. To the right is a featured article for 'musicArte' by Daniele Pasini, featuring a photo of him playing a flute. The website includes a search bar and a footer with 'Facebook' and 'Privacy & Cookies Policy' links.

TOTTUS IN PARI
emigrati e residenti la voce delle due "Sardegne"

30 AGOSTO 2021 DI TOTTUS IN PARI

IL WORLD WELLNESS WEEKEND 2021 IN SARDEGNA IL 18 E 19 SETTEMBRE:
DIVERSE REALTA' HANNO ADERITO ALLA
MANIFESTAZIONE GRAZIE
ALL'AMBASCIATRICE GIOVANNA LORRAI

TOTTUS IN PARI, 882

settembre 2021 - numero 882
www.tottusinpari.it
dagli emigrati e residenti
in tutta Italia dal "tottus"
tutti i giorni su www.tottusinpari.it

TOTTUS in PARI

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IL MAESTRO E LA MUSICA, IL DISEGNO,
LA MATEMATICA, LO SPORT

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SOUTH AFRICA

30 AUGUST 2021

<https://www.probeauty.co.za/post/sa-gears-up-for-world-wellness-weekend>

Joanna Sterkowicz • Aug 30 • 3 min read

SA gears up for World Wellness Weekend



The World Wellness Weekend Map

Several South African spa, fitness, wellness and beauty properties are preparing to participate in World Wellness Weekend (WWW), two days of free and fun activities that will take place across the globe on 18 and 19 September 2021.

"There is no nobler mission in life than to encourage each and every one to become the best version of themselves in alignment with their heart, head and gut," says Jean-Guy de Gabriac, founder of WWW, a collaborative platform inspiring and empowering people everywhere to make healthier choices, enjoy longevity and partake in purpose-driven activities with friends and family.

Among the South African properties thus confirmed for WWW are One&Only Spa Cape Town, Cape Grace Hotel, The Spa at the Oyster Box, Canvas Aesthetics, LivWell

South Africa

30 August 2021

<https://www.probeauty.co.za/post/sa-gears-up-for-world-wellness-weekend>



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Tabletop Exhibitors

Joanna Sterkowicz • Aug 30 • 3 min read

⋮

SA gears up for World Wellness Weekend

Wellness Weekends

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Cities

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Countries

133

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Life and Fitness Magazine

31 August 2021

<http://lifeandfitnessmag.ie/world-wellness-weekend-announces-its-5th-edition-taking-place-in-september-2021-presenting-a-rich-programme-of-activities-held-in-person-and-online/>

Life and Fitness Magazine

You are here: [Home](#) / [Wellness](#) / World Wellness Weekend Announces its 5th edition taking place in September 2021 presenting a rich programme of activities held in person and online

World Wellness Weekend Announces its 5th edition taking place in September 2021 presenting a rich programme of activities held in person and online

August 31, 2021 by admin



September 2021

https://bewellinparadise.club/events/list/?hide_subsequent_recurrences=1

September 2021

SAT
18

September 18 @ 8:30 am - 9:30 am

Max Flex Fitness Outdoor Bootcamp

Vineyards Community Park Naples

Max Flex Fitness Outdoor Bootcamp Class is 45 minutes. Dumbbells' and Mat only. Vineyards Park near Tennis Courts 6231 Arbor Boulevards W., Naples 34119 Reserve space at Fitnesscoachnino@gmail.com



SAT
18

September 18 @ 8:30 am - 12:00 pm

The Power of Green

Big Cypress National Preserve 48900 Tamiami Trail, Ochopee

The most relaxing color for the human eye to view, green, creates calmness, reduces anxiety



CANADA

September 2021

<https://us06web.zoom.us/join/join?secret=99362950918&pwd=NWNRU2NQcS93bUNyTVBMVnEvd1FVUT09>



Meeting Registration Approved

Topic	LSOC Webinar - How Wellness Can Support Any Spa Business
Description	In this 1hr webinar, we will discuss what wellness is and how and why it has evolved in the global industry and where Canada is in that evolution. We will discuss how wellness can support your client's health, be a differentiator and drive more revenue to the bottom line. Wellness can be a minimal capital expense driving better margins due to the minimal labor and operational costs involved. From basic to advanced wellness approaches, the intention is to better understand and assess where on the wellness continuum best suits your business and how it can help support your business in the short and long term. We will share some client success stories that also reflect the 5 Pillars of Wellness from WWW (Sleep & Creativity, Nutrition & Immunity, Movement & Vitality, Mindfulness & Serenity, Sense of Purpose and Solidarity) in the hopes that you will leave this session inspired with tools in your tool box to take your business to the next level.



Time Sep 15, 2021 12:00 PM in Eastern Time (US and Canada)

Add to calendar

Meeting ID: 993 6295 0918

To Join the Meeting

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join. <https://us06web.zoom.us/join/join?secret=99362950918&pwd=NWNRU2NQcS93bUNyTVBMVnEvd1FVUT09>

Egypt

September 2021

<https://allevents.in/cairo/global-wellness-weekend-2021/200021576690258?ref=footer-up-ep-upcoming>

 allevents.in CAIRO ▾

+ Create E

ALL ENTERTAINMENT ▾ ART & THEATRE ▾ FOOD & DRINKS ADVENTURES BUSINESS S



Global Wellness Weekend 2021

Sep 17, 2021 - Sep 19, 2021  



Global Wellness Weekend 2021

Lets gather around on the 17th & 18th to celebrate being well.

Friday Schedule

- 11:00am-12:00pm Massage Workshop
- 14:00pm- 15:00pm Katameya Dunes Golf Session
- 16:00pm-17:00pm Tai Chi
- 17: 45pm-18:45pm Laughter Yoga

Saturday Schedule

- 14:30pm-15:00pm Massage Work Shop
- 16:30pm-17:30pm Calorie Burn Class
- 18:00pm-19:00pm Cycling

Greece

September 2021

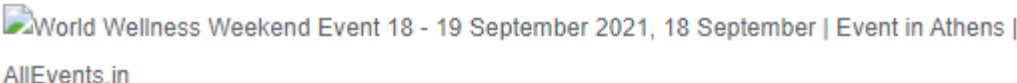
<https://allevents.in/athens/world-wellness-weekend-event-18-19-september-2021/200021544740041>

 allevents.in ATHENS ▾ + Create

 World Wellness Weekend

World Wellness Weekend Event 18 - 19 Septe..

Sep 18, 2021 - Sep 20, 2021  



World Wellness Weekend Event 18 - 19 September 2021

~We are pleased to announce that "Palmyra Beach Hotel-Eco Friendly Hotel" will be the Wellness Ambassador in Athens Riviera during the World Wellness Weekend that will take place on 18 & 19 September 2021. Come join us to celebrate a wellness festival. Stay tuned and book ?now:
<https://bit.ly/2Vsdhlw>

Immediately improve your life and incorporate one or all of the 5 pillars of wellness.~

We wish you to have a perfect September ahead!???

#palmyrabeachhotel? #wellnessambassador #athensriviera?#lifegoals? #palmyraactivities
#crudoplantbasedmeals? #wavesecobarandrestaurant? #wellbeingspirit
#18_19September2021

Also check out other Health & Wellness Events in Athens, Festivals in Athens.

Share With Your Friends

Portugal

September 2021

<https://www.visitalgarve.pt/en/agenda/12400/1st-portugal-world-wellness-weekend.aspx>



[Silves](#)

1st Portugal World Wellness Weekend

18 September To 19 September 2021



-  9 am to 10 am
-  Free Entry (prebooking required)
-  Silves Council
-  +351 282 440 270 | <http://www.cm-silves.pt>

18/09 > City Park
19/09 > Castle

Dominican Republic

September 2021

<https://events.melia.com/events/melia-punta-cana-beach-resort/World-Wellness-Weekend-.html>

MELIÀ PUNTA CANA BEACH

DOMINICAN REPUBLIC
ALL INCLUSIVE

Be part of **World Wellness Weekend** and enjoy of all the Wellness Inclusive Activities:

- Aqua Gym
- CrossFit
- Run for Fun=5K Race
- Golf Clinics
- Green Go Bike Tours
- Aqua Pole Fitness
- Jumping Fitness
- Aero Dance Master Class
- Pilates & Stretching
- Yoga
- Obstacle Camp
- Spa: 20% Off on relaxing Massage (\$)
- Mindfulness Guided Meditation
- Healthy Cocktails Master Class

NOTE: For more information contact: reyes.guzman@melia.com



Guests

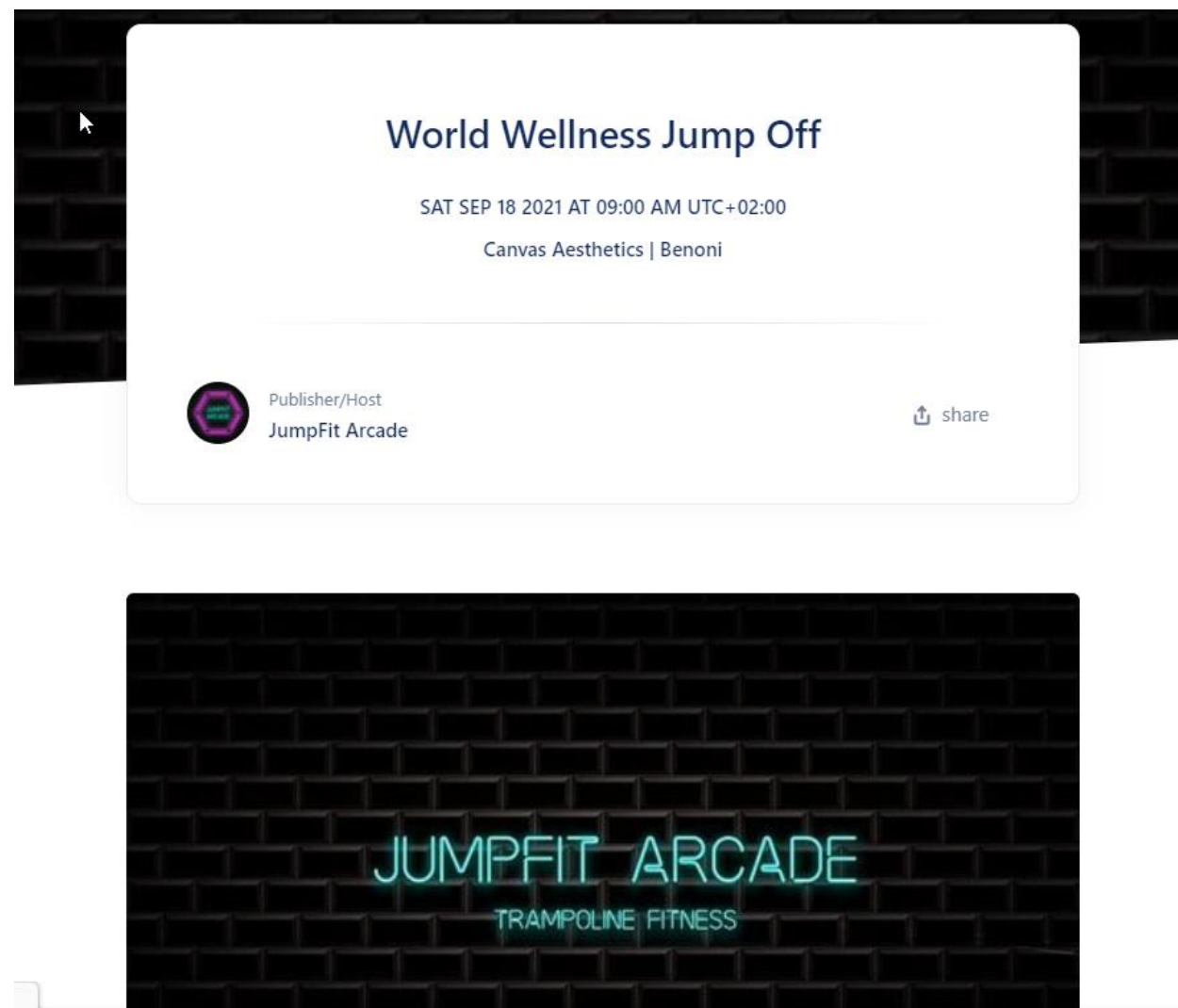
The Shaker is an amazing bar near to the Mexican restaurant where you can enjoy national and international cocktails with a good atmosphere and excellent service. My wife and me visit that bar...

P18251Pjesum

South Africa

September 2021

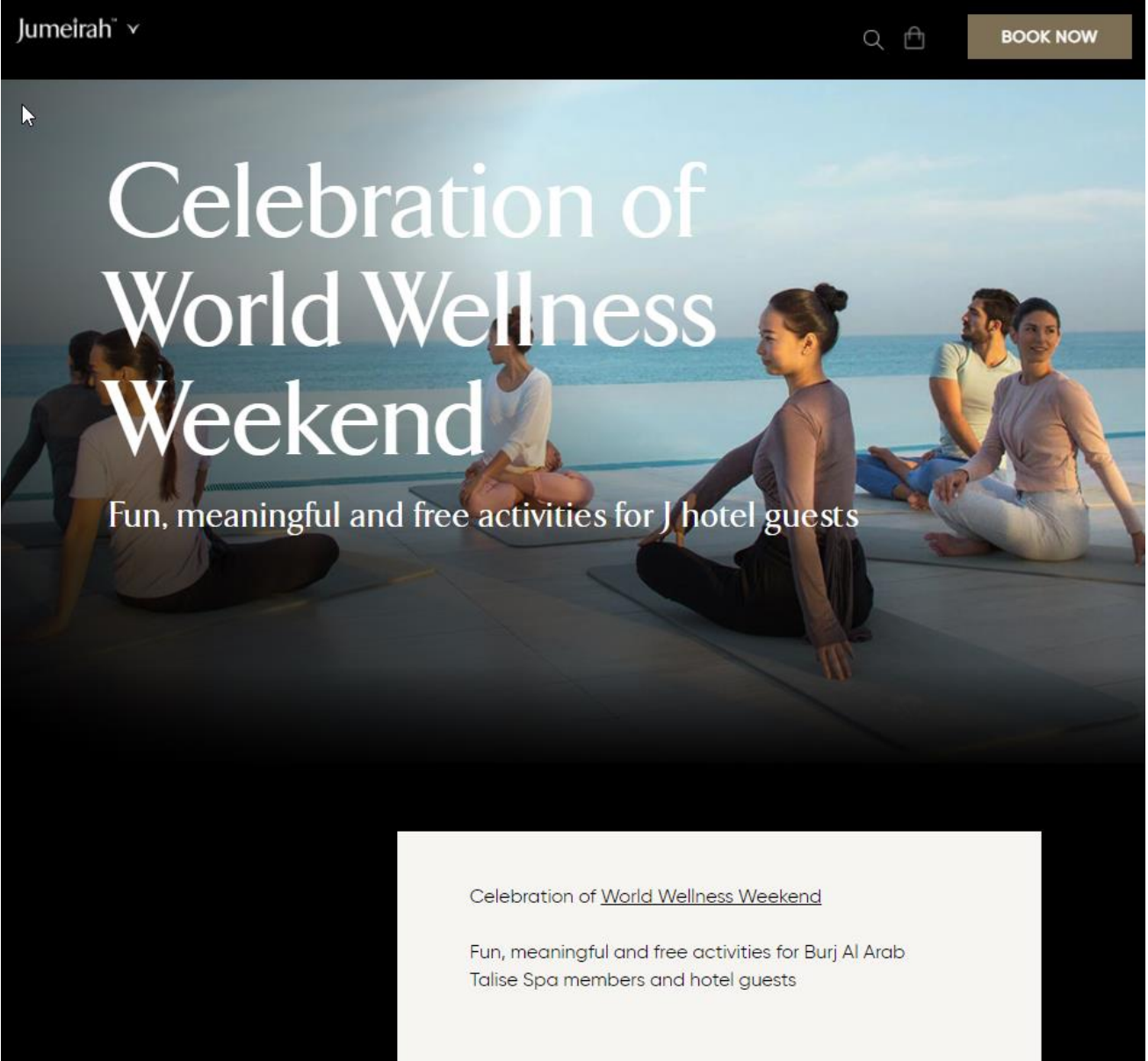
<https://stayhappening.com/e/world-wellness-jump-off-E2ISTVNKCOL>



UAE

September 2021

<https://www.jumeirah.com/en/offers/category-offers/wellness/burj-al-arab-jumeirah/world-wellness-weekend>

The image is a screenshot of a Jumeirah website banner. At the top, there is a dark navigation bar with the Jumeirah logo and a dropdown arrow on the left, and search and shopping cart icons on the right. A 'BOOK NOW' button is located in the top right corner. The main banner features a large, white, serif title 'Celebration of World Wellness Weekend' overlaid on a photograph of five people (three women and two men) sitting in a circle on a rooftop terrace, practicing yoga or meditation. The background shows a clear blue sky and the ocean. Below the title, a subtitle in a smaller, white, sans-serif font reads 'Fun, meaningful and free activities for J hotel guests'. At the bottom of the banner, there is a white rectangular box containing the text 'Celebration of World Wellness Weekend' and 'Fun, meaningful and free activities for Burj Al Arab Talise Spa members and hotel guests'.

Greece

September 2021

<https://www.palmyra.gr/fr/page>

[L'HÔTEL](#) [LES CHAMBRES](#) [INSTALLATIONS](#) [ÉVÉNEMENTS](#) [EMPLACEMENT](#) [INFORMATIONS TOURISTIQUES](#) [DURABILITÉ](#) [CONTACT US](#) [FR](#)

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World Wellness Weekend

World Wellness Weekend Event

We are pleased to announce that "Palmyra Beach Hotel-Eco Friendly Hotel" will be **the Wellness Ambassador in Athens Riviera during the World Wellness Weekend** that will take place on 18 & 19 September 2021.

Come join us to celebrate a wellness festival. Immediately improve your life and incorporate one or all of the 5 pillars of wellness.

You can download the program here:

 [WORLD_WELLNESS_WEEKEND_EVENT_PROGRAM](#)

PLUS D'OFFRES



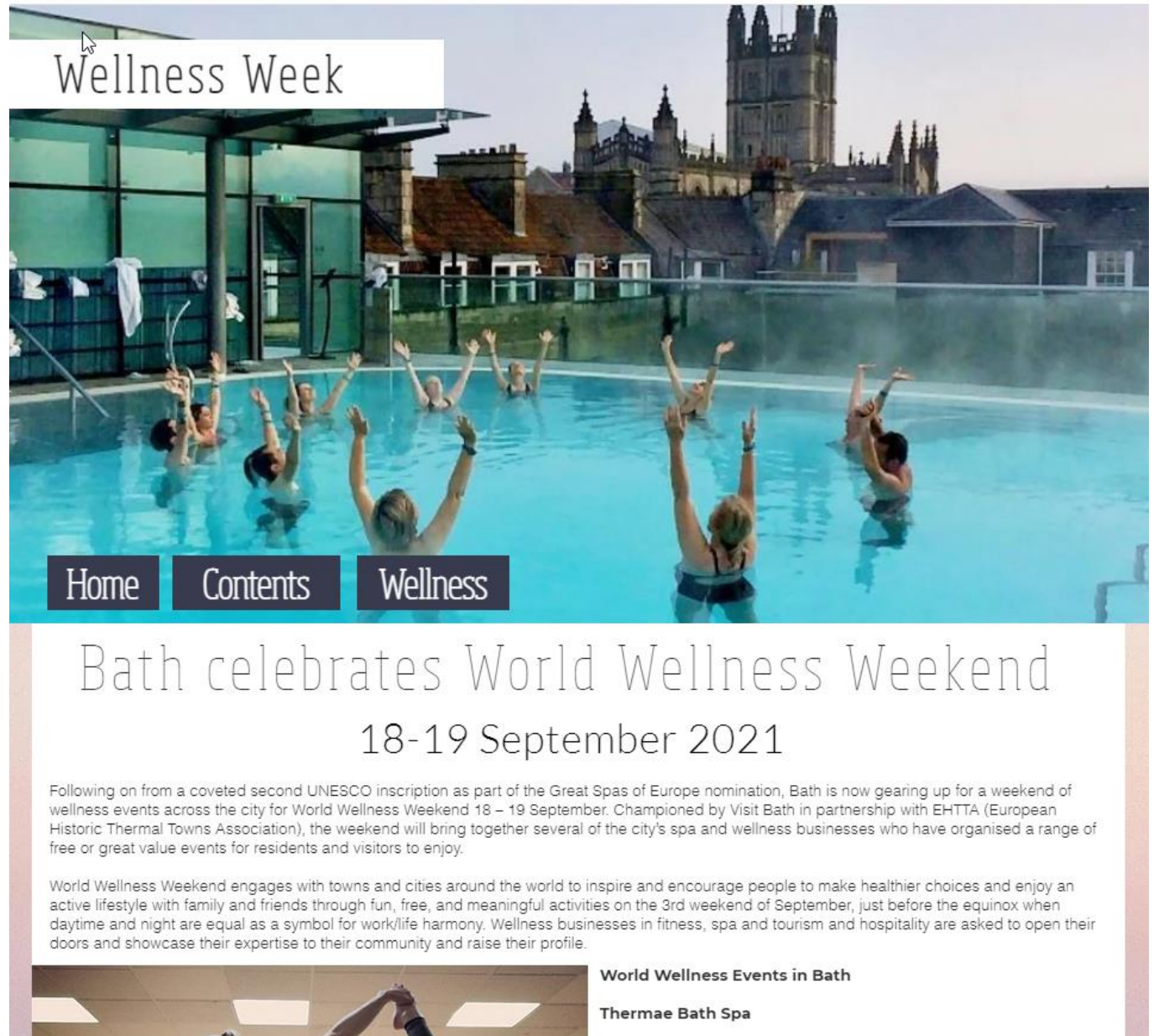
Devenez membre et bénéficiez d'une remise de 5%!

 1 La personne est En regardant maintenant ×

United Kingdom

September 2021

<https://www.inbath.net/wellnessweek>



Wellness Week

Home Contents Wellness

Bath celebrates World Wellness Weekend

18-19 September 2021

Following on from a coveted second UNESCO inscription as part of the Great Spas of Europe nomination, Bath is now gearing up for a weekend of wellness events across the city for World Wellness Weekend 18 – 19 September. Championed by Visit Bath in partnership with EHTTA (European Historic Thermal Towns Association), the weekend will bring together several of the city's spa and wellness businesses who have organised a range of free or great value events for residents and visitors to enjoy.

World Wellness Weekend engages with towns and cities around the world to inspire and encourage people to make healthier choices and enjoy an active lifestyle with family and friends through fun, free, and meaningful activities on the 3rd weekend of September, just before the equinox when daytime and night are equal as a symbol for work/life harmony. Wellness businesses in fitness, spa and tourism and hospitality are asked to open their doors and showcase their expertise to their community and raise their profile.

World Wellness Events in Bath

Thermae Bath Spa

USA

September 2021

<https://allevents.in/online/world-wellness-weekend/200021512070555>

 allevents.in ONLINE 



World Wellness Weekend

Sep 18, 2021 - Sep 19, 2021  



World Wellness Weekend

Terranea Resort invites guests and yoga enthusiasts to join a complimentary virtual seaside yoga session in honor of World Wellness Weekend.

Virtually led by a Terranea instructor, participants will enjoy a mindful yoga session at their leisure and in the comforts of your own home, while promoting balance and inner well-being during the scenic oceanfront session. The fitness activity welcomes guests of all levels and will provide an invigorating flow and a moment of tranquility.

Also check out other Health & Wellness Events in Online.

Tickets

Tickets for World Wellness Weekend can be booked here.

United Kingdom

September 2021

<https://www.trybooking.com/events/landing/806243>



Subtotal:
\$0.00



BOOK NOW

You, Me and the Trees - World Wellness Weekend 19 Sept 2021



Italy

September 2021

<https://www.hotelgarnilaurino.it/it/eventi-val-di-fiemme/world-wellness-weekend>



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World Wellness Weekend

La **Val di Fiemme** è stata scelta come location per i prossimi **World Wellness Weekend** dal 17-19/09/2021. Ecco cosa verrà organizzato:

Venerdì 17/09

- **Tramonto Dolomitico** a Capanna Cervino dalle ore 17.30: passeggiata da Passo Rolle verso Capanna Cervino con danza per ringraziare il sole e aperitivo fiorito*
- **Possibilità di cenare in rifugio** da prenotare a parte

Sabato 18/09

- **Fiemme Namastè Festival a Predazzo** tutto il giorno con programma a parte da visionare cliccando [qui](#) (obbligo green pass e a pagamento)*
- **Alba sul Corno Bianco alle ore 5.45**: escursione verso la vetta del Corno Bianco accompagnata per ammirare il risveglio del sole in un panorama mozzafiato gustando lo speciale cestino del Laurino ricco dei nostri prodotti fatti in casa*
- **Benefica camminata a piedi nudi nel percorso Kneipp di Anterivo alle ore 10.00**: rinfrescata camminata nel percorso Kneipp seguita da una bevanda rigenerante degli agricoltori di Capriana con dolcetti al caffè di Anterivo*
- **Innauurazione del "Bosco dei Silenzi Diversi" alle ore 11.30**: passeggiata sul percorso bianco a Daiano tra i vari luoghi d'ascolto per connetterci con noi stessi*
- **Il fieno rigenera ore 14.30**: laboratorio per conoscere i benefici del fieno e le varie erbe utilizzate nella cosmetica naturale*
- **Il silenzio, il bosco e le stelle alle ore 21.00**: serata all'Osservatorio astronomico

United Kingdom

September 2021

https://mag.professionalbeauty.co.uk/magazine/reader/218939?utm_campaign=PB%20Digital%20Issues&utm_medium=email&_hsmi=154715432&_hse nc=p2ANqtz-9tbOLaPTwA5V-OJYMJz_QObNuOoxC58FsvmNN-48-fB-DdEZfv9Iz1NbbwT-0Cdzhv6



World Spa & Wellness Awards 2021 shortlist

The scores are in and the shortlisted spas for the World Spa & Wellness Awards 2021 can now be revealed. Celebrating spas from around the world, the awards recognise excellence in wellness provision, treatment delivery, customer care, business skill, leadership, and sustainability.

The spas have been shortlisted in nine categories: Spa of the Year: Asia & Australasia; Spa of the Year: Eastern Europe; Spa of the Year: Western Europe & Scandinavia; Spa of the Year: North and South America; Spa of the Year: Middle East; Sustainable Spa of the Year; Team of the Year; Spa Leader of the Year; and Worldwide Health & Wellness Destination of the Year. See which spas were shortlisted: professionalbeauty.co.uk/worldawardsshortlist

The finalists will meet in London on October 17 at a glamorous awards ceremony, which will run alongside the Professional Beauty Awards 2021 at Grade II-listed venue The Brewery in London.

An individual ticket costs £124.17+VAT, while a table of 10 costs £1,240.17+VAT. Book your ticket: professionalbeauty.co.uk/worldawardsbooknow

With thanks to our sponsors:



WELLNESS FOR ALL

Jean-Guy de Gabriac, founder of World Wellness Weekend and conference producer for the World Spa & Wellness Convention London, tells us what's in store from the two autumn events



Health and wellness have become more closely aligned since the Covid-19 pandemic. Do you think that's a permanent shift?

"Governments and media are focused on Covid-19, but

actually we have more than one pandemic to address. Five pandemics have been going on for decades: sleep, obesity, inactivity, anxiety and non-communicable diseases. More than ever, we all need to have a responsible long-term approach to our vitality, serenity and immunity through better lifestyles and with the support of friends, colleagues and family."

What's the aim of World Wellness Weekend (WWW)?

"We encourage wellness professionals and enthusiasts to take a stand and show that their health matters. When thousands of spa professionals open their doors on the same weekend, just before the September equinox (September 18-19), it creates a PR event that catches the attention of journalists and influencers, who then share with their audiences original wellness activities to be experienced in 129 countries."

"For World Wellness Weekend we ask professionals to offer a minimum of one hour from one member of the team to lead a workshop, class or talk that is safe, free, fun and as transformative as possible. We want participants to learn something new and share it with their friends to entice them to try. We also encourage participating venues to create packages for people to stay on longer at the property during WWW, and bounce-back offers to entice people to come back."

What's happening at WWW this year?

"Activities will take place in 129 countries with close to 1,000 cities. There are more than 100 country or city ambassadors and coordinators. Like last year, whenever possible, professionals will organise safe, in-person group activities outdoors to reconnect with nature (weather permitting), or indoors with spacious rooms where people can respectfully be six feet apart."

"In countries or cities where the Covid-19 pandemic may still be raging, classes, workshops and talks will be accessible online. We shall also honour the first line of responders, with beauty schools in France and massage schools in Canada offering beauty treatments to doctors and nurses."

"Major spa and wellness properties will be participating. The IAJ group will have over 50 hotels in India and internationally with activities about the benefits of ayurveda. The Minor group, Six Senses and Fusion Resorts will also be involved. For the first time, the International School of Buwon (South Korea) will organise activities focusing on mental and physical wellness for kids."

You're also conference producer for the World Spa & Wellness Convention in London. What can delegates expect this year?

"Each year the objective is to share with delegates insights and best practices from top-notch senior executives. In response to feedback from the spa industry, Professional Beauty London at ExCeL, on October 17-18 will cover issues including how to tackle the shortage of good therapists; creating a nimble spa model to cope with any future disruption to business; and packages for preventative health - particularly the menopause. We have some amazing speakers lined-up, including Zoe Wall, MSPA's group spa director for Asia; Ana Coelho Silva, group spa director of Rocco Forte; and Finlay Anderson, Intercontinental Hotels Group area spa director."

United Kingdom

September 2021

The Bath Magazine

<https://thebathmagazine.co.uk/calendar/>

THE BATH magazine			
17 SEP LIVE MUSIC AT GREEN PARK BRASSERIE AT GREEN PARK BRASSERIE	18-19 SEP WORLD WELLNESS WEEKEND AT VARIOUS LOCATIONS IN AND AROUND BATH	18 SEP PRIOR PARK COLLEGE: MAIN OPEN MORNING	18 SEP FENG SHUI AND REIKI WITH HEIDIREIKI AT THE SOUL SPA, WELLNESS WEEKEND
18 SEP REIKI TASTER SESSIONS WITH HEIDIREIKI AT THE SOUL SPA	18 SEP LIVE MUSIC AT GREEN PARK BRASSERIE AT GREEN PARK BRASSERIE	19-05 SEP JAZZ FACTORY: LEARN TO IMPROVISE AT WILTSHIRE MUSIC CENTRE, BRADFORD ON AVON.	19 SEP GROUP REIKI CHAKRA BALANCE AND MEDITATION WITH HEIDIREIKI AT THE SOUL SPA
20-06 SEP JAZZ FACTORY: LEARN TO IMPROVISE AT WILTSHIRE MUSIC CENTRE	20 SEP SHELDON SCHOOL: OPEN EVENTS	21 SEP SHELDON SCHOOL: OPEN EVENTS	21 SEP KINGSWOOD PREP SCHOOL: OPEN MORNING

Dominican Republic

01 September 2021

<https://tiempohabitualonline.blogspot.com/2021/08/world-wellness-weekend-traves-de-su.html>



World Wellness Weekend, a través de su embajador en República Dominicana Flavio Acuña, firma convenio con la Alcaldía de Punta Cana

República Dominicana.- El World Wellness Weekend, el evento del mundo del Bienestar y la Salud con iniciativa que tiene 5 años y que, en 2020, a pesar de la pandemia se realizó de modo virtual, anuncia, el que, a través de su embajador en República Dominicana, Flavio Acuña, acaba de firmar un convenio de cooperación interinstitucional con la alcaldía del municipio Punta Cana Alcalde Ramón Ramírez (Manolito) con el cual esta institución estará brindado apoyo con la difusión masiva del evento, medios de comunicación, vallas en la ruta y t-shirt.

Con es alianza, la alcaldía se compromete a disponer de todos los recursos y herramientas disponible en el ayuntamiento para que las actividades a efectuarse en esa localidad con motivo del 5to World Wellness Weekend, a realizarse el 18 y el 19 de septiembre de manera exitosa.

“Para nosotros este convenio nos da una gran alegría de poder contar con el apoyo del Ayuntamiento de Bavaro Veron Punta Cana. Es una muestra de que el mundo entero y, en particular los residentes y turistas que visitan la Republica Dominicana, están deseosos de volver a la normalidad y de realizar actividades al aire libre que les ayuden a mantener y mejorar su salud, gracias al calendario de eventos que hemos organizado con este fin” Flavio Acuña, embajador del World Wellness Weekend en República Dominicana.

Acuña también comentó que en la Republica Dominicana se están organizando más de 100 actividades presenciales y gratuitas en diferentes partes del país incluyendo Bávaro, Punta Cana, Bayahibe, Santo Domingo y Cabarete.

“Esta alianza es una muestra de que nuestra labor durante los últimos 5 años a través de este evento multitudinario global está teniendo un gran éxito.



Egypt

01 September 2021

<https://www.cairo360.com/event/world-wellness-weekend-world-gym-egypt/>



BY AREA EVENTS RESTAURANTS CAFÉS NIGHTLIFE CINEMA TIMES SHOPPING ARTS & CULTURE CITY LIFE MOF



World Wellness WeekEnd @ World Gym Egypt

World Wellness Weekend will take place in two different locations of the gym: Hilton Pyramids Dreamland – Heliopolis inside the Air Forces House. The day includes fitness activities such as functional training, Aerobics, kickboxing, Zumba, and yoga. Also, there will be a discussion panel by various influencers about the wellness lifestyle. The event is free of charge for both members and non-members of the gym.

To register please visit this link: <https://forms.gle/nitLhGjtjyP4qz9C7>

Italy

1 September 2021

Travel and Spa Magazine

<https://travelandspa.it/world-wellness-weekend-val-di-fiemme/>



Sicily

01 September 2021

<https://www.youtube.com/watch?v=awMiefgND3I>

YouTube ID

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World Wellness Weekend
Silent Dance Fitness

di Calogero Parlapiano
WORLD WELLNESS WEEKEND, A SCIACCA CON LA EXCELENCIA DANCE

ISCRIZIONI A NUMERO CHIUSO SOLO PER GLI ASSOCIATI

WORLD WELLNESS WEEKEND, A SCIACCA CON LA EXCELENCIA DANCE

74 views • Sep 1, 2021

1 0 SHARE SAVE ...

 **Tele Radio Monte Kronio Sciacca**
4.4K subscribers

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WORLD WELLNESS WEEKEND, A SCIACCA CON LA EXCELENCIA DANCE

Sicily

02 September 2021

<https://www.telemontekronio.it/index.php/sports/item/14905-world-wellness-weekend-a-sciacca-con-la-excelencia-dance>

TELE MONTE KRONIO
EMITTENTE TV - VIA DELLE DALIE, 23 - 92019 SCIACCA (AG) **Canale 115** **Canale 645**

HOME ATTUALITÀ CRONACA CULTURA & SPETTACOLO **SPORTS** > L'AZIENDA > WEB TV ON DEMAND

01
Settembre



World Wellness Weekend, a Sciacca con la Excelencia Dance

Scritto da **Redazione3** Pubblicato in **Sports**

Stampa Email Video

La saccense Lia Vitrano, vicepresidente della Excelencia

Dance and Fitness Studio di Sciacca, si occuperà per la Regione Sicilia del "World Wellness Weekend" terrà in tutto il mondo il 18 e 19 settembre. In quel weekend di settembre tutti i professionisti di spa, sale sportive e uffici del turismo di tutto il mondo invitano a trascorrere due giorni all'insegna del benessere, Lia Vitrano.

TELE MONTE KRONIO
EMITTENTE TV - VIA DELLE DALIE, 23 - 92019 SCIACCA (AG) **Canale 115** **Canale 645**

HOME ATTUALITÀ CRONACA CULTURA & SPETTACOLO **SPORTS** > L'AZIENDA > WEB TV ON DEMAND

01
Settembre



World Wellness Weekend, a Sciacca con la Excelencia Dance

USA

02 September 2021

<https://www.ihrsa.org/improve-your-club/industry-news/a-global-effort-with-local-impact-celebrate-world-wellness-weekend/>

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The Global Health & Fitness Association

IMPROVE YOUR CLUB INDUSTRY LEADERSHIP EVENTS MEMBERSHIP

A Global Effort with Local Impact: Celebrate World Wellness Weekend

Engage new audiences through the global wellness movement September 18-19, 2021.

[Regina Satagaj](#) • September 02, 2021



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Wellness has never been more important than it is today, yet a whopping 80% of people are off the radar when it comes to outreach from health clubs and wellness groups. World Wellness Weekend aims to change that—and participating offers you an excellent opportunity to promote your organization and demonstrate your commitment to your community.

USA

02 SEPTEMBER 2021

<https://www.celebrityangels.co.uk/world-wellness-weekend/>

Reconnect with Yourself on World Wellness Weekend

Weekend



Manny Berhanu — On Sep 2, 2021



The highly anticipated World Wellness Weekend makes its return this year celebrating its fifth edition taking place on 18th and 19th September. It will welcome wellness seekers and lovers to its dedicated global pro-bono event. During that weekend, thousands of wellness, sports, tourism and hospitality professionals will open their doors to the public, offering free 60-minute activities, classes, workshops with the aim to connect people through wellness activities, following the local safety measures.

What is World Wellness Weekend?



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ARGENTINA

02 SEPTEMBER 2021

<https://www.youtube.com/watch?v=OJdfRsoJtS4>

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GENERAL PACHECO

#CincoBeats #Lavueltaquefaltaba - Gabriela Gergic - Directora de Cielo y Tierra Spa - B1

14 views • Sep 2, 2021

0 0 SHARE SAVE ...

 Beats Radio **SUBSCRIBE**

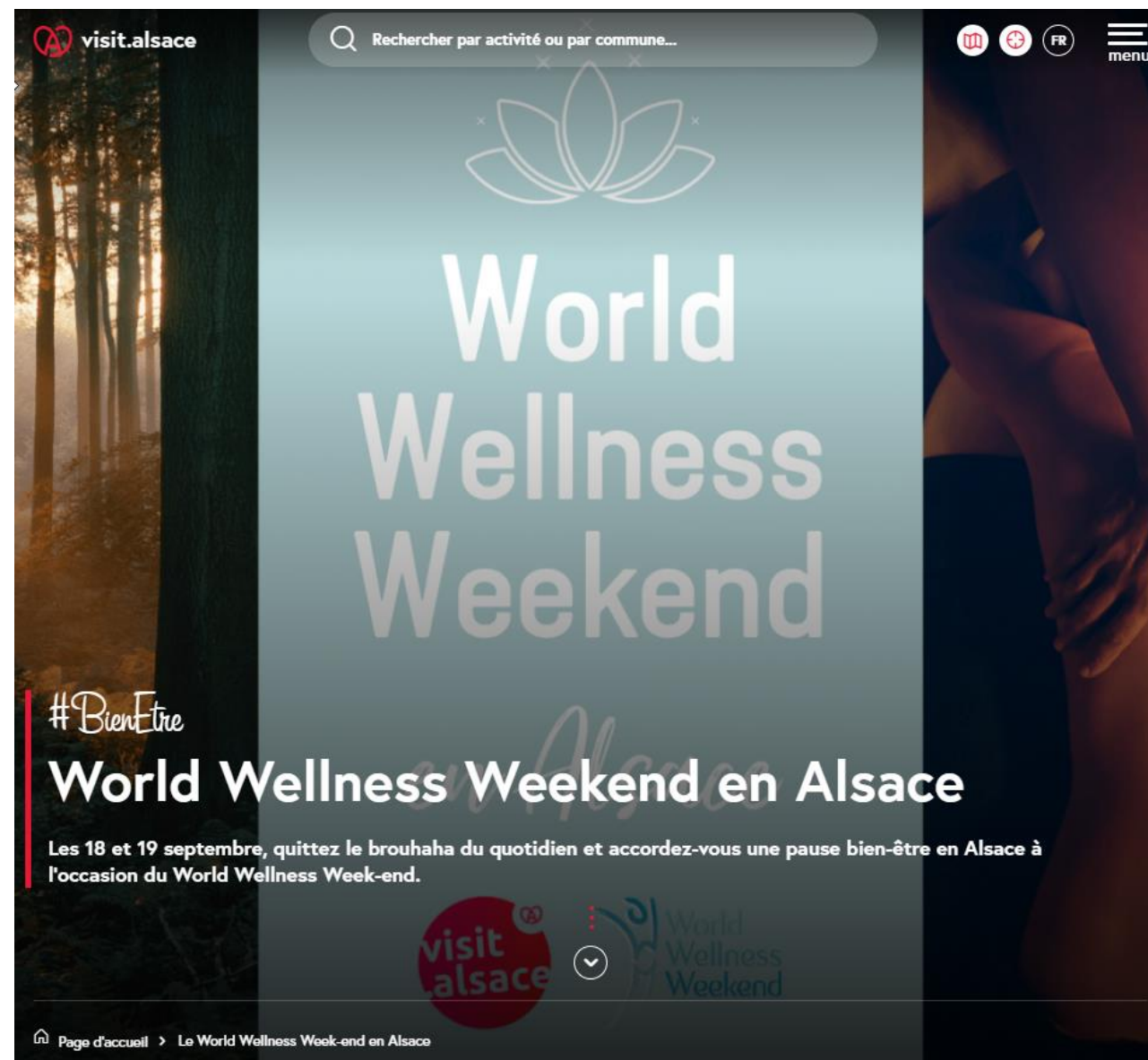
Emisión: 01-09-21
Contenido: Entrevista con Gabriela Gergic - Directora de Cielo y Tierra Spa
#cincobeats #lavueltaquefaltaba -

SHOW MORE

FRANCE

02 September 2021

<https://www.visit.alsace/le-world-wellness-week-end-en-alsace/>



USA

03 September 2021

<https://www.ihrsa.org/improve-your-club/industry-news/fitness-industry-roundup-consumers-invest-in-health-wellness/>

Join us at IHRSA 2021 in Dallas, TX on October 13-15. Learn more and book your spot today! →

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The Global Health & Fitness Association

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Fitness Industry Roundup: Consumers Invest in Health & Wellness

After the COVID-19 pandemic, overall health and well-being are becoming more important to consumers.

[Sami Smith](#) • September 03, 2021

[f](#) [t](#) [in](#) [✉](#)



ENDLESS POSSIBILITIES
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[EXPLORE NOW](#)

As the fight for fitness industry relief continues, positive health trends are picking up pace. Since the pandemic, 3 in 4 Americans say that overall wellness is more important than ever. And access to exercise is becoming easier to attain, even for those with disabilities. Plus, new technology is emerging to provide mental health services.

Sicily

04 September 2021

<https://www.youtube.com/watch?v=Jc1WVOUHVW8>

YouTube interface showing a video player and description.

Top bar: YouTube logo, Search bar, Download this video button.

Video player: Interview with GIOVANNA VENEZIA. Riprese e Montaggio: Gaetano La Porta. Video duration: 0:31 / 5:07.

Description: Evento World Wellness Weekend, Trainer del Verdura Resort ambasciatrice per la Sicilia.

Engagement: 397 views • Sep 4, 2021. Likes: 2, Comments: 1. Buttons: SHARE, SAVE, ...

Channel: Risoluto News, 3.19K subscribers. SUBSCRIBE button.

Sicily

04 September 2021

<https://www.risoluto.it/gli-speciali/e-la-fitness-supervisor-della-spa-piu-grande-deuropa-lambasciatrice-del-world-wellness-incarico-per-lia-vitrano-del-verdura-resort-intervista/>

E' la Fitness Supervisor della Spa più grande d'Europa l'ambasciatrice del World Wellness, incarico per Lia Vitrano del Verdura Resort (Intervista)

Di **Risoluto Redazione** - 4 Settembre, 2021

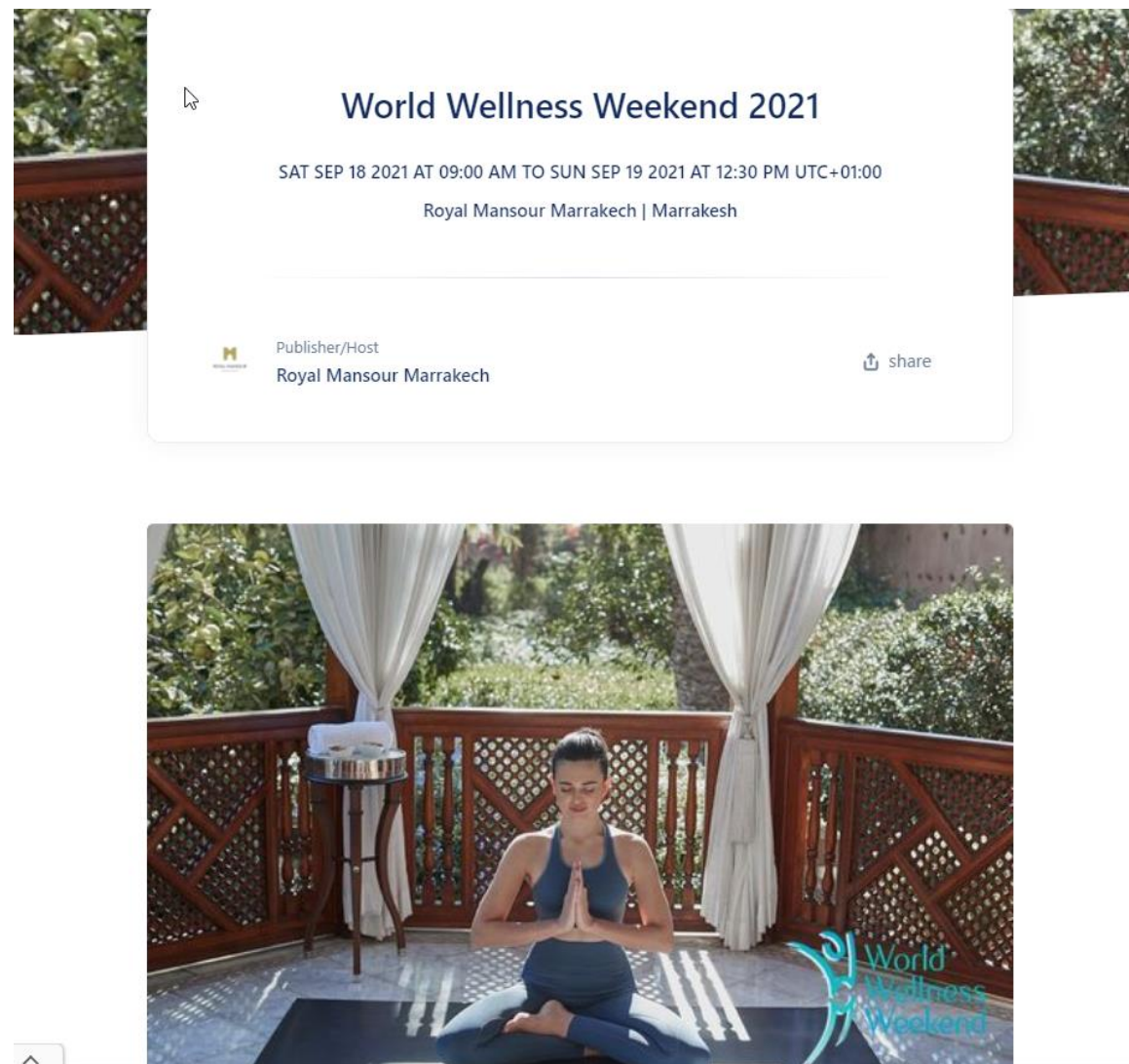
4710



MAROC

05 SEPTEMBER 2021

<https://stayhappening.com/e/world-wellness-weekend-2021-E2ISTX3P5OU>



The image shows a promotional banner for the World Wellness Weekend 2021. The banner is divided into two main sections. The top section, which is white, contains the event title 'World Wellness Weekend 2021' in a dark blue font. Below the title, the dates and times are listed: 'SAT SEP 18 2021 AT 09:00 AM TO SUN SEP 19 2021 AT 12:30 PM UTC+01:00'. The location is given as 'Royal Mansour Marrakech | Marrakesh'. At the bottom of this white section, there is a small logo for 'PUBLISHER/HOST' and the text 'Royal Mansour Marrakech'. To the right of this text is a 'share' button with an upward arrow icon. The bottom section of the banner is a photograph of a woman in a blue athletic outfit performing a yoga pose (Padmasana) on a dark mat. She is sitting on a light-colored cushion on a balcony with a wooden lattice railing. The background shows lush greenery and a building. In the bottom right corner of the photograph, there is a logo for 'World Wellness Weekend' with a stylized figure.

World Wellness Weekend 2021

SAT SEP 18 2021 AT 09:00 AM TO SUN SEP 19 2021 AT 12:30 PM UTC+01:00

Royal Mansour Marrakech | Marrakesh

PUBLISHER/HOST
Royal Mansour Marrakech

share

World Wellness Weekend

Italy

6 September 2021

Trekking.it

<https://www.trekking.it/news/valdifiemme-world-welness-weekend/>

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Benessere in Val di Fiemme: dal 17 al 19 settembre il weekend mondiale di Wellness



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FRANCE

06 September 2021

<https://www.alsace-destination-tourisme.com/ged/espace-presse/communiqué-presse-world-wellness-week-end.pdf>



Communiqué de presse
6 septembre 2021

WORLD WELLNESS WEEK END EN ALSACE
18 et 19 septembre



Le World Wellness Week-end, ou Week-end Mondial du Bien-être, créé par M. Jean-Guy De Gabriac, est un événement qui sensibilise le grand public en faisant la promotion de milliers d'activités de bien-être, gratuites et riches de sens à travers le globe. Cet événement qui existe depuis 2017 avait réuni en 2019, près de 2300 participants dans 98 pays. Son édition 2021 aura lieu les 18 et 19 septembre prochains.

United Kingdom

7 September 2021

Insider Voice

<https://insider-voice.com/5th-annual-world-wellness-weekend/>

INSIDER VOICE

Sunday, September 12, 2021

HOME WORLD SPORTS BUSINESS ENTERTAINMENT TECH

WORLD

5th Annual World Wellness Weekend

By Gary Miller 5 days ago

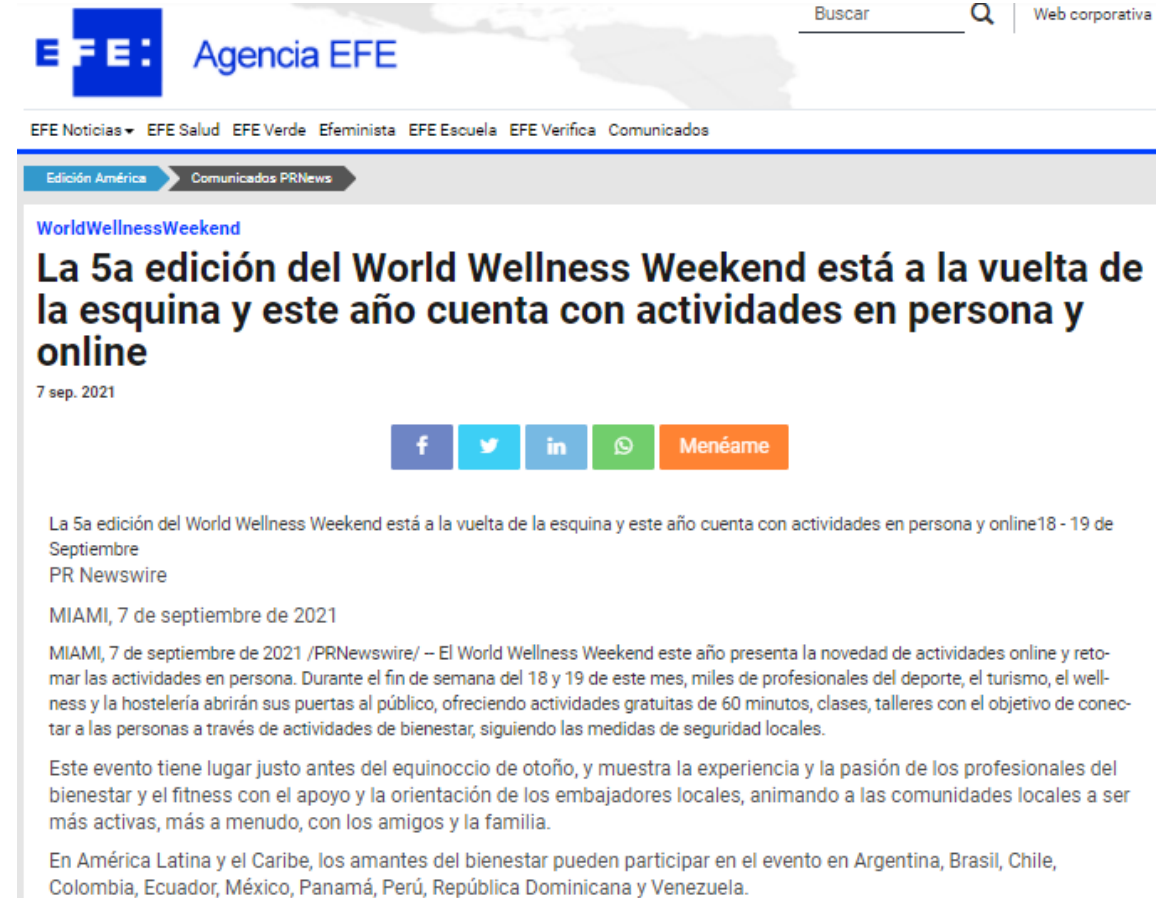


Spain

7 September 2021

EFE

https://www.efe.com/efe/america/comunicados-prnews/la-5a-edicion-del-world-wellness-weekend-esta-a-vuelta-de-esquina-y-este-ano-cuenta-con-actividades-en-persona/50001355-MULTIMEDIAE_4624532



The screenshot shows the EFE Agencia EFE website. The header includes the EFE logo, the text "Agencia EFE", a search bar with the word "Buscar" and a magnifying glass icon, and a link for "Web corporativa". Below the header is a navigation bar with links: "EFE Noticias", "EFE Salud", "EFE Verde", "Efeminista", "EFE Escuela", "EFE Verifica", and "Comunicados". The main content area features a blue banner with the text "Edición América" and "Comunicados PRNews". The article title is "La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online", dated "7 sep. 2021". Below the title are social media sharing buttons for Facebook, Twitter, LinkedIn, WhatsApp, and a "Menéame" button. The article text begins with "La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online 18 - 19 de Septiembre" and "PR Newswire". It mentions "MIAMI, 7 de septiembre de 2021" and describes the event as a return to in-person activities after a period of online-only events. The text highlights that the event will take place just before the autumn equinox, showcasing the experience and passion of wellness professionals and fitness enthusiasts, supported by local ambassadors who will encourage local communities to be more active, spend more time with friends and family. It also notes that in Latin America and the Caribbean, the event can be participated in in Argentina, Brazil, Chile, Colombia, Ecuador, Mexico, Panama, Peru, Dominican Republic, and Venezuela.



WORLD

07 September 2021

https://flashalert.me/?symbol=TONE&source=PR&referrer=https://twitter.com/&url=https://www.prnewswire.com:443/news-releases/5th-annual-world-wellness-weekend-301370620.html&s3=TONE/2021-09-07/15-05-48_000000/pr/91dc005b571b94316394ab9663c45fc2/5th-annual-world-wellness-weekend-301370620.html

5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

NEWS PROVIDED BY
World Wellness Weekend →
Sep 07, 2021, 15:05 ET

SHARE THIS ARTICLE



MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

From sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) hotels, spas, fitness clubs, yoga studios, hot springs around the world are **UNITED** to organize safe, fun and free wellness activities.

Outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

Hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

Let's salute the outstanding participation of iconic groups and properties such as **Alba Wellness & Fusion resorts** (Vietnam), **Anantara** (Asia & GCC), **Aqua Sana Center Parcs** (UK), **Banyan**

DOMINICAN REPUBLIC

07 September 2021

<https://tusolcaribe.com/2021/09/anuncian-fin-de-semana-mundial-del-bienestar/>

SOCIALES

Anuncian Fin de Semana Mundial del Bienestar

7 septiembre, 2021 - por Margarita Brito - Deja un comentario



PUNTA CANA. – Como parte de su concepto Wellness Inclusive, el hotel Meliá Punta Cana Beach – Adults Only Wellness Inclusive anunció el Fin de Semana Mundial del Bienestar, el cual se enfocará en el bienestar y la salud mental, física y emocional de aquellos que se den cita a este interesante encuentro, ayudándoles a reconectar consigo mismos.

Pautado para los días 17 al 19 de septiembre de este año, el Fin de Semana Mundial del Bienestar incluirá una serie de actividades que van desde Aero Dance, CrossFit, Run for Fun (Carrera 5K), yoga, pilates, tours en bicicleta, clínicas de golf, aqua pole, jumping fitness, competencia de campo de obstáculos, meditación guiada mindfulness, clases de cócteles saludables y 20% de descuento en masajes relajantes en Yhi Spa.



USA

07 September 2021

https://stocksnewsfeed.com/benzinga/5th-annual-world-wellness-weekend/?utm_source=dlvr.it&utm_medium=twitter

Stocks News Feed » 5th annual World Wellness Weekend

5th annual World Wellness Weekend

by Stocks News Feed / September 7, 2021 / Benzinga – Stock Market News

MIAMI, Sept. 7, 2021 /PRNewswire/ — Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

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BELGIUM

07 September 2021

<https://www.manoeuvre.be/lifestyle/world-wellness-weekend/>



LIFE

World Wellness Weekend

Het Wereld Wellness Weekend, dat zijn vijfde editie viert, is klaar om wellnesszoekers en -liefhebbers te verwelkomen op zijn speciale wereldwijde pro bono-evenement dat plaatsvindt op 18 en 19 september. Tijdens dat weekend zullen duizenden wellness-, sport-, toerisme- en horecaprofessionals hun deuren openen voor het publiek en gratis activiteiten, lessen en workshops van 60 minuten aanbieden met als doel mensen te verbinden via wellnessactiviteiten, waarbij de lokale veiligheidsmaatregelen worden gevolgd.

07 September 2021

PHOTO / VIDEO GALLERY



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<WORLD WELLNESS WEEKEND>

World Wellness Weekend

From Saturday, September 18, 2021 **to** Sunday, September 19, 2021

Terranea Resort invites guests and yoga enthusiasts to join a complimentary virtual seaside yoga session in honor of World Wellness Weekend. Virtually led by a Terranea instructor, participants will enjoy a mindful yoga session at their leisure and in the comforts of your own home, while promoting balance and inner well-being during the scenic oceanfront session. The fitness activity welcomes guests of all levels and will provide an invigorating flow and a moment of tranquility. The virtual session will be available and shared on Terranea's Facebook and Instagram.

September 18 - 19

USA

07 September 2021

https://www.wfmz.com/news/pr_newswire/pr_newswire_entertainment/5th-annual-world-wellness-weekend/article_7b9779dd-bd62-5183-8368-6c1df7dd894d.html

News

SPONSORED

5th annual World Wellness Weekend

By World Wellness Weekend Sep 7, 2021 Updated Sep 7, 2021 



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Dominican Republic

07 September 2021

<http://diariohorizonte.com/la-5a-edicion-del-world-wellness-weekend-esta-a-la-vuelta-de-la-esquina-y-este-ano-cuenta-con-actividades-en-persona-y-online/>



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La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online

September 7, 2021 Internet & Tecnología

VIAMI, 7 de septiembre de 2021 /PRNewswire/ — El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 / 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.

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Dominican Republic

7 September 2021

<https://dominicanavibra.blogspot.com/p/prnewswire.html?rkey=20210907ES98175&filter=18174>

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Global

7 September 2021

<http://www.willardpost.com/latest-news-from-pr-newswire/?rkey=20210907ES98175&filter=13184>

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Mexico

7 September 2021

<https://www.versacomunicacion.com/prnewswire.html?rkey=20210907ES98175&filter=12263>



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Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espírito Santo y Bahía, en coordinación con Plantio Brasil, en **México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil: Fenix Podiatry** ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

Dominican Republic

7 September 2021

<https://vecinoglobal.blogspot.com/p/prnewswire.html?rkey=20210907ES98175&filter=12407>

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Spain

7 September 2021

<https://valencia24horas.com/prnews/wire/?rkey=20210907ES98175&filter=17019>

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Mexico

7 September 2021

<https://www.unete.org/prnewswire/?rkey=20210907ES98175&filter=17071>



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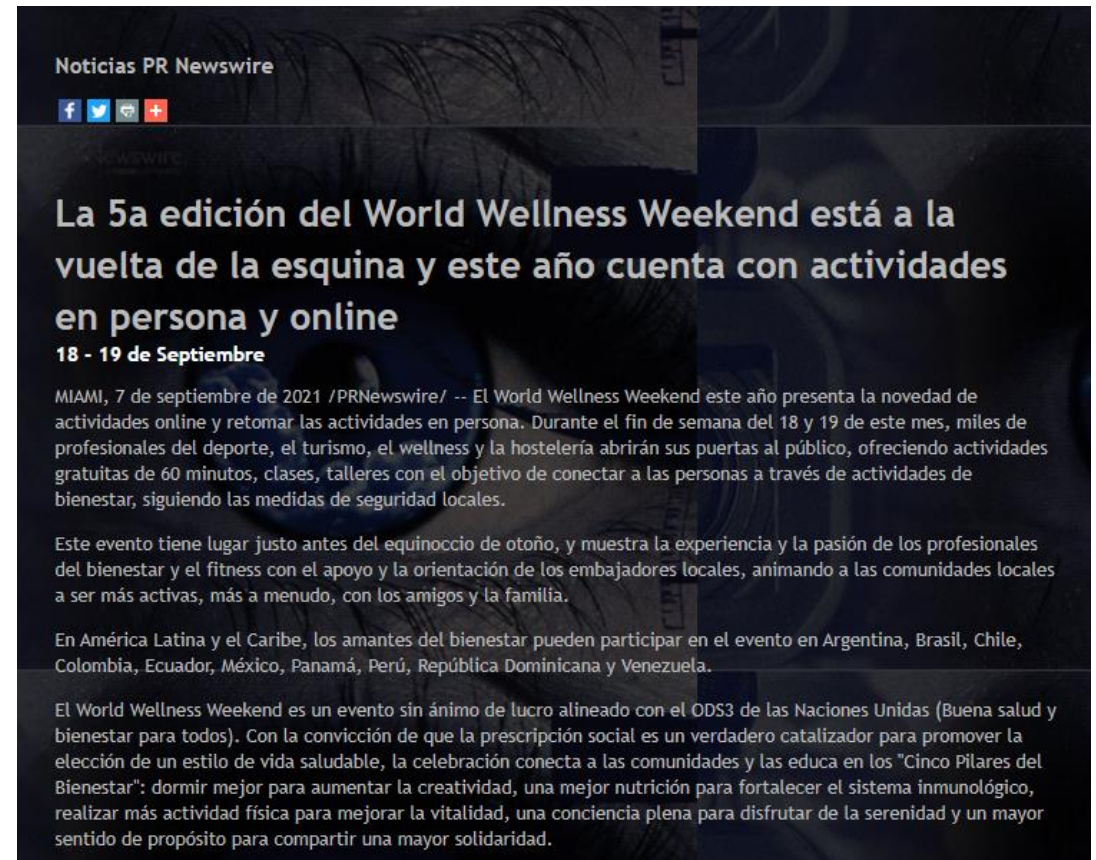
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Mexico

7 September 2021

<http://unanuevatendenciaen.blogspot.com/p/noticias-pr-newswire.html?rkey=20210907ES98175&filter=1283>



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Colombia

7 September 2021

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Alianza de noticias



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Argentina

7 September 2021

<https://tynmagazine.com/prnewswire/?rkey=20210907ES98175&filter=10442>



The image is a screenshot of a web page from TYN magazine. At the top, there is a red header with the TYN logo. Below the header, a navigation bar lists several categories: TIC, Digital Economy, Digital Bank, IoT, Cryptoeconomy, AI, and Fintech. The main content area features a large, bold headline in Spanish: "La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online". Below the headline, the dates "18 - 19 de Septiembre" are displayed. The article text begins with "MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales." A short paragraph follows, stating that the event takes place just before the autumn equinox and showcases the experience and passion of wellness professionals and fitness, supported by local ambassadors who encourage local communities to be more active, more often, with friends and family. The final paragraph mentions that in Latin America and the Caribbean, wellness enthusiasts can participate in the event in Argentina, Brazil, Chile, Colombia, Ecuador, Mexico, Panama, Peru, Dominican Republic, and Venezuela.

TyN

TIC Digital Economy Digital Bank IoT Cryptoeconomy AI Fintech

PR Newswire

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PR Newswire

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Mexico

7 September 2021

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Tiempo de lectura: < 1 minuto



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Mexico

7 September 2021

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"Para ti mujer, que tomas el volante de tu vida"

PR Newswire



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Dominican Republic

7 September 2021

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Chile

7 September 2021

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Mexico

7 September 2021

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Mexico

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Mexico

7 September 2021

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Venezuela

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Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil:** Fenix Podiatry ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

México, donde se encuentra nuestro embajador de ese país Fran Lugo, el **Centro de Bienestar Urbano Cartesiano**, lanzado como el primer Centro de Bienestar Integrativo del país ofrecerá un programa totalmente en línea para ambos días.

En Argentina, la provincia de Córdoba se suma por primera vez al WWW para contribuir a la calidad de vida. **El sábado 18, en el balneario de Miramar**, la Asesora de Cultura Termal hablará sobre los beneficios de las aguas minero medicinales de la Laguna de Ansenusa. El día termina con la participación de Estela Bianciotti para albergar una clase de yoga en armonía con el paisaje del lago y **el domingo 19** habrá lo que nuestros embajadores bautizaron como "El Bienestar Late" en Torcuato donde habrá desde yoga hasta clases de zumba para ofrecer actividades a todo ritmo y velocidad para escoger.

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Costa Rica

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Mexico

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Guatemala

7 September 2021

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Mexico

7 September 2021

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The image is a screenshot of a web browser displaying a PR Newswire article. At the top, there is a dark blue header with the 'QUADRATIN Michoacán' logo on the left and a navigation menu with links: 'Principal', 'Política', 'Sucesos', 'Justicia', 'Deportes', 'Municipios', 'Entretenimiento', 'Opinión', and 'Economía'. Below the header, the 'prnewswire' logo is visible. The main content area has a light gray background. It features social media sharing icons (Facebook, Twitter, LinkedIn, and a plus sign) and the 'PR Newswire' logo. The headline reads: 'La 5a edición del World Wellness Weekend está a la vuelta de la esquina y este año cuenta con actividades en persona y online'. Below the headline, the dates '18 - 19 de Septiembre' are displayed in orange. The article text begins with 'MIAMI, 7 de septiembre de 2021 /PRNewswire/ -- El World Wellness Weekend este año presenta la novedad de actividades online y retomar las actividades en persona. Durante el fin de semana del 18 y 19 de este mes, miles de profesionales del deporte, el turismo, el wellness y la hostelería abrirán sus puertas al público, ofreciendo actividades gratuitas de 60 minutos, clases, talleres con el objetivo de conectar a las personas a través de actividades de bienestar, siguiendo las medidas de seguridad locales.' The text continues with 'Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.'

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Venezuela

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Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil:** Fenix Podiatry ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

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Algunas otras actividades online para quienes no puedan asistir a las locaciones por país para cada día incluyen: **18 de septiembre: Brasil:** Eliana Costa, Coordinadora de WWW, ofrecerá clases de LIAN GONG gratuitas; **México:** el **Esencia Yoga Spa Retreat** (San Miguel de Allende) explorará los beneficios de la terapia de inversión conservadora en un trapecio de yoga de yoga body natural desarrollado por Lucas Rockwood (actividad en interiores ON-SITE) y transmisión en vivo en Facebook e Instagram.

Panama

7 September 2021

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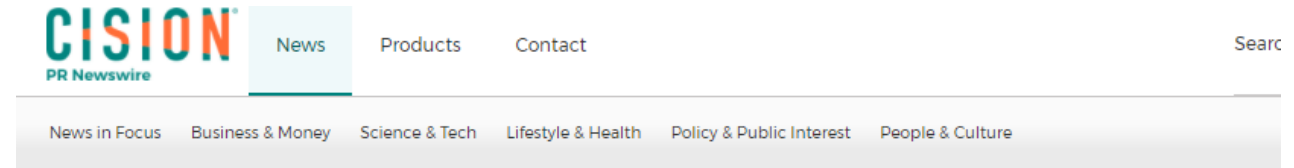
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Global

7 September 2021

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18 - 19 de Septiembre

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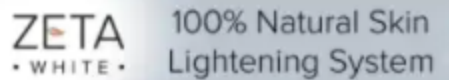
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18 - 19 de Septiembre

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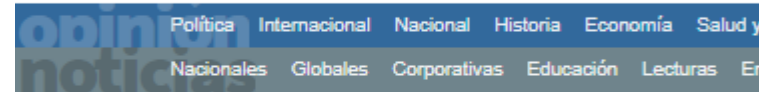
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United States

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Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espírito Santo y Bahía, en coordinación con Plantio Brasil, en **México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil:** Fenix Podiatry ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el Hotel Marina Quinta do Porto ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

México, donde se encuentra nuestro embajador de ese país Fran Lugo, el Centro de Bienestar Urbano Cartesiano, lanzado como el primer Centro de Bienestar Integrativo del país ofrecerá un programa totalmente en línea para ambos días.

En Argentina, la provincia de Córdoba se suma por primera vez al WWW para contribuir a la calidad de vida. **El sábado 18, en el balneario de Miramar**, la Asesora de Cultura Termal hablará sobre los beneficios de las aguas mineromedicinales de la Laguna de Ansenuza. El día termina con la participación de Estela Bianciotti para albergar una clase de yoga en armonía con el paisaje del lago y **el domingo 19** habrá lo que nuestros embajadores bautizaron como "El Bienestar Late" en Torcuato donde habrá desde yoga hasta clases de zumba para ofrecer actividades a todo ritmo y velocidad para escoger.

En República Dominicana, el Meliá Punta Cana ofrece lo que han denominado "Wellness inclusive" donde habrá desde Acqua Gym, hasta Yoga pasando por Pilates y meditaciones guiadas del 17 al 19 de este mes, más todas las actividades organizadas por nuestro embajador, Flavio Acuña quien recientemente firmó un convenio con la alcaldía de Punta Cana para apoyar este evento. **En República Dominicana** ambos días estarán repletos de actividades: clases de yoga, pilates, bachata y merengue para el sábado y para el domingo

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Argentina

7 September 2021

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Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espírito Santo y Bahía, en coordinación con Plantio Brasil, en **México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

Entre algunas de las organizaciones en América Latina que se han sumado a la onda del wellness, y que se encuentran apoyando este evento facilitando sus locaciones para que las personas participen se encuentran: **En Brasil: Fenix Podiatry** ofrecerá reflexología gratuita en Valença – BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda – BA.

México, donde se encuentra nuestro embajador de ese país Fran Lugo, el **Centro de Bienestar Urbano Cartesiano**, lanzado como el primer Centro de Bienestar Integrativo del país ofrecerá un programa totalmente en línea para ambos días.

En Argentina, la provincia de Córdoba se suma por primera vez al WWW para contribuir a la calidad de vida. **El sábado 18, en el balneario de Miramar**, la Asesora de Cultura Termal hablará sobre los beneficios de las aguas mineromedicinales de la Laguna de Ansenauza. El día termina con la participación de Estela Bianciotti para albergar una clase de yoga en armonía con el paisaje del lago y **el domingo 19** habrá lo que nuestros embajadores bautizaron como "El Bienestar Late" en Torcuato donde habrá desde yoga hasta clases de zumba para ofrecer actividades a todo ritmo y velocidad para escoger.

En República Dominicana, el Meliá Punta Cana ofrece lo que han denominado "Wellness inclusive" donde habrá desde Acqua Gym, hasta Yoga pasando por Pilates y meditaciones guiadas del 17 al 19 de este mes, más todas las actividades organizadas por nuestro embajador, Flavio Acuña quien recientemente firmó un convenio con la alcaldía de Punta Cana para apoyar este evento. En **República Dominicana** ambos días estarán repletos de actividades: clases de yoga, pilates, bachata y merengue para el sábado y para el domingo clases de surfing, natación y hasta artes marciales.

En Panamá, en el Buenaventura Golf and Beach Resort el fin de semana del 18 y el 19 de este mes ofrecerán todo tipo de actividades, incluyendo yoga facial, entre otras, para quienes tratan su cuerpo como un templo que debe ser cuidado y bien mantenido.

Algunas otras actividades online para quienes no puedan asistir a las locaciones por país para cada día incluyen: **18 de septiembre: Brasil: Eliana Costa**, Coordinadora de WWW, ofrecerá clases de LIAN GONG gratuitas; **México: el Esencia Yoga Spa Retreat** (San Miguel de Allende) explorará los beneficios de la terapia de inversión conservadora en un trapecio de yoga de yoga body naturals desarrollado por Lucas Rockwood (actividad en interiores ON-SITE) y transmisión en vivo en Facebook e Instagram.

Mexico

7 September 2021

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Panama

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18 - 19 de Septiembre

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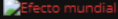
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Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espírito Santo y Bahía, en coordinación con Plantio Brasil, **en México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases

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18 - 19 de Septiembre

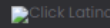
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Mexico

7 September 2021

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Spain

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En Brasil: Fenix Podiatry ofrecerá reflexología gratuita en Valença - BA el sábado 18, y el domingo 19 el **Hotel Marina Quinta do Porto** ofrecerá clases de buceo, animando así a los huéspedes y lugareños a descubrir la experiencia del wellness en Arraial D'Ajuda - BA.

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En República Dominicana, el Meliá Punta Cana ofrece lo que han denominado "Wellness inclusive" donde habrá desde Acqua Gym, hasta Yoga pasando por Pilates y meditaciones guiadas del 17 al 19 de este mes, más todas las actividades organizadas por nuestro embajador, Flavio Acuña quien recientemente firmó un convenio con la alcaldía de Punta Cana para apoyar este evento. En **República Dominicana** ambos días estarán repletos de actividades: clases de yoga, pilates, bachata y merengue para el sábado y para el domingo clases de surfing, natación y hasta artes marciales.

En Panamá, en el Buenaventura Golf and Beach Resort el fin de semana del 18 y el 19 de este mes ofrecerán todo tipo de actividades, incluyendo yoga facial, entre otras, para quienes tratan su cuerpo como un templo que debe ser cuidado y bien mantenido.

Algunas otras actividades online para quienes no puedan asistir a las locaciones por país para cada día incluyen: **18 de septiembre: Brasil: Eliana Costa**, Coordinadora de WWW, ofrecerá clases de LIAN GONG gratuitas. **México: el Easencia Yoga Spa Retreat** (San Miguel de Allende) explorará los beneficios de la terapia de inversión conservadora en un trapezio de yoga de yoga body natural desarrollado por Lucas Rockwood (actividad en interiores ON-SITE) y transmisión en vivo en Facebook e Instagram.

"No hay misión más noble en la vida que animar a todos y cada uno a convertirse en la mejor versión de sí mismos. Es hora de que aprendamos a VIVIR BIEN en medio de la situación actual, y entre nosotros", dice Jean-Guy de Gabriac, fundador del World Wellness Weekend.

Para conocer todas y cada una de las actividades del World Wellness Weekend en cada país, visita <http://www.wellnessweekend.es>, no te quedes sin formar parte de este evento y de esta onda del bienestar.

FUENTE World Wellness Weekend

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7 September 2021

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LA 5A EDICIÓN DEL WORLD WELLNESS WEEKEND ESTÁ A LA VUELTA DE LA ESQUINA Y ESTE AÑO CUENTA CON ACTIVIDADES EN PERSONA Y ONLINE

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18 - 19 de Septiembre

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Este evento tiene lugar justo antes del equinoccio de otoño, y muestra la experiencia y la pasión de los profesionales del bienestar y el fitness con el apoyo y la orientación de los embajadores locales, animando a las comunidades locales a ser más activas, más a menudo, con los amigos y la familia.

En América Latina y el Caribe, los amantes del bienestar pueden participar en el evento en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela.

El World Wellness Weekend es un evento sin ánimo de lucro alineado con el ODS3 de las Naciones Unidas (Buena salud y bienestar para todos). Con la convicción de que la prescripción social es un verdadero catalizador para promover la elección de un estilo de vida saludable, la celebración conecta a las comunidades y las educa en los "Cinco Pilares del Bienestar": dormir mejor para aumentar la creatividad, una mejor nutrición para fortalecer el sistema inmunológico, realizar más actividad física para mejorar la vitalidad, una conciencia plena para disfrutar de la serenidad y un mayor sentido de

Mexico

7 September 2021

<https://www.adnsureste.info/prnews-wire/?rkey=20210907ES98175&filter=5356>



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Como parte de nuestro deseo de volver a la normalidad en esta época Post-COVID 19, en América Latina y el Caribe se organizarán interesantes actividades para conectar con la naturaleza como el Wellness Champion Iguazu en **Brasil** donde, teniendo como marco las Cataratas de Iguazú, se realizarán terapias iónicas combinadas con ejercicios o el Oca Wellness, también en **Brasil**, que plantará árboles en los estados de Espírito Santo y Bahía, en coordinación con Plantio Brasil, en **México** Hacienda 1800 ofrecerá actividades gratuitas al aire libre, entre ellas: clases de senderismo, SUP y kayak en los parques.

USA

07 September 2021

<https://snewsi.com/tag/World+Wellness+Weekend>

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5th annual World Wellness Weekend 

Tuesday, September 7 - 3:05 PM [PR Newswire](#) - [/PRNewswire/](#)

Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good..."

Global

8 September 2021

<https://finance.yahoo.com/news/5th-annual-world-wellness-weekend-190500276.html?guccounter=1>

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5th annual World Wellness Weekend



Wed, September 8, 2021, 2:05 AM · 5 min read

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

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United States

7 September 2021

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5th annual World Wellness Weekend

By: [World Wellness Weekend via PR Newswire](#) September 07, 2021 at 15:05 PM EDT

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United States

7 September 2021

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Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

This year for the first time, wellmap.org (a geolocator in 16 languages) will highlight "wellness champions": professionals and individuals, who go over and beyond to safely inspire and empower local communities, with very original activities (see the detailed Country updates).

United States

7 September 2021

<https://winedivalifestyle.com/wine-news/?rkey=20210907FL98169&filter=9282>



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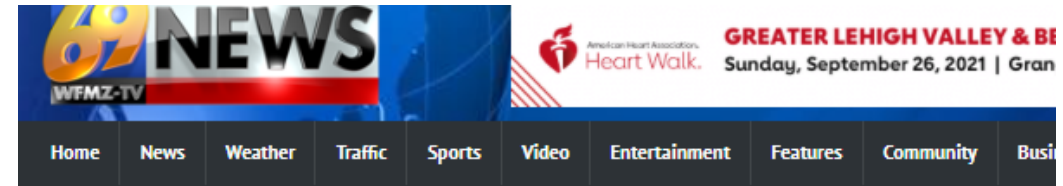
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United States

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https://www.wfmz.com/news/pr_newswire/pr_newswire_entertainment/5th-annual-world-wellness-weekend/article_7b9779dd-bd62-5183-8368-6c1df7dd894d.html



News

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5th annual World Wellness Weekend

By World Wellness Weekend Sep 7, 2021 Updated Sep 7, 2021



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United States

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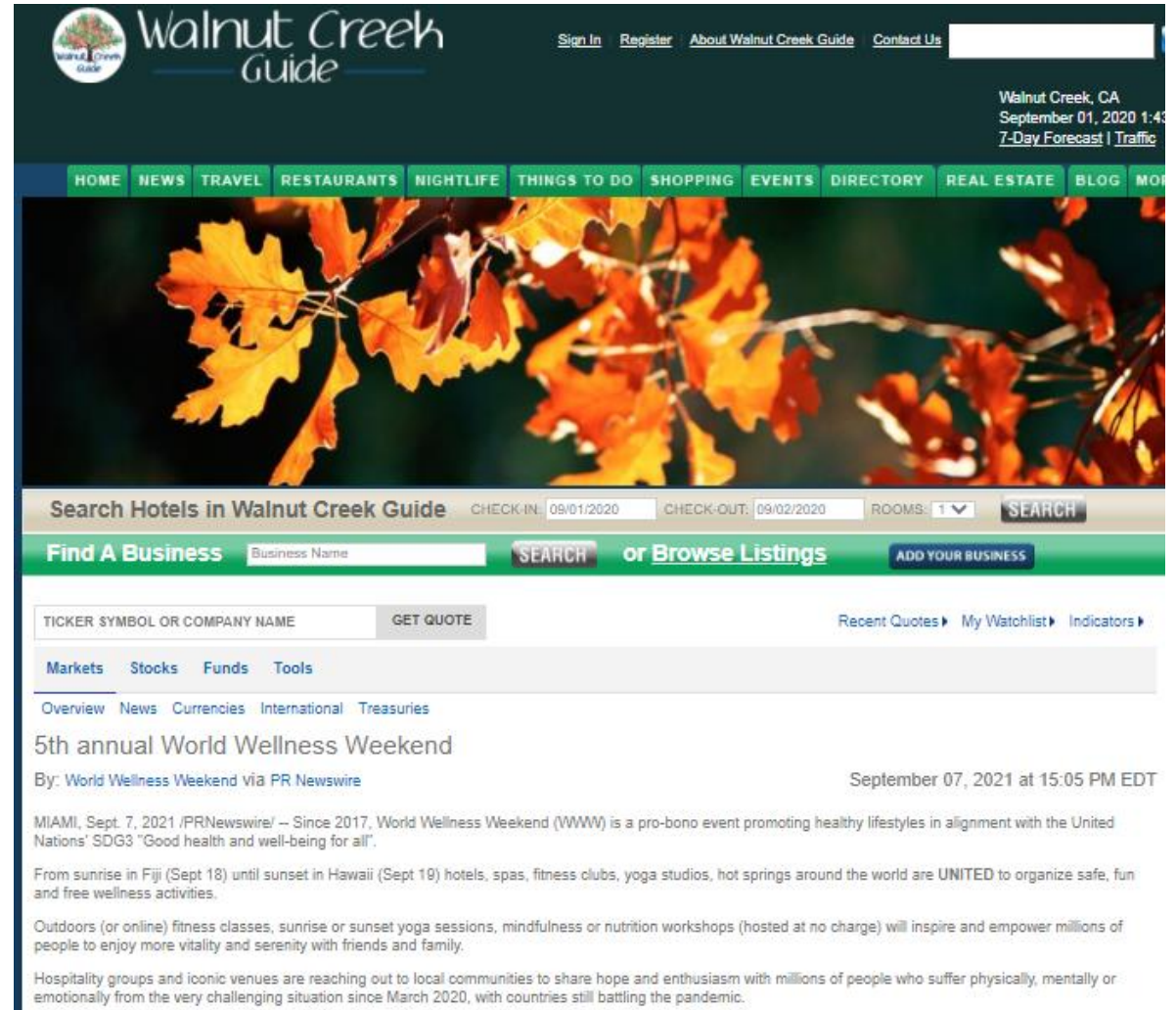
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United States

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http://finance.walnutcreekguide.com/camedia.walnutcreekguide/news/read/41778947/5th_annual_World_Wellness_Weekend



The screenshot shows the Walnut Creek Guide website. The header includes the site logo, navigation links (Sign In, Register, About Walnut Creek Guide, Contact Us), and a search bar. A secondary navigation bar lists categories: HOME, NEWS, TRAVEL, RESTAURANTS, NIGHTLIFE, THINGS TO DO, SHOPPING, EVENTS, DIRECTORY, REAL ESTATE, BLOG, and MORE. Below this is a large banner image of autumn leaves. A search bar for hotels is present, with fields for check-in, check-out, and rooms. Below the banner is a section for finding businesses, with a search bar and a link to browse listings. A financial ticker is visible, showing a search bar for stock symbols and a 'GET QUOTE' button. The main content area displays a news article titled '5th annual World Wellness Weekend' by World Wellness Weekend via PR Newswire, dated September 07, 2021 at 15:05 PM EDT. The article text describes the event as a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 'Good health and well-being for all'. It mentions that the event runs from sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19) and includes activities like hotels, spas, fitness clubs, yoga studios, and hot springs. It also notes that outdoor (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family. Finally, it states that hospitality groups and iconic venues are reaching out to local communities to share hope and enthusiasm with millions of people who suffer physically, mentally or emotionally from the very challenging situation since March 2020, with countries still battling the pandemic.

United States

7 September 2021

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http://business.times-online.com/times-online/news/read/41778947/5th_annual_World_Wellness_Weekend

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United States

7 September 2021

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5th annual World Wellness Weekend

By: [World Wellness Weekend via PR Newswire](#) September 07, 2021 at 15:05 PM EDT

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Truth is, **before Covid-19 there were already 5 pandemics to address**: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

United States

7 September 2021

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By World Wellness Weekend Sep 7, 2021 Updated Sep 7, 2021



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United States

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United States

7 September 2021

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Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

7 September 2021


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United States

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United States

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United States

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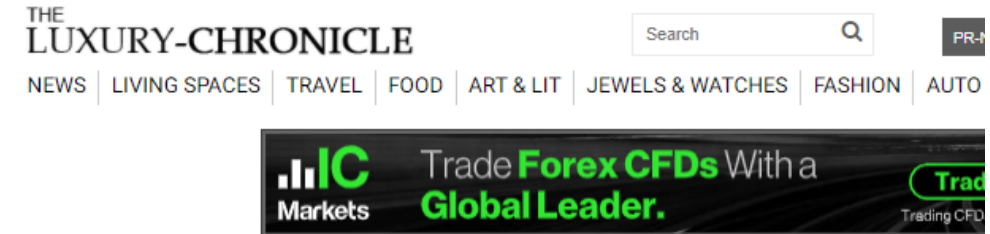
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7 September 2021

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18-19 September 2021

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United States

7 September 2021

http://business.theeveningleader.com/theeveningleader/news/read/41778947/5th_annual_World_Wellness_Weekend

5th annual World Wellness Weekend

By: [World Wellness Weekend](#) via [PR Newswire](#)

September 07, 2021 at 15:05 PM EDT

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United States

7 September 2021

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United States

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Canada

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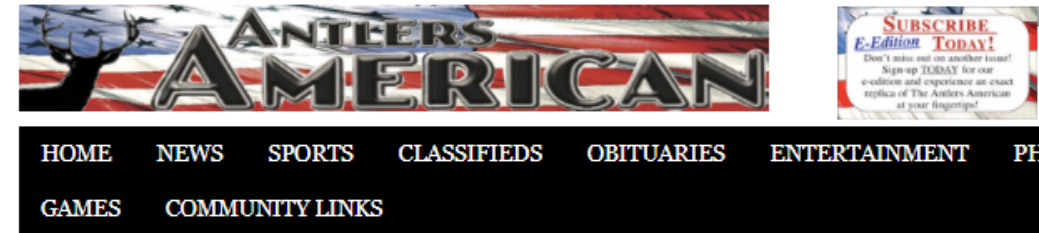
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United States

7 September 2021



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United States

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United States

7 September 2021

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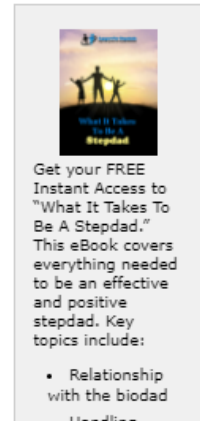
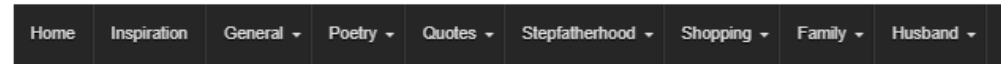
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United States

7 September 2021

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United States

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United States

7 September 2021

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5th annual World Wellness Weekend

By: [World Wellness Weekend](#) via [PR Newswire](#) September 07, 2021 at 15:05 PM EDT

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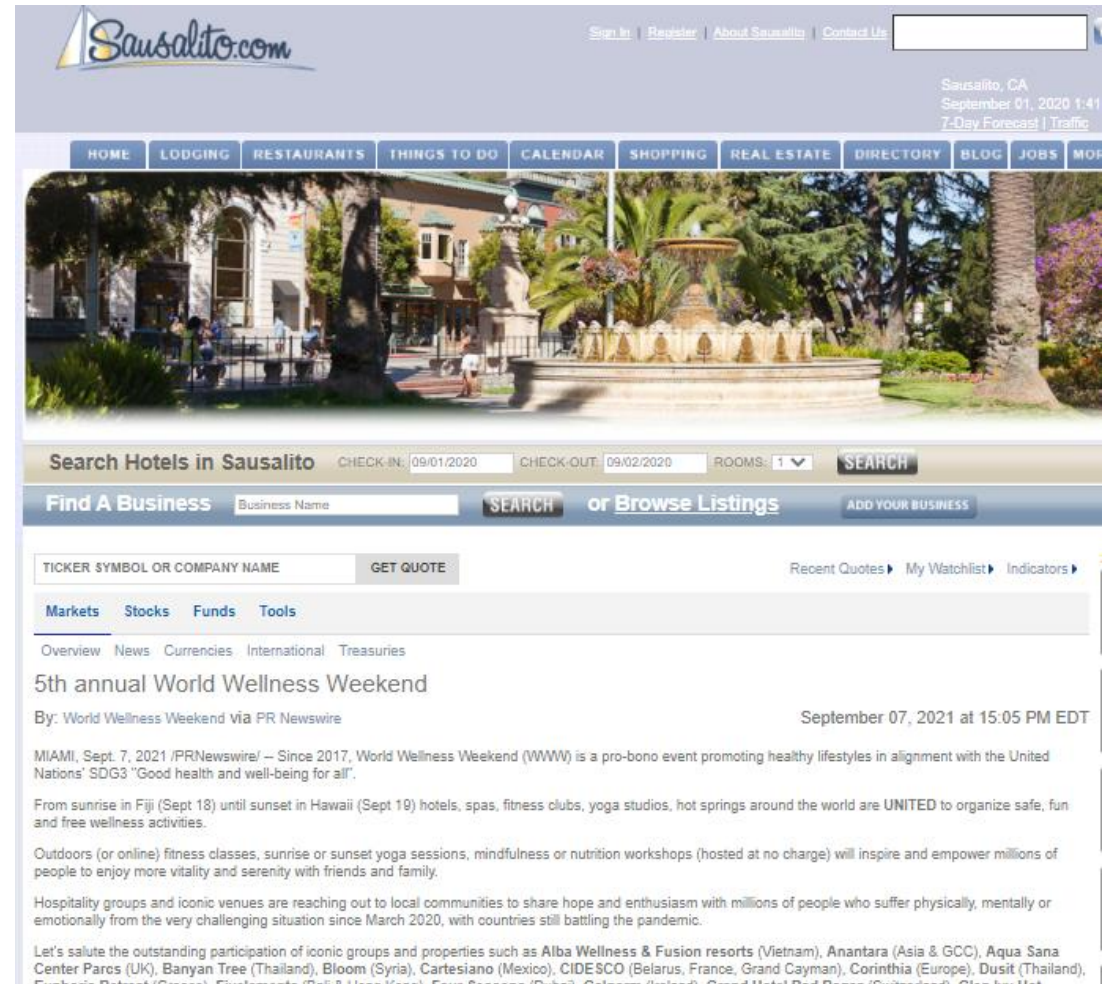
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United States

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Truth is, **before Covid-19 there were already 5 pandemics to address**: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

This is why, since 2017, we promote **5 Pillars of Wellness** that can be experienced in spas, hotels, resorts, retreats, hot springs, fitness clubs and yoga studios... around the world during "Wellness Weekends": Sleep & Creativity; Nutrition & Immunity; Movement & Vitality; Mindfulness & Serenity; Sense of purpose and Solidarity.

"Wellness is a map telling you where you have been, where you are and where you are heading. Our actions today can balance the past, enrich the present and prolong the future. It's up to us to use a map wisely, if at all..."

This 5th edition of World Wellness Weekend will be a hybrid celebration. Wherever possible, outdoors or indoors (in spacious rooms with air circulating) participants will be connected by wellness, wearing a mask, respectfully 6-feet apart, or a "hockey stick apart" (as they say in Canada)!

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United States

7 September 2021

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5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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United States

7 September 2021

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United States

7 September 2021

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5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online 18-19 September 2021

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Global

7 September 2021

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United States

7 September 2021

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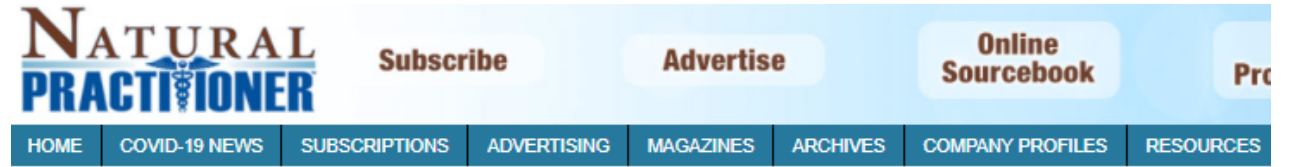
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United States

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7 September 2021

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United States

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5th annual World Wellness Weekend

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Press Release

5th annual World Wellness Weekend

Published: Sept. 7, 2021 at 3:05 p.m. ET



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5th annual World Wellness Weekend

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September 07, 2021 at 15:05 PM EDT

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Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

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With safe, fun and free wellness activities, we aim to "make healthy easy" to LIVE WELL WITH each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

Truth is, before Covid-19 there were already 5 pandemics to address: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

This is why, since 2017, we promote 5 Pillars of Wellness that can be experienced in spas, hotels, resorts, retreats, hot springs, fitness clubsn yoga studios... around the world during "Wellness Weekends": Sleep & Creativity; Nutrition & Immunity; Movement & Vitality; Mindfulness & Serenity; Sense of purpose and Solidarity.

"Wellness is a map telling you where you have been, where you are and where you are heading. Our actions today can balance the past, enrich the present and prolong the future. It's up to us to use a map wisely, if at all..."

This 5th edition of World Wellness Weekend will be a hybrid celebration. Wherever possible, outdoors or indoors (in spacious rooms with air circulating) participants will be connected by wellness, wearing a mask, respectfully 6-feet apart, or a "hockey stick apart" (as they say in Canada)!

Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

United States

7 September 2021

<https://mygamingandleisure.com/hospitality/?rkey=20210907FL98169&filter=12662>

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5th annual World Wellness Weekend

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

18-19 September 2021

MIAMI, Sept. 7, 2021 /PRNewswire/ -- Since 2017, World Wellness Weekend (WWW) is a pro-bono event promoting healthy lifestyles in alignment with the United Nations' SDG3 "Good health and well-being for all".

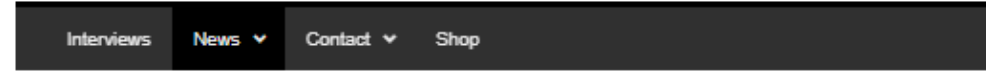
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United States

7 September 2021

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United States

7 September 2021

<http://markets.financialcontent.com/franklincredit/news/read/41778947>

The screenshot shows the Franklin Credit Management Corporation website. The header includes the company logo, name, and NMLS# 2102. A navigation bar contains links for HOME, ABOUT US, YOUR LOAN SERVICE CENTER, MAKE A PAYMENT, BUSINESS SERVICE CENTER, and CONTACT US. A search bar with the placeholder 'TICKER SYMBOL OR COMPANY NAME' and a 'GET QUOTE' button is present. Below the search bar are tabs for Markets, Stocks, Funds, and Tools. The main content area displays a news article titled '5th annual World Wellness Weekend' by World Wellness Weekend via PR Newswire, dated September 07, 2021 at 15:05 PM EDT. The article text describes the event as a pro-bono initiative promoting healthy lifestyles, with activities ranging from sunrise in Fiji to sunset in Hawaii. It lists numerous participating hotels and resorts across various countries and mentions support from international professional federations and local governments.

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5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire September 07, 2021 at 15:05 PM EDT

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United States

7 September 2021

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7 September 2021

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7 September 2021

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United States

7 September 2021

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United States

7 September 2021

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United States

7 September 2021

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5th annual World Wellness Weekend

By: [World Wellness Weekend via PR Newswire](#)

September 07, 2021 at 15:05 PM EDT

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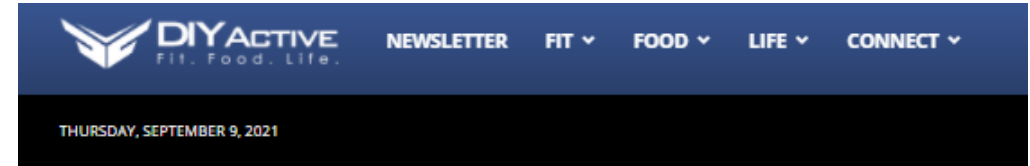
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United States

7 September 2021

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MR.DIY Solusi Hemat Terpercaya

Kualitas terpercaya dengan harga hemat. Yuk, cari yang kamu butuh sekarang.
MR.DIY

News



5th annual World Wellness Weekend

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18-19 September 2021

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7 September 2021



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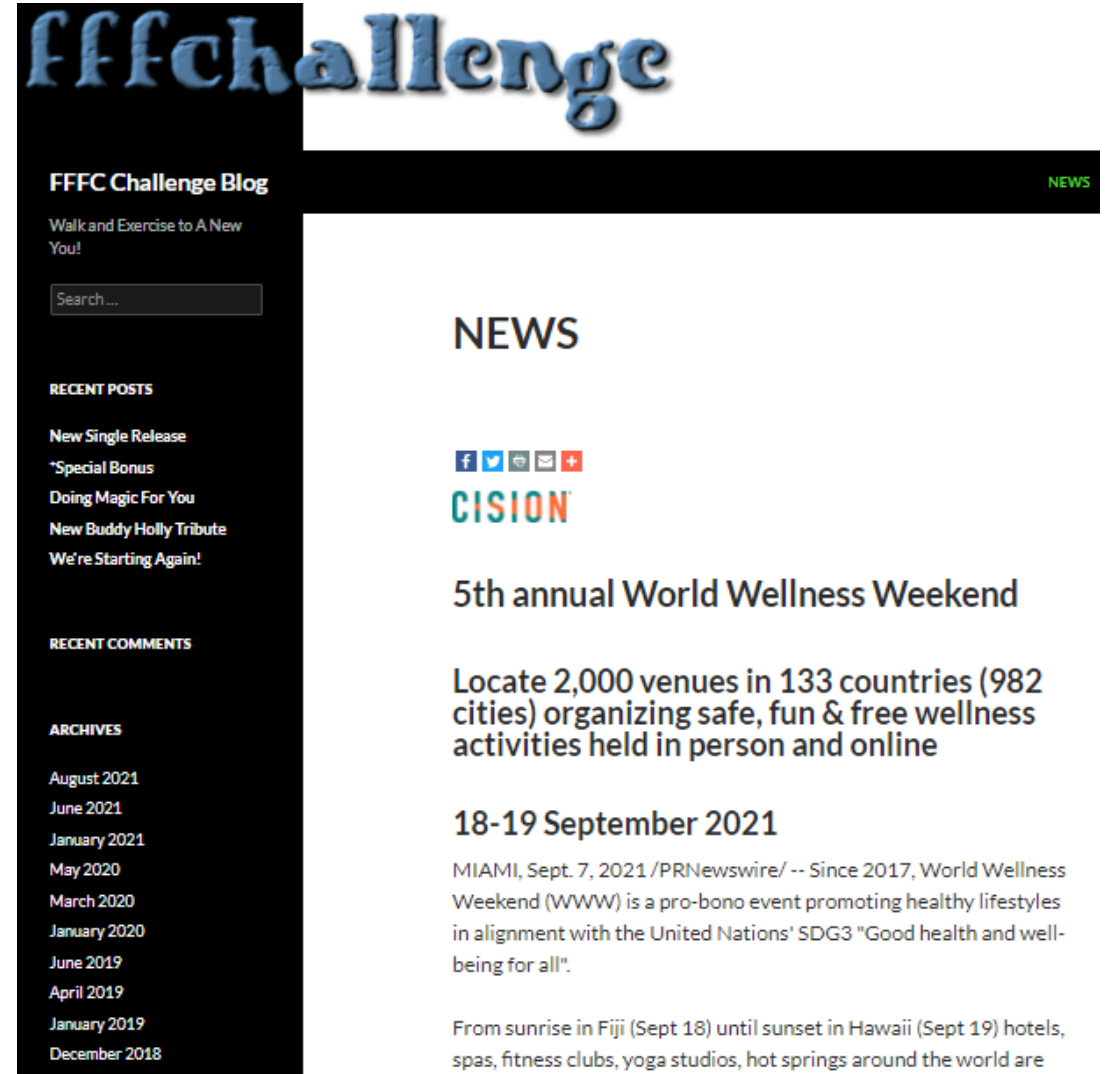
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United States

7 September 2021

<http://www.fffchallenge.org/blog/news/?rkey=20210907FL98169&filter=10986>



The screenshot shows the FFF Challenge Blog website. The header features the "fffchallenge" logo in a stylized blue font. Below the logo, the text "FFFC Challenge Blog" is displayed, followed by the tagline "Walk and Exercise to A New You!". A search bar is located below the tagline. The left sidebar contains sections for "RECENT POSTS" and "ARCHIVES". The "RECENT POSTS" section lists several articles, including "New Single Release", "Special Bonus", "Doing Magic For You", "New Buddy Holly Tribute", and "We're Starting Again!". The "ARCHIVES" section lists months from August 2021 to December 2018. The main content area is titled "NEWS" and features a social media sharing bar with icons for Facebook, Twitter, LinkedIn, Email, and Print. Below the sharing bar is the "CISION" logo. The main article is titled "5th annual World Wellness Weekend" and includes the text "Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online". The article is dated "18-19 September 2021" and includes a paragraph about the event's purpose and location.

fffchallenge

FFFC Challenge Blog

Walk and Exercise to A New You!

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*Special Bonus
Doing Magic For You
New Buddy Holly Tribute
We're Starting Again!

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May 2020
March 2020
January 2020
June 2019
April 2019
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United States

7 September 2021

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United States

7 September 2021

https://www.djournal.com/5th-annual-world-wellness-weekend/article_7a9a55eb-f7bf-5f37-b10f-56b406c96c44.html

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United States

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By: [World Wellness Weekend](#) via [PR Newswire](#)

September 07, 2021 at 15:05 PM EDT

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United States

7 September 2021

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United States

7 September 2021

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United States

7 September 2021

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United States

7 September 2021

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United States

7 September 2021

http://finance.burlingame.com/ca-media.burlingame/news/read/41778947/5th_annual_World_Wellness_Weekend

The screenshot shows the Burlingame.com website. The header includes the site logo, navigation links (Sign In, Register, About Burlingame, Contact Us), and a search bar. A secondary navigation bar lists categories: HOME, NEWS, TRAVEL, RESTAURANTS, NIGHTLIFE, THINGS TO DO, SHOPPING, EVENTS, DIRECTORY, REAL ESTATE, BLOG, and MO. Below this is a large banner image of an elderly couple standing behind a wooden fence in a garden. Under the banner is a search bar for hotels with fields for check-in, check-out, and rooms, and a 'SEARCH' button. Below that is a 'Find A Business' section with a search bar and a 'SEARCH' button, and a link to 'Browse Listings'. Further down is a 'TICKER SYMBOL OR COMPANY NAME' search bar with a 'GET QUOTE' button. The main content area features a news article titled '5th annual World Wellness Weekend' by 'World Wellness Weekend via PR Newswire', dated 'September 07, 2021 at 15:05 PM EDT'. The article text mentions that since 2017, the event promotes healthy lifestyles in alignment with the United Nations' SDG3 'Good health and well-being for all'. It also states that from sunrise in Fiji (Sept 18) until sunset in Hawaii (Sept 19), hotels, spas, fitness clubs, yoga studios, and hot springs around the world are UNITED to organize safe, fun, and free wellness activities. Finally, it mentions that outdoors (or online) fitness classes, sunrise or sunset yoga sessions, mindfulness or nutrition workshops (hosted at no charge) will inspire and empower millions of people to enjoy more vitality and serenity with friends and family.

United States

7 September 2021

<http://business.borgernewsheald.com/borgernewsherald/news/read/41778947>

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United States

7 September 2021

http://business.bigspringherald.com/bigspringherald/news/read/41778947/5th_annual_World_Wellness_Weekend

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United States

7 September 2021

<https://www.benzinga.com/pressreleases/21/09/n22833332/5th-annual-world-wellness-weekend>

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349.40

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SPY

-1.88

449.03

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7 September 2021

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With safe, fun and free wellness activities, we aim to "make healthy easy" to LIVE WELL WITH each other, responsibly and respectfully, strengthening immune systems, and lifting up the mood.

Truth is, before Covid-19 there were already 5 pandemics to address: Insomnia & Chronic fatigue; Obesity & Diabetes; Sedentarity; Mental health & Opioids ; Chronic diseases. They have not disappeared, yet healthy lifestyle choices could save millions of lives each year.

This is why, since 2017, we promote 5 Pillars of Wellness that can be experienced in spas, hotels, resorts, retreats, hot springs, fitness clubs, yoga studios... around the world during "Wellness Weekends": Sleep & Creativity; Nutrition & Immunity; Movement & Vitality; Mindfulness & Serenity; Sense of purpose and Solidarity.

"Wellness is a map telling you where you have been, where you are and where you are heading. Our actions today can balance the past, enrich the present and prolong the future. It's up to us to use a map wisely, if at all..."

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Those less fortunate staying at home, in cities where Covid is still present, will be able to travel the world with inspiring online videos, tutorials, talks, even some immersive 360° videos.

United States

7 September 2021

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5th annual World Wellness Weekend

By: World Wellness Weekend via PR Newswire

September 07, 2021 at 15:05 PM EDT

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8 September 2021

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5th annual World Wellness Weekend

September 8, 2021

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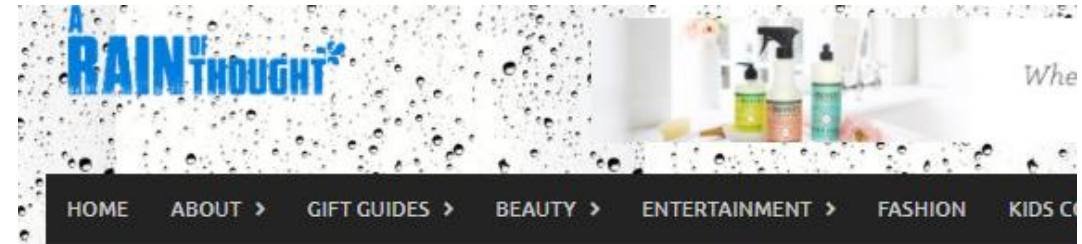
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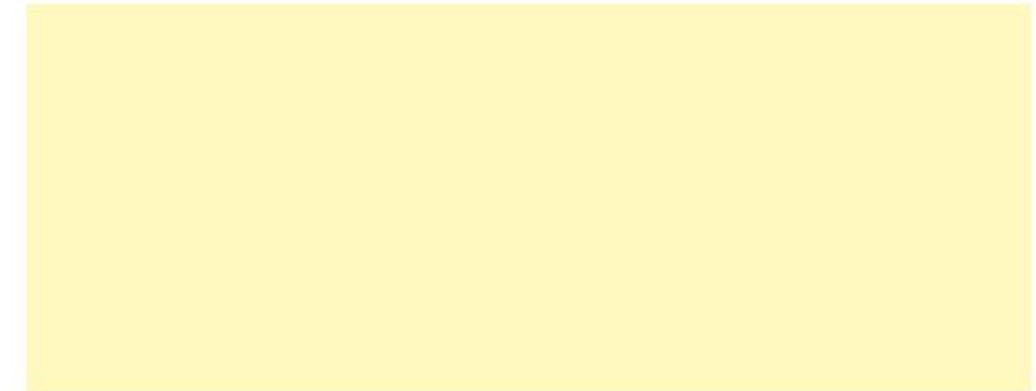
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United Kingdom

7 September 2021

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<https://insider-voice.com/5th-annual-world-wellness-weekend/>

INSIDER VOICE

Sunday, September 12, 2021

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WORLD

5th Annual World Wellness Weekend

By Gary Miller 5 days ago



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LE WEEK-END MONDIAL DU BIEN-ÊTRE EN FORMAT HYBRIDE POUR SA CINQUIÈME ANNÉE



7 Septembre 2021

Les 18 et 19 septembre prochains, le Week-end mondial du bien-être fédérera près de 2 000 établissements dans 133 pays qui proposeront des activités gratuites à vivre en famille, entre amis ou en ligne. Entretien avec son fondateur, Jean-Guy de Gabriac.



Profession bien-être : La pandémie n'aura finalement pas eu raison du World Wellness Weekend...

Jean-Guy de Gabriac : Loin de là ! Déjà, en 2019, l'événement avait atteint une audience de 24

Australia

08 September 2021

<https://www.peninsulahotsprings.com/join-us-for-world-wellness-weekend-2021/>

join us for world wellness weekend 2021



September 8, 2021

As a leading wellness destination on the Mornington Peninsula, we are committed to supporting the mental, physical, and social wellbeing of our guests, staff, and the broader community.

We are excited to be taking part in the annual celebration of World Wellness Weekend for the fourth consecutive year. This year we will be offering a complimentary virtual program to support and encourage growth, resilience, and connection.

Our series of inclusive online workshops and musical performances will be led by inspiring and engaging local practitioners who are leaders in the wellness space. They will support and guide you through a range of experiences designed to centre, ground,

Live
Chat

France

08 September 2021

<https://www.frequence-sud.fr/art-76281-marseille-une-journee-gratuite-consacree-au-bien-etre-le-18-septembre-au-sofitel-marseille>

Marseille : Une journée gratuite consacrée au bien-être le 18 septembre au Sofitel

Le 18/09/2021 - Marseille - Sofitel Vieux Port

Publié par Redac - le 08/09/2021



je veux
y aller !

réactions



A l'occasion des World Wellness Weekend, le Sofitel de Marseille en partenariat avec l'Office de Tourisme vous propose une journée bien être accessible gratuitement le 18 septembre.

Et si vous profitez du samedi 18 septembre pour penser santé, bien-être au Sofitel ? A l'occasion des World Wellness Weekend, le Sofitel vous propose des activités relaxantes accessibles gratuitement !

Au programme de cette journée bien-être :

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LE WEEK-END MONDIAL DU BIEN-ÊTRE EN FORMAT HYBRIDE POUR SA CINQUIÈME ANNÉE



USA

08 September 2021

<https://news.yahoo.com/5th-annual-world-wellness-weekend-190500276.html>

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5th annual World Wellness Weekend



Wed, September 8, 2021, 2:05 AM · 5 min read

Locate 2,000 venues in 133 countries (982 cities) organizing safe, fun & free wellness activities held in person and online

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<https://gulf-times.com/story/699955/Wellness-Week-events-to-take-place-across-10-Marriott-hotels-in-Doha>

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'Wellness Week' events to take place across 10 Marriott hotels in Doha

September 07 2021 09:48 PM

QATAR

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The six-day celebration, led by the Marriott Worldwide Business Council Qatar and Junior Business Council Qatar, and in collaboration with Education City Golf Club aims "to promote holistic wellbeing in the workplace and the local community."

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Joey Aguilar

AUSTRALIA

08 SEPTEMBER 2021

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World Wellness Weekend in Val di Fiemme

From September 17 to September 19, this wellness weekend embraces sleep, creativity, nutrition, movement, mindfulness, biodiversity and solidarity.



PERIOD
17/09/2021 - 19/09/2021

LOCATION
Cavalese, Tesero, Passo di Lavazè

TYPE
Festivals

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Brasil

08 September 2021

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5th annual World Wellness Weekend

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September 18-19, 2021

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<https://www.fest.fr/les-thermes-vus-d-en-bas-world-wellness-weekend-1010976.html>

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Les Thermes vus d'en bas - World Wellness Weekend

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Balade insolite en sous-sol de l'Etablissement Thermal, découverte de l'envers du décor et focus sur les salariés de l'ombre (blanchisserie, boue, détartrage ...).



FRANCE

9 SEPTEMBER 2021

<https://www.professionbienetre.fr/le-week-end-mondial-du-bien-etre-en-format-hybride-pour-sa-cinquieme-annee/>



LE WEEK-END MONDIAL DU BIEN-ÊTRE EN FORMAT HYBRIDE POUR SA CINQUIÈME ANNÉE



7 Septembre 2021

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Profession bien-être : La pandémie n'aura finalement pas eu raison du World Wellness Weekend...

Jean-Guy de Gabriac : Loin de là ! Déjà, en 2019, l'événement avait atteint une audience de 24 millions de personnes dans 95 pays. En 2020, malgré le virus, nous avons rassemblé 109 pays et 524 villes. Cette année, du lever du soleil aux îles Fidji, le 18 septembre, jusqu'au coucher du soleil à Hawaï, le 19 septembre, près de 2000 hôtels, spas, clubs de fitness, studios de yoga, stations thermales et thalassos offriront à des millions de personnes la possibilité d'explorer les cinq piliers du bien-être : sommeil et créativité, nutrition et immunité, mouvement et vitalité, présence et sérénité, sens de la vie et solidarité.

et solidarité.

Pourquoi un tel engouement ?

Le bien-être n'est pas qu'une décision pour améliorer son capital santé, vitalité et sérénité. C'est aussi un acte d'influence pour inspirer celles et ceux qui nous entourent à devenir la meilleure version d'eux. La Covid-19 a servi de révélateur, mais bien avant son apparition, cinq autres pandémies réduisaient déjà l'espérance de vie : insomnie et fatigue chronique, obésité et diabète, sédentarité, santé mentale, opioïdes, maladies chroniques... Elles n'ont pas disparu et, pourtant, des choix de vie plus sains pourraient sauver les millions de vie chaque année.

Un lourd message à faire passer...

09 SEPTEMBER 2021


Turismo del Benessere

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5th World Wellness Weekend

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09 SEPTEMBER 2021

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WEEK-END MONDIAL DU BIEN-ÊTRE

18 et 19 septembre

Le 5e Weekend Mondial du Bien-être

sera célébré dans plus de 130 pays et 950 villes 18 et 19 septembre 2021

Australia

10 September 2021

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World Wellness Weekend no VidaMar Resort Hotel Algarve

🕒 Setembro 10, 2021 📁 Hotelaria & Resorts 💬 Leave a comment

O OSMOS Wellness Center do VidaMar Resort Hotel Algarve associou-se à quinta edição do World Wellness Weekend, a decorrer nos próximos dias 18 e 19 de setembro, com ofertas especiais para incentivar ao

Italy

10 September 2021

https://www.visittrentino.info/de/guide/veranstaltungen/world-wellness-weekend-pine-cembra_e_39232337

TRENTINO ENTDECKEN ERLEBNISSE UNTERKÜNFTE GENUSS

Home / Guide / Veranstaltungen / World Wellness Weekend Piné Cembra

World Wellness Weekend Piné Cembra

Ein Wellness-Wochenende, um sich selbst zu lieben und die Gegend zu lieben



PERIODE
18/09/2021 - 19/09/2021

ORT
Baselga di Pine', Grumes, Bedollo

EINGEBEN
Festival, Messen,

Vietnam

10 September 2021

<https://allevents.in/online/world-wellness-weekend-2021-qigong-with-ani/200021491001205?ref=eventlist-new-online&aff=u1gjbz>

 allevents.in ONLINE ▾



World Wellness Weekend 2021: Qigong with Ani

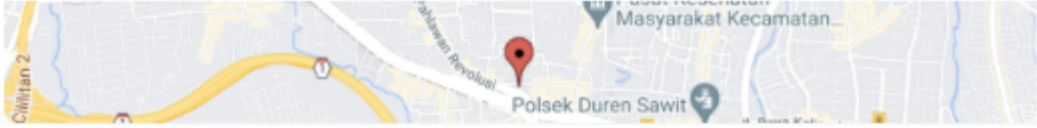
Sun Sep 19, 2021  

Advertisement

Albert Kurniawan Photography

foto dengan yang ahli

one stop food styling photography services



 Directions

 Website

FREE ONLINE EVENT



QIGONG
WITH ANI



Italy

10 September 2021

<https://www.visitfiemme.it/en/hotels-co-offers/offerte-World-Wellness-Weekend-en>



are here: > Home > Hotels & Co Offers > Special deals

HOTELS & CO
OFFERS

World Wellness Weekend in Val di Fiemme

France

10 September 2021

La Depeche

<https://www.ladepeche.fr/2021/09/10/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie-9782123.php>

LADEPECHE.fr  19° / 28° Toulouse  Rechercher  Journal

dimanche 12 septembre 2021, Saint Apollinaire

Nutrition Psycho-Sexo Famille Recherche médicale Allergies Beauté Bien-être Hôpital Fin de vie Tabagisme

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World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie



France

10 September 2021

Opera News

<https://www.dailyadvent.com/fr/news/dc421602edcfb94b2167d3be7bbb60f6>

Opera News HomePage France United Kingdom United States Deutschland русский

Sports Divertissement Politique Économie&entreprise Education News Société Santé soins Mode beauté

Santé soins

World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie

By ladepeche.fr | 1d



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Italy

10 September 2021

Liguria24

<http://www.liguria24.it/2021/09/11/alassio-city-of-wellness-a-settembre-un-weekend-dedicato-al-benessere/283214/>



France

10 September 2021

Marseille Tourisme

<https://www.marseille-tourisme.com/vivez-marseille-blog/le-blog-marseille-a-la-carte/week-end-bien-etre-a-marseille/>



United Kingdom

10 September 2021

Leisure Diary

<https://www.leisurediary.com/index.cfm>

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leisurediary.com

Worldwide events listings for leisure professionals

Sunday 12 September 2021

Diary Search

All | Today | This week

Forthcoming events: 1 to 30 of 35

12-15 Sep 2021

[Global Beauty & Wellness Exchange | Fall](#)
Eau Palm Beach, United States

13-14 Sep 2021

[Salt Therapy Association 2021 Conference](#)
Wyndham® Lake Buena Vista Disney Springs™ Resort, Orlando, United States

15-17 Sep 2021

[5th Annual SWAA Conference 2021](#)
Virtual Conference, Kenya



18-19 Sep 2021

[World Wellness Weekend](#)
Locations worldwide,



18-19 Sep 2021

Denmark

10 September 2021

Sakskøbing

<https://saxby.dk/kalender/world-wellness-weekend-i-sakskoebing-18-09-2021/>



KALENDER | HANDEL | ERHVERV | NATUR | MAD | OVERNATNING | FORENINGER | INSTITUTIONER | SUNDHE
OM SAKSKØBING | TURISTKORT



WORLD WELLNESS WEEKEND I SAKSKØBING, 18-09-2021 OG 19-09-2021

📅 18. - 19. SEP 2021, 10.00 - 14.00

Germany

10 September 2021

Travel Insider Tips

<https://travelinsider.tips/2021/09/06/world-wellness-weekend-2021-val-di-fiemme-from-september-17-to-19/>

NEWS

World Wellness Weekend 2021: Val di Fiemme, from September 17 to 19

6. SEPTEMBER 2021

TEILEN MIT:

TWITTER FACEBOOK

GEFÄLLT MIR:

★ Gefällt mir

Gib das erste „Gefällt mir“ ab.

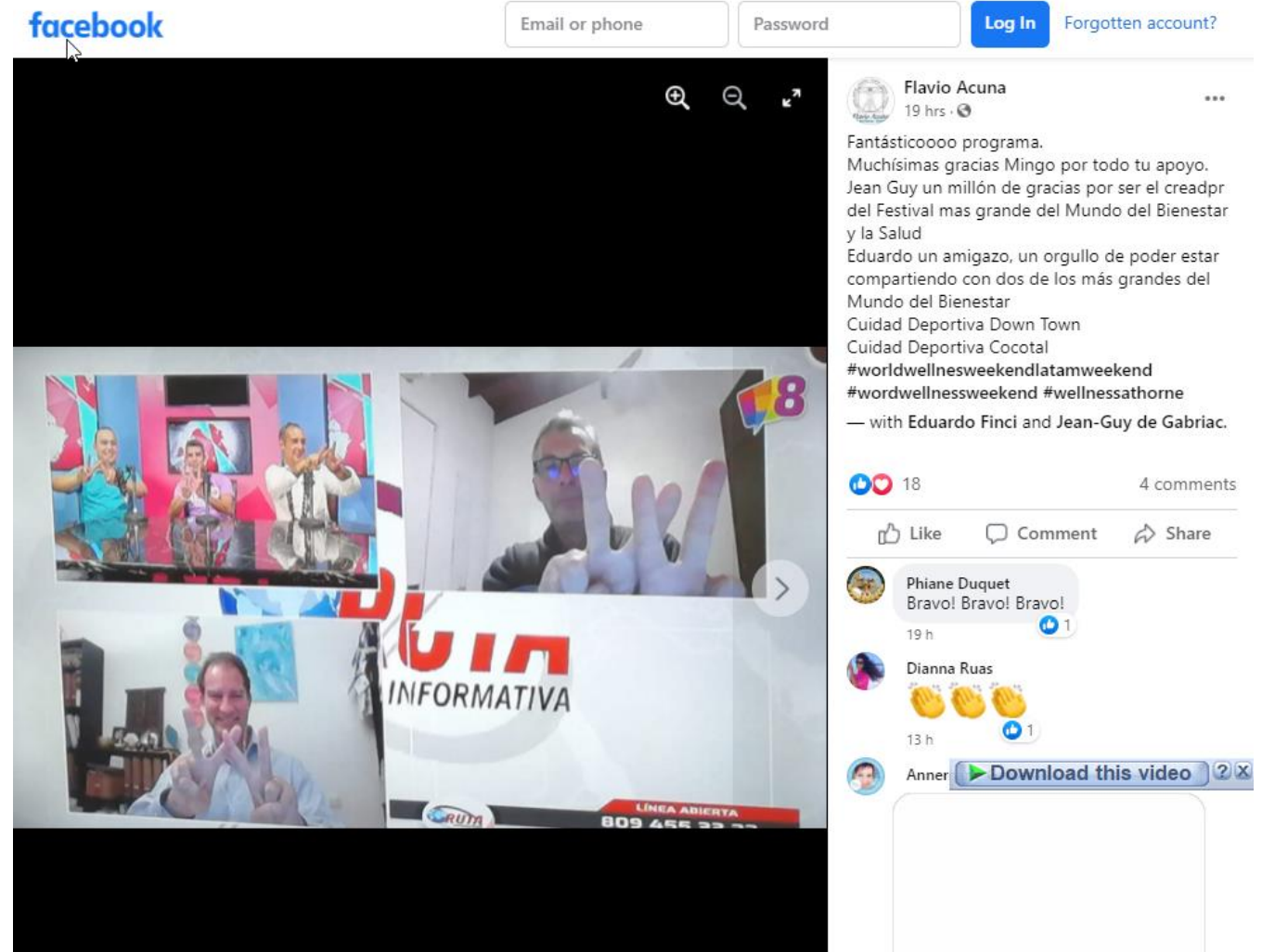
The glorious Val di Fiemme is one of the main valleys of the Dolomites, a UNESCO World Heritage Site, in Italy's Trentino region. It will one of the venues for the event, which will be organised simultaneously across 120 countries from September 17 to 19. This is the first and only time that an entire local area has taken part.

A woman with long dark hair, wearing a white t-shirt, is sitting cross-legged on a grassy field, meditating with her hands pressed together in a prayer position. She is looking directly at the camera with a slight smile. The background shows a vast mountain valley under a bright blue sky with scattered white clouds. In the distance, there are green hills and snow-capped mountain peaks.

Dominican Republic

10 September 2021

<https://www.facebook.com/photo?fbid=4336538309732886&set=a.465895673463855>



Welcome To Bath

10 September 2021

<https://www.welcometobath.co.uk/event/world-wellness-weekend-at-ymca-health-and-wellbeing/>

WORLD WELLNESS WEEKEND AT YMCA HEALTH AND WELLBEING

Starts

18 September 2021

Ends

19 September 2021

Add to calendar



This World Wellness Weekend, enjoy free access to YMCA Health and Wellbeing's facilities and a 60-minute Restorative Yoga class.

[FIND OUT MORE](#)



LOCATION



ARGENTINA

10 SEPTEMBER 2021

<https://mercadofitness.com/ar/en-septiembre-se-realiza-el-5o-world-wellness-weekend/>

Secciones 11 de septiembre

mercado
Fitness



LANZAMIENTOS

INVESTIGACIONES

GIMNASIOS

INTERNACIONALES

TECNOLOGÍA

PROVEEDORES

9 septiembre 2021

Eventos

En septiembre se realiza el 5° World Wellness Weekend



Durante los días 18 y 19 de septiembre se desarrollará la quinta edición del **World Wellness Weekend**. Este año se retomarán las actividades presenciales en Argentina, Brasil, Chile, Colombia, Ecuador, México, Panamá, Perú, República Dominicana y Venezuela. Pero también se mantendrá el formato online.

Durante ese fin de semana, profesionales del deporte, el turismo, el *wellness* y la

FRANCE

10 SEPTEMBER 2021

<https://awty.travel/boutique/angouleme-France>



In partnership with the World Wellness Weekend:
"Be Inspired, Be Well"
17th to 19th September, 2021



1

Join us for this global initiative to travel virtually around the world.

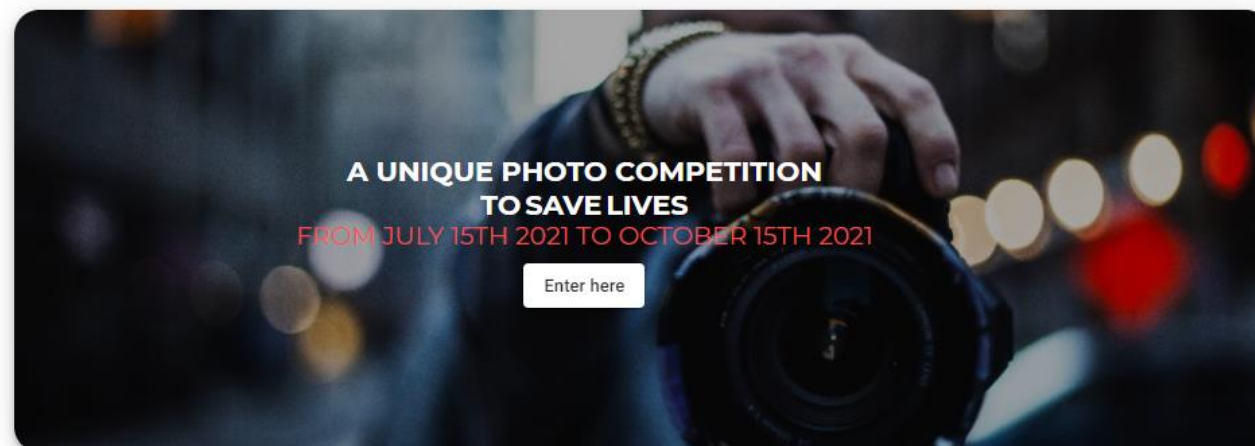
Create with us your Virtual Boutique and get your QR Code (accessible one year) and broadcast your pre-recorded VR content or paid VR Live streaming on our platform. contact@awty.travel

2

Celebrities and Sponsors

Communities makes your travel experience unforgettable, our responsible tourism initiative is to contribute providing covid-19 vaccine for underserved communities. Join us and create paid VR live streaming immersive experiences - All profits will be given to reputable NGO's.
Contact: mgirou@awty.travel

Photo contest



SOUTH AFRICA

10 SEPTEMBER 2021

<https://allevents.in/benoni/the-health-and-wellness-experience-benoni/200021535179031>

 BENONI ▾ + Create



The Health and Wellness Experience - Benoni

Sat Sep 18, 2021  



Transform your image through non-invasive therapy



World Wellness Weekend

The Health and Wellness Experience

18 September 2021



The Health and Wellness Experience - Benoni

World Wellness Weekend inspires & empowers millions of people around the world. We want to do this through thousands of FUN, free & meaningful wellness activities organised in more than 120 countries!

Canvas Aesthetics is proudly hosting a Health and Wellness Experience in celebration of World Wellness Weekend on the 18th September 2021 from 9:00 to 14:00 and have joined forces with various health and wellness professionals, and enthusiasts to showcase the following 5 key pillars for living well within:

- Sleep & Creativity
- Nutrition & Immunity
- Vitality & Movement
- Serenity & Mindfulness
- Purpose & Solidarity

The Health and Wellness Experience will be held at Canvas Aesthetics, corner O'Reilly Merry Street and 14th Avenue, Northmead, Benoni and promises to deliver a day of fun, interactive, educational and

FRANCE

10 SEPTEMBER 2021

<https://www.lindependant.fr/2021/09/10/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie-9782125.php>

18

L'INDÉPENDANT

Rechercher sur le site...



World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie



Au Brésil, il sera possible de profiter des bienfaits des ions négatifs sur la santé au pied des chutes d'Iguaçu dans le cadre du World Wellness Weekend. / Yolya / Getty Images

Bien-être

Publié le 10/09/2021 à 17:41

(ETX Daily Up) - Pendant deux jours, les 18 et 19 septembre, le World Wellness Weekend - ou Weekend Mondial du Bien-être - permettra de tester gratuitement différentes activités dans une centaine de pays à travers le monde. Si certaines pratiques comme le yoga ou le fitness sont déjà connues pour leurs vertus sur le corps et l'esprit, plus que jamais indispensables après la pandémie à laquelle les populations ont été confrontées, d'autres,

FRANCE

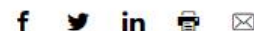
10 SEPTEMBER 2021

<https://www.ladepeche.fr/2021/09/10/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie-9782123.php>

World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie



Au Brésil, il sera possible de profiter des bienfaits des ions négatifs sur la santé au pied des chutes d'Iguaçu dans le cadre du World Wellness Weekend. / Yolya / Getty Images



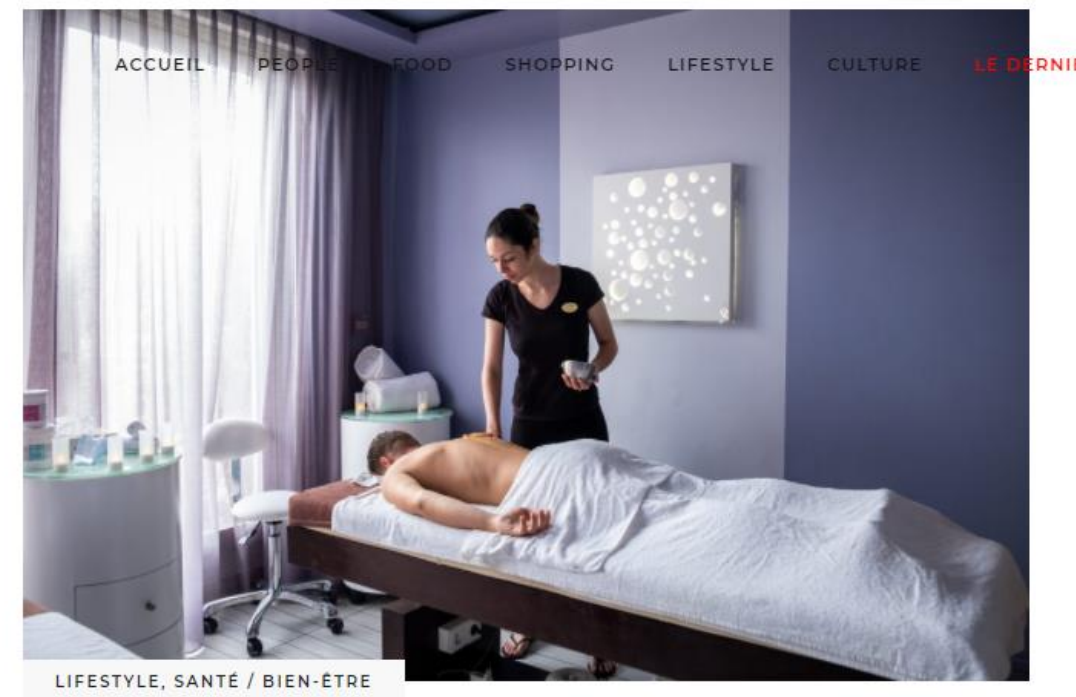
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FRANCE

10 SEPTEMBER 2021

<https://toutma.fr/journee-bien-etre-gratuite-au-sofitel-samedi-18-septembre>



JOURNÉE BIEN-ÊTRE GRATUITE AU SOFITEL, SAMEDI 18 SEPTEMBRE

by Chanel Gree / 10 septembre 2021 / 15

Le Sofitel Marseille Vieux-Port, en partenariat avec l'Office Métropolitain du Tourisme et des Congrès, propose le samedi 18 septembre, une journée placée sous le signe de la sérénité à l'occasion de *World Wellness Weekend*. Depuis 2017, cet événement encourage les *leaders* du bien-être dans l'hôtellerie, le sport, la remise en forme, la beauté et le tourisme à travers le monde à ouvrir leurs portes et mettre en valeur l'expertise de leurs équipes.

Quel adepte de *selfcare* n'a jamais rêvé d'une journée détente dans un hôtel 5 étoiles à la vue dégagée sur le Vieux-Port ? On file se revigorer sur la terrasse du Sofitel Marseille avec, de 9h à 10h,

FRANCE

10 SEPTEMBER 2021

https://dailyup.etxstudio.com/articles/rn/fr/news_2237230/sport-forme/world-wellness-weekend-5-activites-insolites-pour-evacuer-le-stress-lie-a-la-pandemie?utm_source=Sociallymap&utm_medium=Sociallymap&utm_campaign=Sociallymap



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World Wellness Weekend : 5 activités insolites pour évacuer le stress lié à la pandémie

Published on Sep 10 2021 22:41 | by ETX Daily Up Forme



Photography Yolya / Getty Images®

Pendant deux jours, les 18 et 19 septembre, le World Wellness Weekend - ou Weekend Mondial du Bien-être - permettra de tester gratuitement différentes activités dans une centaine de pays à travers le monde. Si certaines pratiques comme le yoga ou le fitness sont déjà connues pour leurs vertus sur le corps et l'esprit, plus que jamais indispensables après la période éprouvante à laquelle les populations ont été confrontées, d'autres, plus originales, pourraient étonner - et séduire - plus d'un participant. Tour d'horizon.

VENEZUELA

10 SEPTEMBER 2021

<https://www.youtube.com/watch?v=bLkcJi58Nxs>

YouTube ^{ID}

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FRAGA EN BUENA ONDA
con Carlos Fraga

Onda
La Superestación

09-09-2021 #EnBuenaOnda - World Wellness Weekend

13 views • Streamed live on Sep 10, 2021

2 0 SHARE SAVE ...

Onda La Superestación
12.2K subscribers

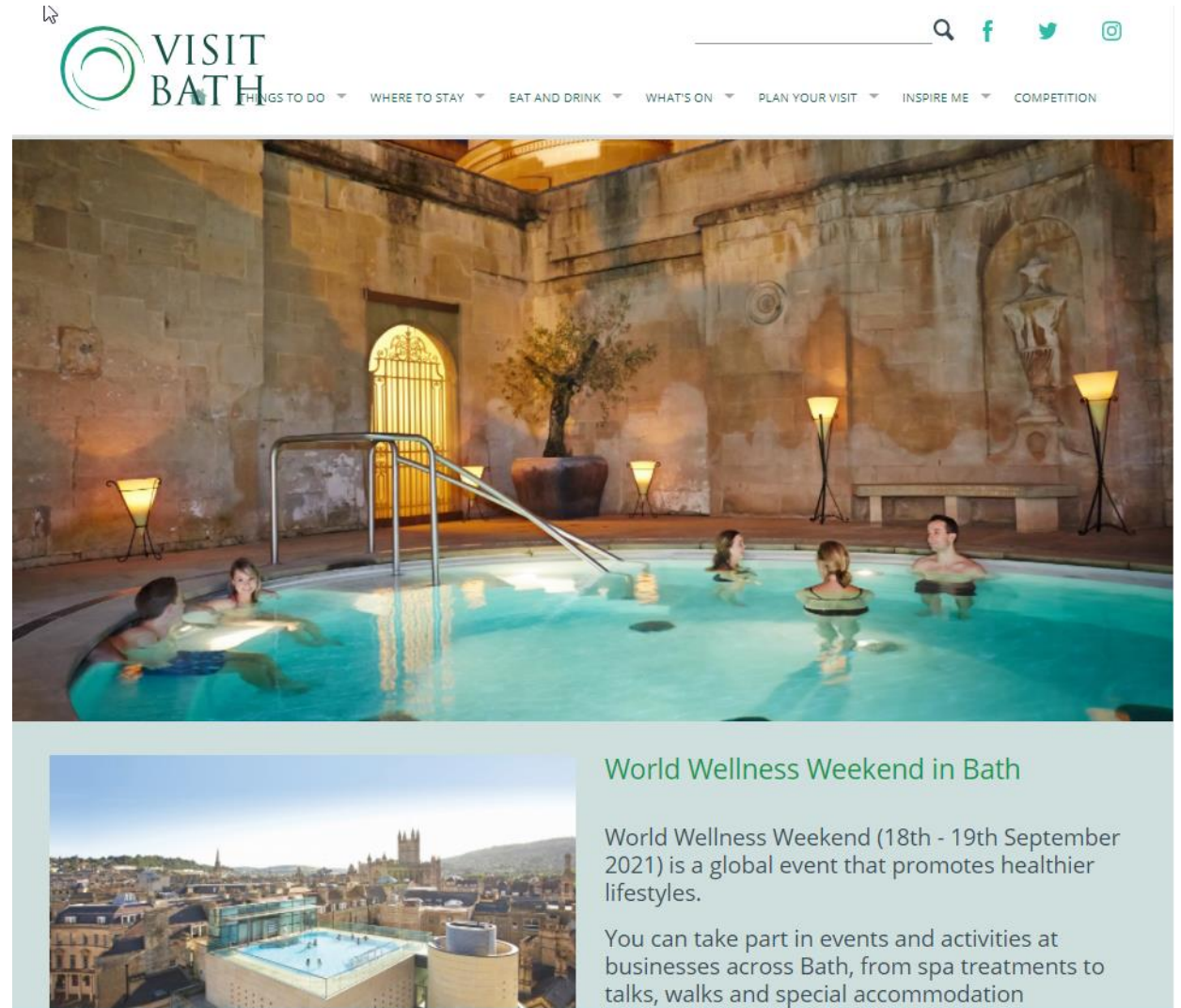
SUBSCRIBE

Conversamos con: Andrea Matthies, periodista, locutora del programa Agenda Onda y socia de Corphus Menti

UNITED KINGDOM

10 SEPTEMBER 2021

<https://visitbath.co.uk/world-wellness-weekend/>



The screenshot shows the Visit Bath website. At the top, there is a navigation bar with the 'VISIT BATH' logo, a search icon, and social media icons for Facebook, Twitter, and Instagram. Below the navigation bar, there is a main image of a large, circular, stone-walled hot spring pool with several people swimming. To the right of the pool, there is a list of menu items: 'THINGS TO DO', 'WHERE TO STAY', 'EAT AND DRINK', 'WHAT'S ON', 'PLAN YOUR VISIT', 'INSPIRE ME', and 'COMPETITION'. Below the main image, there is a section titled 'World Wellness Weekend in Bath' with a sub-image of a city view and a description of the event.

World Wellness Weekend in Bath

World Wellness Weekend (18th - 19th September 2021) is a global event that promotes healthier lifestyles.

You can take part in events and activities at businesses across Bath, from spa treatments to talks, walks and special accommodation

DOMINICAN REPUBLIC

10 SEPTEMBER 2021

<https://www.facebook.com/puntacanahits/videos/329381392312724>

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Forgotten account?

Watch Home Shows Live Search videos



GOOD MORNING BAVARO EN VIVO

Puntacanahits was live.
Yesterday at 04:00 · 🌐

GOOD MORNING BAVARO EN VIVO

104 views

9 Likes · 8 Comments · 4 Shares

Share

All Events in

10 September 2021

<https://allevents.in/bath/world-wellness-weekend/200021476709422>

 BATH ▾

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World Wellness Weekend

Sun Sep 19, 2021



WORLD WELLNESS RETREAT
18TH & 19TH SEPTEMBER

Morning Pass 08.15am - 12.30pm
Afternoon Pass 14.00pm - 16.00pm
Full-Day Pass 08.15am - 16.00pm Including lunchbreak

World Wellness Weekend

Thermae Bath Spa and our sister property, The Gainsborough Bath Spa, are excited to announce we are participating in World Wellness Weekend on 18th and 19th September. As one of the UNESCO 'Great Spa Town of Europe', we are delighted to continue our longstanding contribution towards the health and wellbeing of our Guests.

Explore mind, body and soul with expert teachers including Bex Bridgford, Lana King, Amy Williams MBE and Lucy Stone for a day of mindfulness, wellbeing and a Thermae Welcome 2-hour spa session with the use of towel, robe and flip flops.

You can attend both the morning and afternoon sessions or choose morning or afternoon.

Italy

12 September 2021

<https://spa-advisor.blogspot.com/2021/09/world-wellness-weekend-in-lombardia.html?m=1&fbclid=IwAR27B-szN6qnIFluIR7u0zPGIWOvRJOL6KC1j-FbuokzfNIlz3AclDwmtos>



HOME
Home page

domenica 12 settembre 2021

WORLD WELLNESS WEEKEND IN LOMBARDIA

WORLD WELLNESS WEEKEND 2021

Arriva la quinta edizione **World Wellness Weekend**, una celebrazione mondiale che unisce più di 133 paesi, 2000 strutture e oltre 957 città e unisce il pianeta sotto il segno del wellness e del vivere in modo sano ed equilibrato.

Il **World Wellness Weekend**, che quest'anno festeggia il quinto compleanno, si celebra sempre in occasione dell'equinozio d'autunno e continua a registrare un trend di crescita, con numeri che passano dai 98 paesi coinvolti nel 2019 ai 109 del 2020, fino ad arrivare agli oltre 133 attualmente registrati per il 2021. Il weekend del benessere è un successo che continua a crescere e a offrire esclusive esperienze gratuite, sicure, creative e divertenti in tutto il mondo. Il 18 e 19 settembre 2021 anche l'Italia partecipa con un'agenda ricca di attività wellness in oltre 170 strutture aderenti all'iniziativa.



La Lombardia partecipa con diversi eventi wellness per vivere un intero weekend all'insegna del benessere, della salute, dello sport e del vivere sano, coordinati dall'Ambasciatrice Regionale Viviana Confalonieri. Dopo l'evento Milan4Wellness dello scorso Maggio, ritorna il benessere in Lombardia: andiamo a scoprire gli eventi più interessanti di Milano e provincia.

WANDERLUST

Wanderlust 108, l'unico Mindful Triathlon al Mondo, torna a Milano nel meraviglioso contesto del Parco di City Life il 18 e 19 settembre 2021.

L'evento, che ormai da 5 anni si svolge nelle più importanti città italiane, ritorna anche quest'anno a Milano e seguirà il format di successo in diretta live trasmessa interamente anche in streaming. L'evento di Milano è previsto in doppia data, Sabato 18 e Domenica 19 settembre, due giornate dedicate alla consapevolezza, con sessioni di corsa, yoga e meditazione, e contemporaneamente la diretta streaming prevista per la giornata di domenica accompagnata da tante interessanti digital activities.

Wanderlust 108 è la celebrazione del mindful movement, l'evento giusto per stare assieme e praticare condividendo i valori di una vita sana e consapevole, il #bestdayever.



Italy

12 September 2021

<https://www.professionbienetre.fr/au-vietnam-le-week-end-mondial-du-bien-etre-se-deroulera-en-ligne/>



AU VIETNAM, LE WEEK-END MONDIAL DU BIEN-ÊTRE SE DÉROULERA EN LIGNE



12 Septembre 2021

La participation asiatique au Week-end mondial du bien-être (les 18 et 19 septembre) est toujours importante. Cette année, compte tenu de la situation sanitaire, Hylton Lipkin, qui coordonne l'initiative au Vietnam, a opté pour le 100% numérique. Entretien.



Profession bien-être : Pourquoi avoir décidé d'entraîner la province de Hué – et le Vietnam – dans l'aventure du week-end mondial du bien-être ?

Hylton Lipkin : J'ai intégré le bien-être depuis longtemps dans ma vie professionnelle : il m'a entraîné un peu partout dans le monde. J'ai fait partie de nombreuses associations de fitness aux États-Unis, en Europe, en Asie et en Afrique et j'ai eu la chance de travailler pour quelques-uns des plus grands groupes hôteliers en tant que spa manager, avant de devenir directeur général.

Lorsque j'ai découvert cette initiative, je me suis tout de suite senti concerné. C'était une occasion unique de promouvoir la province de Hué, en particulier où je dirige l'Alba Wellness Valley by Fusion, et le Vietnam, en général. L'idée du World Wellness Weekend m'a séduit d'autant plus que je me suis aperçu que je partageais les mêmes valeurs que les autres ambassadeurs et que le fondateur du concept. Le travail que nous pouvons faire en commun est incroyable et surtout nécessaire.

Et vous avez réussi à convaincre vos partenaires ?

Nous savons tous que le bien-être devrait être la priorité de tous, surtout en cette période de pandémie. Et du coup, cette idée de promouvoir le bien-être par le biais d'un événement non commercial a été très bien accueillie. J'ai pu expliquer aux autorités locales que, non seulement l'opération favoriserait les commerces locaux, mais aussi que cela permettrait de positionner la province de Hué comme une véritable destination bien-être. Il a été d'autant plus facile de les convaincre que j'étais convaincu moi-même !